# **HIV in Canada**, **Surveillance Report**





Agence de la santé Agency of Canada publique du Canada

Public Health

#### TO PROMOTE AND PROTECT THE HEALTH OF CANADIANS THROUGH LEADERSHIP, PARTNERSHIP, INNOVATION AND ACTION IN PUBLIC HEALTH.

-Public Health Agency of Canada

Également disponible en français sous le titre : Le VIH au Canada, Rapport du Surveillance en date du 31 décembre 2021

To obtain additional information, please contact:

Public Health Agency of Canada Address Locator 0900C2 Ottawa, ON K1A 0K9 Tel.: 613-957-2991 Toll free: 1-866-225-0709 Fax: 613-941-5366 TTY: 1-800-465-7735 E-mail: hc.publications-publications.sc@canada.ca

© His Majesty the King in Right of Canada, as represented by the Minister of Health, 2023

Publication date: December 2023

This publication may be reproduced for personal or internal use only without permission provided the source is fully acknowledged.

Cat.: HP40-292/2021E-1-PDF ISBN: 978-0-660-49697-9 Pub.: 230264

# **Acknowledgments**

This report was prepared by the Centre for Communicable Diseases and Infection Control, Infectious Diseases and Vaccination Programs Branch, Public Health Agency of Canada. The publication of this report would not have been possible without the collaboration of public health surveillance and epidemiology units in all provinces and territories, whose continuous contribution to national HIV/AIDS surveillance is gratefully appreciated. This report is possible because of the close collaboration and participation of all partners in HIV and AIDS surveillance. <u>Appendix 1</u> contains a complete list of all data contributors.

We wish to acknowledge the invaluable contributions of members of the Black Expert Working Group, who critically reviewed this report: Dr. Shamara Baidoobonso, Dr. David Este, Dr. Hughes Loemba, Dr. Geoffrey Maina, Dr. Lawrence Mbuagbaw, Maureen Owino, and Wangari Tharao. A special thank you and acknowledgement to Dr. Winston Husbands, whose continued advocacy for Black communities and whose collaborative efforts played an instrumental role in the development of the Black Expert Working Group. We also wish to acknowledge the contributions of Dr. Nathan Lachowsky, Chris Draenos, and Ben Klassen from the Community-Based Research Centre (CBRC) who also critically reviewed this report.

Any comments and suggestions that would improve the usefulness of future publications are welcome and can be sent to the attention of the HIV/AIDS Surveillance System (HASS) within the Centre for Communicable Diseases and Infection Control, Public Health Agency of Canada, at <u>hass@phac-aspc.gc.ca</u>.

### **Table of contents**

Acknowledgments	3
List of report figures	5
List of report tables	6
List of data tables	7
List of acronyms	8
Executive summary	9
Introduction	12
Methods	17
Data sources	17
Data analysis	20
Finalizing the first-time HIV diagnoses dataset	20
Surveillance data at a glance	22
First-time diagnoses	22
Overall trends in HIV diagnoses	22
Geographic distribution	23
Age group and sex distribution	25
Exposure category distribution	27
Exposure category and age group	
Race and/or ethnicity	31
Additional surveillance data	
Canadian Perinatal HIV Surveillance Program (CPHSP)	
HIV cases identified through immigration medical screening	
AIDS cases	
HIV mortality	
Discussion	41
Conclusion	46
Data tables	47
Supplementary tables	57
Appendix 1: Data contributors	
Appendix 2: Technical notes	60
Appendix 3: Exposure category hierarchy	65
Appendix 4: Text alternative for figures	67
References	74

# List of report figures

**Figure 1**: Schematic showing the data flow for first-time and previously diagnosed cases from all provinces and territories for 2021.

**Figure 2**: Number of first-time diagnoses of HIV and diagnosis rates overall, by sex and year, Canada, 2012 to 2021

**Figure 3:** First-time HIV diagnosis rate per 100,000 population, by province or territory, Canada, 2021

**Figure 4**: First-time HIV diagnosis rate per 100,000 population, by sex and age group, Canada, 2021

**Figure 5:** First-time HIV diagnosis rate per 100,000 population, by age group and year, Canada, 2012 to 2021

**Figure 6a:** Percentage distribution of first-time HIV cases among adult males (≥ 15 years old), by exposure category and year of diagnosis, Canada, 2012 to 2021

**Figure 6b:** Percentage distribution of first-time HIV cases among adult females ( $\geq$  15 years old), by exposure category and year of diagnosis, Canada, 2012 to 2021

