

Don't miss out on benefit payments, no matter your situation

The Canada Revenue Agency (CRA) understands the importance of accessing benefit and credit payments, especially during times of stress and change. If you are facing an abusive or violent situation, including financial abuse, the CRA will help you continue to access these crucial financial supports.

Our agents are available to assist you, no matter your circumstances.



Canada Revenue
Agency

Agence du revenu
du Canada

Canada

Benefit and credit payments you could get

Payment	How often	Helps to...	How to get it*
Canada child benefit (CCB)	Monthly	support the needs of children under 18	Do your taxes every year and apply using Form RC66, Canada Child Benefits Application
Goods and services tax/harmonized sales tax (GST/HST) credit	July, October, January and April	offset the cost of GST and HST paid on products and services	Do your taxes every year
Advanced Canada workers benefit (includes a disability supplement if you're eligible for the disability tax credit (DTC)**)	July, October and January	reduce the cost of living for individuals and families who are working and earning a low income	Do your taxes every year and be eligible for the Canada workers benefit
Child disability benefit	Monthly	support the needs of a child under 18 who is living with a disability and is eligible for the DTC**	Do your taxes every year and be eligible for the CCB
Provincial and territorial benefit and credit payments	Varies	offset the cost of living by province and territory (payments calculated based on your tax return)	Do your taxes every year

* In addition to meeting the eligibility criteria

** More information on the DTC: canada.ca/disability-tax-credit

What you need to do your taxes

Social insurance number (SIN)

To work in Canada or access certain government programs and benefits, you need a SIN. If you do not have a SIN or have lost it, contact Service Canada at **1-866-274-6627** or go to an office near you.

Tax slips

At the beginning of the calendar year, you should receive tax slips with the information you need to do your taxes. If they are missing, get them online in My Account or call the CRA at **1-800-959-8281**. If you're staying at a shelter or with a friend, you can use their address.

Do your taxes by April 30 each year to keep getting your payments:

In Quebec, you also need to file a separate provincial tax return with Revenu Québec. Find more information at canada.ca/taxes-get-ready

Protect yourself from scams

Beware of scammers pretending to be the CRA. When in doubt, call the CRA. Learn about what to expect if the CRA contacts you, go to canada.ca/taxes-fraud-prevention



Get more information



Online

Before calling, check Canada.ca! You may be able to find what you need at canada.ca/benefits-credits-ws

To order CRA publications in alternate formats, including large print and braille, go to canada.ca/cra-multiple-formats

Free tax help: You may be eligible to get your tax return filed for free by a volunteer. Find out if you are eligible at canada.ca/get-tax-help



By phone

Questions about benefits:
1-800-387-1193

Residents of the territories with an 867 area code: **1-866-426-1527**

General questions or to get forms:
1-800-959-8281

TTY (teletypewriter): **1-800-665-0354**

Canada Video Relay Service (VRS):
1-800-561-6393

Questions about social insurance numbers (SIN): **1-866-274-6627**
(Service Canada)

Questions about doing taxes in Quebec:
1-800-267-6299 (Revenu Québec)

