IOBACCO

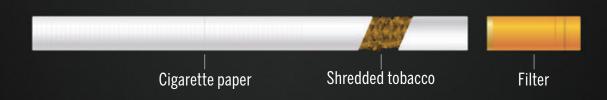
The Tobacco Plant (Nicotiana)

Naturally contains over chemicals



including nicotine, the highly addictive substance responsible for tobacco addiction.

Anatomy of a Cigarette



Smoking Cigarettes

The burning of the tobacco releases

chemicals

including 70+ that are cancer-causing

Toxic chemicals are absorbed through the lungs into the bloodstream and to the entire body



Exposure to Smoke

Smokers, and everyone around them, are exposed to toxic chemicals, including:

Tar

- Carbon monoxide
- Hydrogen cyanide
- Benzene
- Formaldehyde

These can cause a number of adverse health effects, including:

- Cancer
- Respiratory diseases
- Cardiovascular diseases
- Premature death

Take a closer look: Canada.ca/Tobacco