**Figure 7**: Proportion of reported first-time HIV cases (≥15 years of age), by exposure category and age group, Canada, 2021

**Figure 8a:** Proportions of race and/or ethnicity among all reported first-time HIV diagnoses among **all reported cases**, Canada, 2021

**Figure 8b:** Proportions of race and/or ethnicity among first-time HIV diagnoses where race and/or ethnicity is reported, Canada, 2021

**Figure 9:** Number of perinatally HIV-exposed infants and proportion of mothers and pregnant people living with HIV who received antenatal antiretroviral therapy, by year of birth, Canada, 2014 to 2021

**Figure 10:** Number of migrants who tested positive for HIV during an immigration medical exam conducted in Canada, 2012 to 2021

**Figure A1:** Status of reporting on first-time diagnoses and previously diagnosed cases in all Canadian provinces and territories, 2012 to 2021

**Figure A2:** All reported HIV Cases (including first-time and previously diagnosed) by year of diagnosis, Canada, 2012 to 2021

**Figure A3:** Status of reporting of AIDS diagnoses in all Canadian provinces and territories, 2012 to 2021

### List of report tables

**Table 1:** Number and proportion of first-time HIV cases (≥15 years of age), by sex and exposure category, Canada, 2021

**Table 2:** Proportion complete of the race and/or ethnicity information in the HASS NationalDataset, Canada, 2012 to 2021

**Table 3:** Number and percentage distribution of first-time HIV cases, by sex and race and/or ethnicity, Canada, 2021

**Table 4:** Number of AIDS cases (all ages), by sex and year of diagnosis, from reporting

 Canadian provinces and territories, 2012 to 2021

**Table 5:** Number of deaths attributed to HIV infection, by age at death and sex, Canada,2013 to 2021

**Table 6:** Number of deaths attributed to HIV infection (≥ 15 years), by sex, Canada, 2013 to 2021

Table 7: Number of deaths attributed to HIV infection by age group, Canada, 2013 to 2021

### List of data tables

**Data Table 1:** Number of first-time diagnoses of HIV and diagnosis rates overall, by sex and year, Canada, 2012 to 2021

**Data Table 2:** Number and rate of first-time HIV diagnoses (per 100,000 population) by province and territory, Canada, 2021

**Data Table 3:** Number and rate of first-time HIV diagnoses (per 100,000 population), by sex and age group, Canada, 2021

**Data Table 4:** Number and rate of first-time HIV diagnoses (per 100,000 population) by age group and year, Canada, 2012 to 2021

**Data Table 5a:** Percentage distribution of first-time HIV cases among adults (≥ 15 years old) by exposure category and year of diagnosis, Canada, 2012 to 2021

**Data Table 5b:** Percentage distribution of first-time HIV cases among adult males (≥ 15 years old) by exposure category and year of diagnosis, Canada, 2012 to 2021

**Data Table 5c:** Percentage distribution of first-time HIV cases among adult females (≥ 15 years old) by exposure category and year of diagnosis, Canada, 2012 to 2021

**Data Table 6:** Proportion of reported first-time HIV cases (≥15 years of age) by exposure category and age group, Canada, 2021

**Data Table 7:** Number of Canadian-born perinatally HIV-exposed infants by year of birth, current status and use of antiretroviral therapy (ART) for prophylaxis, 1984 to 2021

**Data Table 8:** Number and percentage distribution of immigration applicants to Canada diagnosed with HIV as a result of an immigration medical exam (IME) by year and location of test, 2012 to 2021

**Data Table 9:** Number and percentage distribution of immigration applicants to Canada diagnosed with HIV as a result of an immigration medical exam (IME) by location of test, sex, age group, and province, 2012 to 2021

Data Table 10: International statistics on reported HIV cases by country, 2021

### List of acronyms

AIDS	Acquired Immunodeficiency Syndrome
ART	Antiretroviral Therapy
COVID-19	SARS-CoV2/ Coronavirus Disease 2019
CPHSP	Canadian Perinatal HIV Surveillance Program
CVSD	Canadian Vital Statistics Death Database
gbMSM	Gay, Bisexual and other Men who have Sex with Men
GCMS	Global Case Management System
HASS	HIV/AIDS Surveillance System
HIV	Human Immunodeficiency Virus
ICD	International Classification of Diseases
IDU	Injection Drug Use
IME	Immigration Medical Exam
IRCC	Immigration, Refugees and Citizenship Canada
000	Out of Country
00P	Out of Province
PHAC	Public Health Agency of Canada
PLHIV	People living with HIV
PrEP	Pre-exposure Prophylaxis
PWID	People who inject drugs
PWUD	People who use drugs
РТ	Province or Territory
SC	Statistics Canada
STBBI	Sexually Transmitted and Blood-Borne Infections
STI	Sexually Transmitted Infection

