

# MOULD

## CAUSES OF MOULD



Floods



Leaking pipes, roof



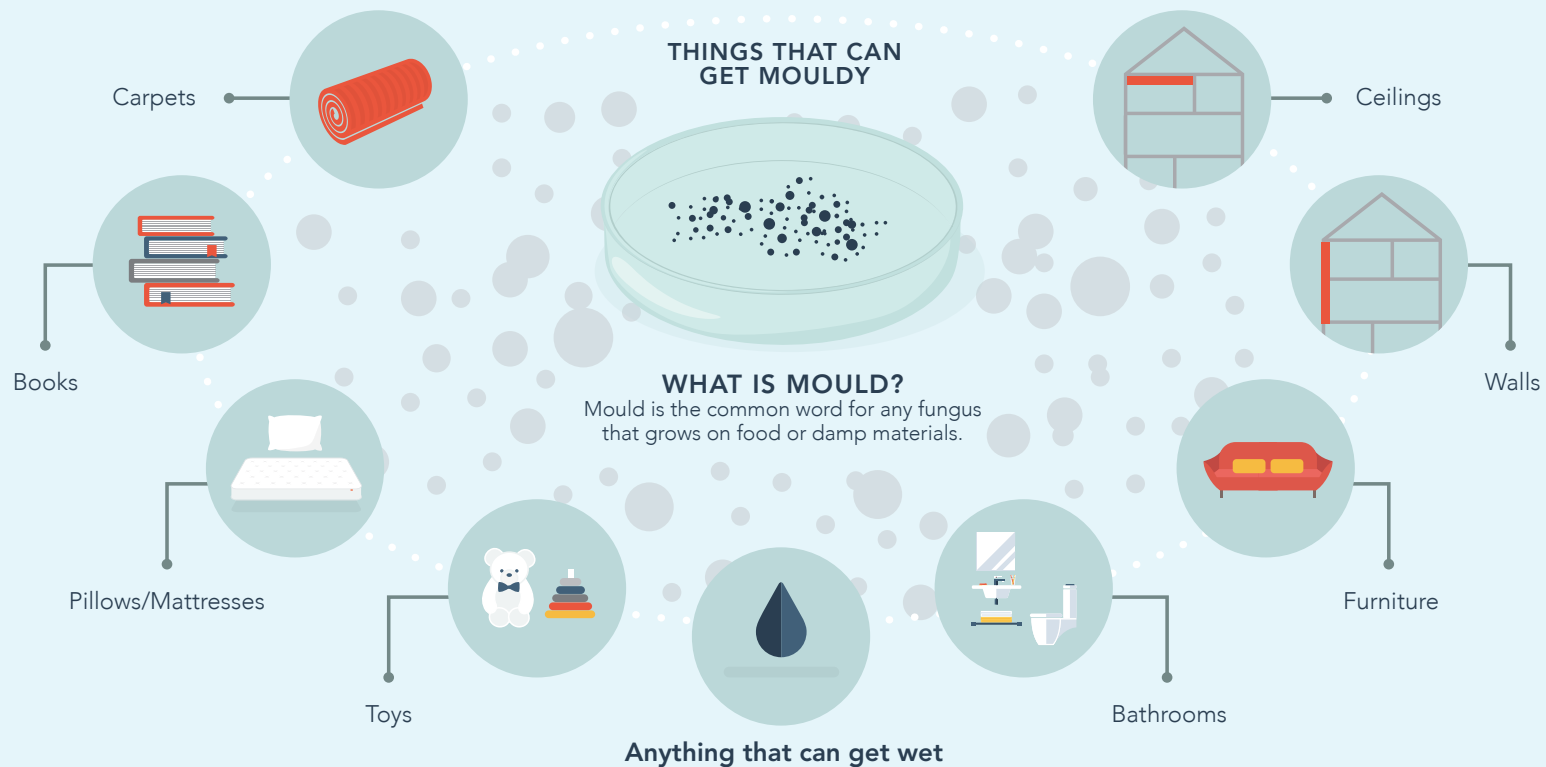
Water infiltration



High humidity



Sewage backup



## WHO IS MOST AT RISK?



Babies / Children / Seniors  
People with Asthma

## HEALTH EFFECTS OF MOULD



If you have any of these symptoms and suspect they are from mould, see a doctor or health professional.

## WHAT TO DO IF THERE IS MOULD IN YOUR HOME

- 1 **FIX** causes (leak or infiltration), dry wet surfaces within 48 hours
- 2 **CLEAN** all small patches (< 1 m<sup>2</sup>) of mould on **non-porous surfaces\*** with soap and water. If the area is larger, you should hire a professional.
- 3 **WEAR** mask, goggles, and gloves when cleaning mould
- 4 **NO** need to use bleach
- 5 **THROW** away what you can't clean
- 6 **REPLACE** building materials if they cannot be cleaned

\* Non-porous surfaces include glass, metals, leather and plastics and vinyl. Porous surfaces include drywall, cardboard, paper and untreated wood.

## PREVENT MOULD



Keep humidity level low



Fix any leak or infiltration



Use bathroom and kitchen fan

For more information on addressing moisture and mould, please visit [healthycanadians.gc.ca/indoorair](https://www.healthycanadians.gc.ca/indoorair) or contact us at: [HC.air.SC@canada.ca](mailto:HC.air.SC@canada.ca)