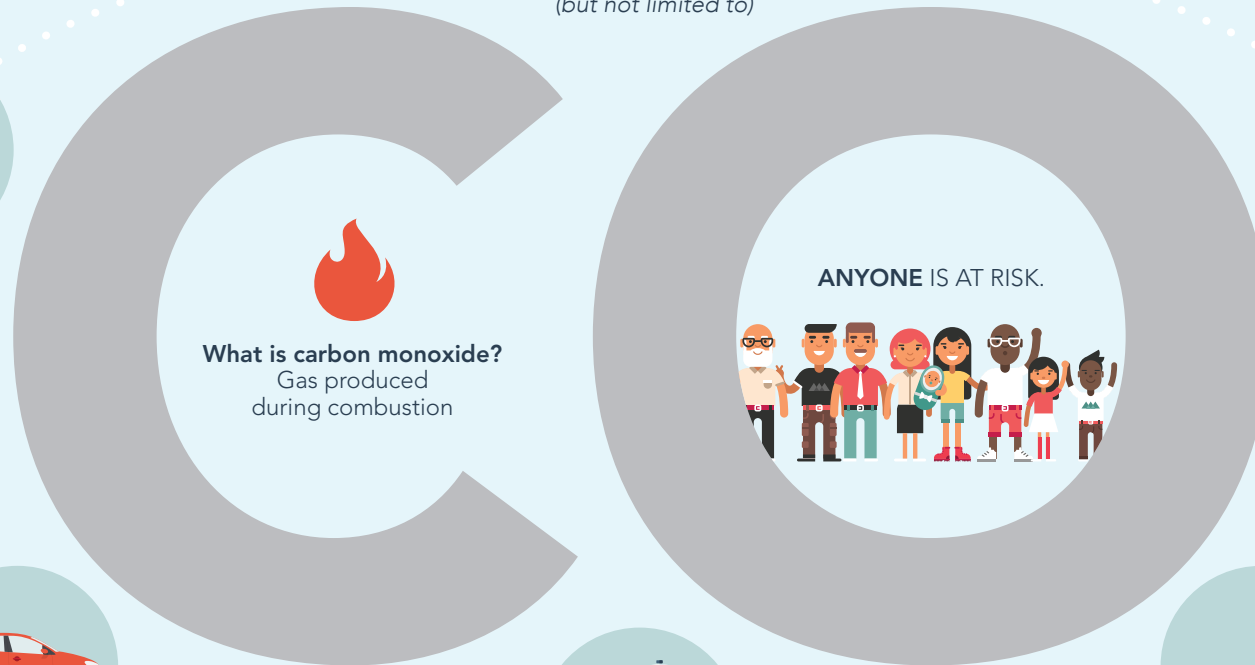


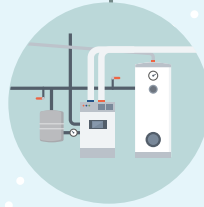
# CARBON MONOXIDE (CO)

Healthycanadians.gc.ca/IndoorAir  
HC.air.SC@canada.ca

TYPICAL INDOOR SOURCES  
OF CARBON MONOXIDE ARE  
(but not limited to)



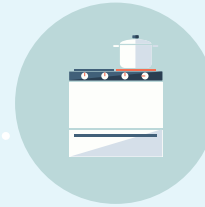
Heating appliances  
(furnace, gas water heater)



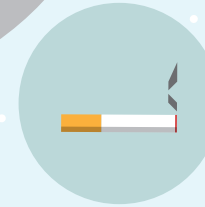
Fireplaces/  
Wood Stoves



Cars



Cooking and household appliances  
(gas stove, barbecue, gas dryer)



Cigarettes



Gas powered generators



Gas powered equipment  
(lawnmower, snowblower)

CARBON  
MONOXIDE HAS:



NO smell



NO taste



NO colour

HEALTH EFFECTS OF CO



Dizziness/  
Confusion



Headaches



Chest Pain

LOW CONCENTRATION



Loss of  
Consciousness



Coma



Death

HIGH CONCENTRATION

TO PREVENT CO POISONING

- 1** **INSTALL** a certified CO alarm near bedrooms
- 2** **CLEAN** chimney
- 3** **DON'T** use barbecue or power generator indoors
- 4** **DON'T** idle car or run gas-powered equipment in garage
- 5** **MAINTAIN** stoves/fireplaces and have your furnace checked annually



WHAT TO DO IF  
ALARM SOUNDS



Leave immediately



Call 9-1-1



Do not re-enter