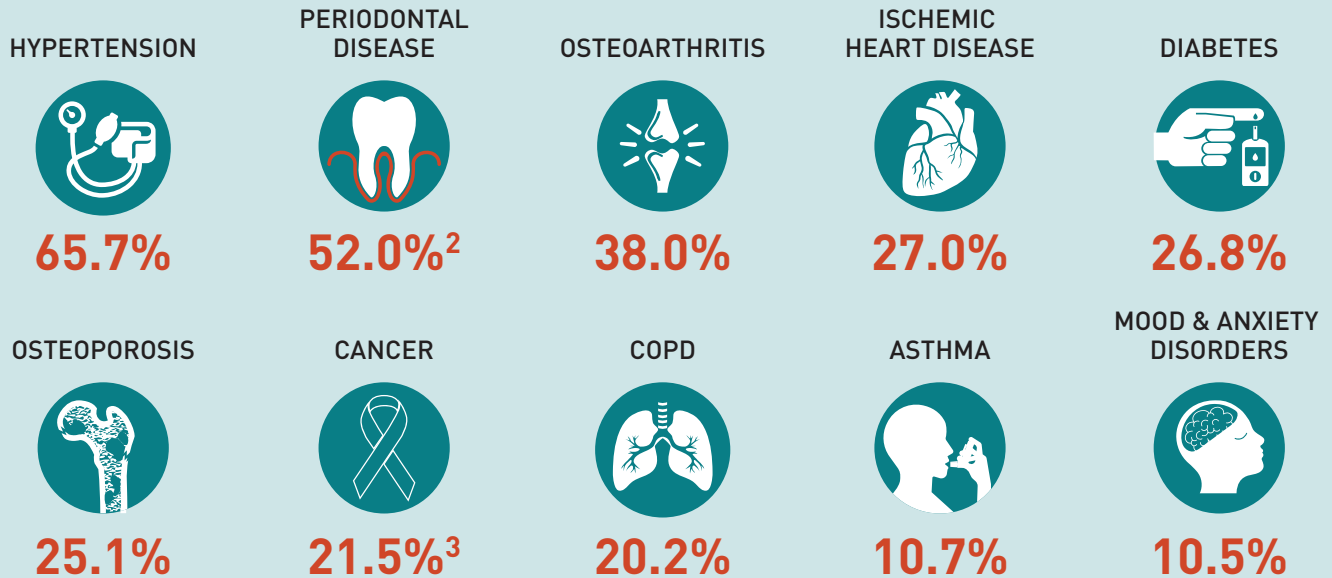


# PREVALENCE OF CHRONIC DISEASES AND RISK FACTORS AMONG CANADIANS AGED 65+

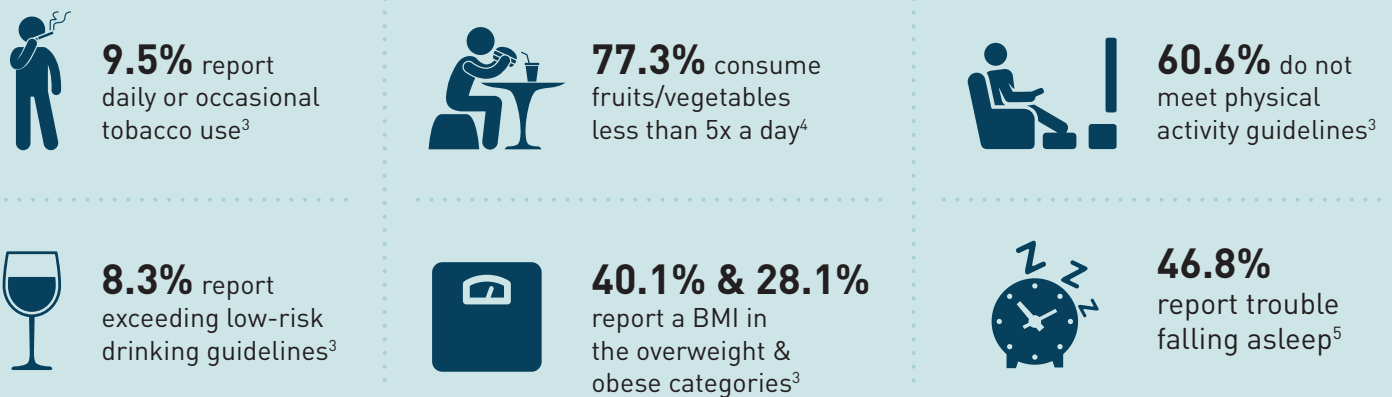
**73%** of individuals aged 65+ years have at least **1 of 10** common chronic diseases<sup>1</sup>



## PREVALENCE OF THE MOST COMMON CHRONIC DISEASES AND CONDITIONS



## PREVALENCE OF COMMON BEHAVIOURAL RISK FACTORS



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Prevalence data are from the Canadian Chronic Disease Surveillance System 2016–2017, except where noted:

<sup>1</sup> The ten selected chronic conditions described include heart disease, stroke, cancer [ever had], asthma, chronic obstructive pulmonary disease, diabetes, arthritis, Alzheimer disease or other dementia, mood and anxiety disorders. Data are self-reported from the Canadian Community Health Survey 2017–2018.

<sup>2</sup> Canadian Health Measures Survey 2007–2009 (ages 65–79 years).

<sup>3</sup> Canadian Community Health Survey 2017–2018.

<sup>4</sup> Canadian Community Health Survey 2015–2016.

<sup>5</sup> Canadian Health Measures Survey 2007–2015 (ages 65–79 years).

Abbreviations: BMI = body mass index; COPD = chronic obstructive pulmonary disease.