# A DEMENTIA STRATEGY FOR CANADA

Together We Aspire

### **Vision**

A Canada in which all people living with dementia and caregivers are valued and supported, quality of life is optimized, and dementia is prevented, well understood, and effectively treated.

## **Principles**

Quality of life

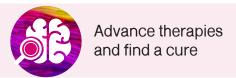
Diversity

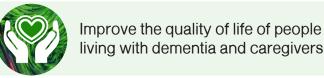
Human rights • Evidence-informed

Results-focused

## **National Objectives**







## **Areas of Focus**

- 1. Advance research to identify and assess modifiable risk and protective factors
- 2. Build the evidence base to inform and promote the adoption of effective interventions
- 3. Expand awareness of modifiable risk and protective factors and effective interventions
- 4. Support measures that increase the contribution of social and built environments to healthy living and adoption of healthy living behaviours

- 1. Establish and review strategic dementia research priorities for Canada
- 2. Increase dementia research
- 3. Develop innovative and effective therapeutic approaches
- 4. Engage people living with dementia and caregivers in the development of therapies
- 5. Increase adoption of research findings that support the strategy, including in clinical practice and through community supports

- 1. Eliminate stigma and promote measures that create supportive and safe dementia-inclusive communities
- 2. Promote and enable early diagnosis to support planning and action that maximizes quality of life
- 3. Address the importance of access to quality care, from diagnosis through end of life
- 4. Build the capacity of care providers, including through improved access to and adoption of evidence-based and culturally appropriate guidelines for standards of care
- 5. Improve support for family/friend caregivers, including through access to resources and supports

#### **Pillars**

Collaboration

Research and innovation

Surveillance and data

Information resources

Skilled workforce

Further information on dementia, including a full version of this strategy, is available here: www.canada.ca/en/public-health/services/diseases/dementia.html