### **Executive summary**

The *HIV in Canada, Surveillance Report to December 31, 2021,* published by the Public Health Agency of Canada (PHAC) presents and describes national epidemiological trends on Human Immunodeficiency Virus (HIV) diagnoses in Canada by geographic region, age at diagnosis, sex, race and/or ethnicity, and exposure category between 2012 and 2021. This surveillance report is the first national HIV surveillance report to present information specifically on first-time diagnoses from all thirteen provinces and territories, providing more robust evidence for the planning, evaluation, and implementation of HIV prevention and care programs.

The COVID-19 (SARS-CoV2 / Coronavirus Disease 2019) pandemic may have had impacts, both known and unknown, on access to HIV testing and care services as well as on surveillance activities in Canada. For this reason, data for 2020 and 2021 should be interpreted with some caution. The true impact and lasting effects of the COVID-19 pandemic on HIV transmission in Canada may become clearer with continued collection and analysis of data in the years to come. Due to surveillance data being refined by the PTs over time, as data are periodically reviewed and updated, surveillance data for previous years may also be reported by PTs along with the current year's dataset. As such, historical data presented in this report does not exactly match historical data presented in previous national reports.

### **Key findings include:**

- In 2021, 1,466 newly diagnosed cases (i.e., diagnosed for the first-time) of HIV were reported in Canada. This is an increase of 10.9% compared with 2020 (1,322 reported cases). This increase may be due, in part, to renewed access to HIV testing services in the later stages of the COVID-19 pandemic.
- The national rate of reported newly diagnosed HIV cases was 3.8 per 100,000 population in 2021, an increase from 3.5 per 100,000 population in 2020. Despite this slight increase, the 2021 rate remained below pre-COVID-19 pandemic levels.
- The overall trends of the past five years show the number of first-time HIV diagnoses in Canada was relatively stable until 2020, with a peak of 1,850 cases in 2016 (rate of 5.2 per 100,000 population) decreasing to 1,322 cases in 2020 (rate of

3.5 per 100,000 population), followed by a slight increase in 2021.

- The HIV diagnosis rate was 5.5 per 100,000 population in males and 2.1 per 100,000 population in females in 2021; showing a slight increase from rates reported in 2020 (which were 5.0 and 2.0 HIV diagnoses per 100,000 population, respectively).
- Recent trends in the HIV diagnosis rate among males show a continued decline in rates following a peak of 8.4 per 100,000 males in 2013. Among females, the trend shows a subtle increase, peaking at 2.7 per 100,000 females in 2019. The same decrease in 2020 and then slight increase in 2021 that occurred overall also occurred for both males and females. For both groups, the 2021 rates remained below pre-COVID-19 pandemic levels.

- When broken down into ten-year age groups, the HIV diagnosis rate in the 30 to 39 years age group continues to be the highest among all age groups with 8.6 per 100,000 population in 2021.
- In all age groups, HIV diagnosis rates were observed to be at least two times greater in males than in females, with the exceptions of the children <15 years and 15-to-19-year age group, in which females had a higher HIV diagnosis rate.
- The highest HIV diagnosis rate across provinces and territories was in Saskatchewan, with 20.3 per 100,000 population. The lowest diagnosis rate was in the Atlantic region with 1.5 per 100,000 population.
- According to reported exposure category, male-to-male sexual contact continues to account for the highest proportion of diagnoses in males, at 54.2% of diagnoses in 2021. Heterosexual contact continues to account for the highest proportion of diagnoses in females, at 60.4% of diagnoses. Injection drug use also remains a significant factor among all cases, accounting for 21.9% of all first-time diagnoses in 2021.
- Race-based data provides a key element in recognizing and understanding disparities in access to HIV care stemming from a history of colonialism and systemic and structural inequities in Canada. However, the reporting of race and/or ethnicity data varies significantly across jurisdictions. Overall, race and/ or ethnicity data was reported for only 45.3% of first-time diagnoses in 2021. No race and/or ethnicity data were reported from the following provinces: Manitoba, and Quebec.

