

# GET READY FOR YOUR NEW LIFE IN CANADA

Moving to a new country can be exciting and challenging. Did you know that permanent residents can get free services to help them prepare before they leave for Canada?

These pre-arrival settlement services can

- teach you about **Canadian life and culture**
- give you practical information about **schools, housing, banking and health services**
- guide you through having your **international education, work experience or credentials** recognized in Canada
- prepare you to **look for a job** and connect with employers
- help you connect to other settlement services once you are in Canada, such as English or French **language training**



To learn more, visit  
[canada.ca/pre-arrival-services](https://canada.ca/pre-arrival-services)



Immigration, Refugees  
and Citizenship Canada

Immigration, Réfugiés  
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