



COMMUNITY ACTION PROGRAM FOR CHILDREN (CAPC)

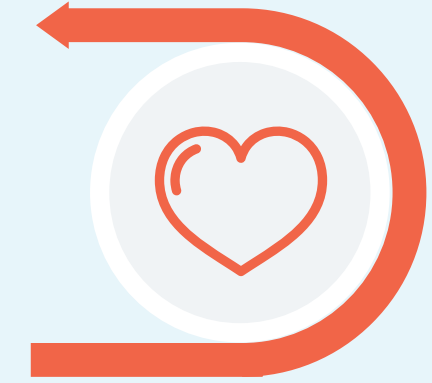
Celebrating **25 years** of CAPC's impact on the health and wellbeing of children and families in Canada

A **national community-based program** launched in 1993, funded by the Public Health Agency of Canada.

Delivered by over **400** community-based groups, agencies and coalitions, in collaboration with **9,750** partner organizations across the country.

Promotes the **health and development of young children** and their families facing challenging life circumstances.

Reaches more than **227,000** parents, caregivers and children each year in communities across Canada.



GREATER ACCESS TO SERVICES

- > Parenting and health promotion programs
- > Child development activities
- > Referrals to community services

PROGRAM PARTICIPANTS REPORT:

GAINING KNOWLEDGE AND BUILDING SKILLS

- > **86%** improved parenting skills
- > **91%** more aware of how children change as they learn and grow
- > **82%** of children recognized more colours, shapes, letters, or numbers
- > **89%** of children played better with others

ADOPTING POSITIVE HEALTH PRACTICES

- > **78%** better able to cope with stress
- > **79%** preparing healthier meals and snacks for their family
- > **80%** of children more interested in reading and books
- > **91%** doing more with their children to help them learn

IMPROVING HEALTH AND WELLBEING

- > **82%** improved their mental health
- > **83%** improved their health and wellbeing
- > **87%** have better relationship with their child
- > **90%** improved health and wellbeing of their children

PARTICIPANTS CONTRIBUTING TO THE PROGRAM

- > 3,300 current or past participants volunteered a total of 50,826 hours per year
- > Many go on to become program staff and board members



Sources:

Public Health Agency of Canada. (2016). 2015-2016 Children's Programs Performance Measurement Tool (CPPMT). Internal Public Health Agency of Canada Report: unpublished. Office of Audit and Evaluation, Health Canada and the Public Health Agency of Canada. (2016). Evaluation of the Community Action Program for Children, Canada Prenatal Nutrition Program and Associated Activities 2010-2011 to 2014-2015. Retrieved from <https://www.canada.ca/content/dam/phac-aspc/documents/corporate/transparency/corporate-management-reporting/evaluation/2010-2011-2014-2015-evaluation-community-action-program-children-canada-prenatal-nutrition-program-associated-activities/pub-eng.pdf>