- Among the 664 cases for whom race and/ or ethnicity was reported, 38.2% of cases were reported as white people, 23.9% were reported as Indigenous people (First Nations, Inuit, Métis, or Indigenous-not otherwise specified), and 15.4% as Black people. These proportions are unlikely to be truly representative of all first-time diagnoses and should be interpreted with caution, as race and/or ethnicity data is not missing randomly.
- In collaboration with community members, the National HIV/AIDS Surveillance System (HASS) has established a Black Expert Working Group to provide advice and co-develop strategies to improve the completeness, interpretation, and contextualization of race and/or ethnicity data. HASS is seeking to establish similar engagements with First Nations, Inuit, and Métis representatives and/or organizations.
- The total number of migrant people (immigrants, refugees, and temporary residents) who tested positive for HIV during an immigration medical exam (IME) was 865 in 2021 (either in Canada or internationally). This is an increase of 16.4% from the 743 migrants who tested positive in 2020 but a decrease from the 1,188 migrants who tested positive for HIV during an IME in 2019. Increasing immigration volumes are likely to be a primary contributor to the increase in the number of migrants testing positive for HIV in 2021 compared to 2020, as Immigration, Refugees and Citizenship Canada (IRCC) indicates that the proportion of IMEs with an HIV diagnosis was lower in 2021 compared to 2019 and 2020 for IMEs performed in Canada.

- Of the 210 infants reported to be perinatally exposed to HIV in 2021, 98.1% were born to people who had received antiretroviral therapy (ART). There were two infants confirmed to have acquired HIV perinatally, both of whom were born to childbearing individuals who did not receive any ART.
- In 2021, there were 64 cases of Acquired Immunodeficiency Syndrome (AIDS) reported, a continued decrease since 2012. However, findings should be interpreted with caution, as AIDS data were only submitted by four provinces in 2021 (New Brunswick, Nova Scotia, Ontario, and Saskatchewan) and, where this information was available, cases are likely underreported.
- In 2021, there were 133 deaths attributed to HIV. This represents an decrease compared with the 136 deaths attributed to HIV in 2020, however these deaths are still likely underreported.

### Introduction

Human Immunodeficiency Virus (HIV) continues to be a public health issue that affects many people worldwide. In 2021, there were an estimated 1.5 million new infections and approximately 38.4 million living with HIV globally.<sup>1</sup> Due to advancements in testing (e.g. availability of self-testing), globally, 86% of people living with HIV knew their HIV status in 2022.<sup>1</sup> Additionally, there have been improvements to prevention (such as pre-exposure prophylaxis or PrEP) and treatment of HIV. Despite these advances, in Canada, many barriers to accessing HIV testing, prevention, and treatment remain, including stigma, perception of low likelihood of acquiring HIV and limited knowledge about HIV, HIV testing, and prevention services.<sup>2</sup> In addition, there are specific barriers such as social HIV stigma, racism, colonialism, criminalization and/or incarceration, homophobia, and transphobia affecting populations that are disproportionately impacted by HIV, including Two-spirit people, gay and bisexual men, trans, queer, questioning, and non-binary people, people who inject drugs (PWID) and African Caribbean and Black Communities and Indigenous communities.<sup>2</sup>

The HIV epidemic has changed significantly over time with antiretroviral therapy (ART) rendering HIV a manageable, chronic condition, with decreased mortality over time for those with access, and decreased transmission over time due to interventions such as harm reduction services, ART, and PrEP.<sup>3</sup> In fact, those living with HIV who have undetectable viral loads cannot transmit the virus to their sexual partners and PHAC endorses the U=U campaign.<sup>4</sup> The communities of gay, bisexual, and other men who have sex with men (gbMSM) continue to make up most of new diagnoses (43.7%) in 2020 and, in the same year, an increase was observed in the proportion of diagnoses among people who inject drugs when compared with previous years.<sup>5</sup> Since 2018, there has been an increase nationally in the proportion of new infections and diagnoses among women, Indigenous people and people who inject drugs.<sup>5, 6</sup> However, a decrease in diagnoses was noted in all populations in 2020 due in part to the SARS-CoV-2 (COVID-19) pandemic.<sup>5</sup> The COVID-19 pandemic impacted sexually transmitted and blood borne infections (STBBI) services, including HIV testing, with 43.9% of HIV testing service providers indicating a decrease in their ability to provide these services at some point during this period.<sup>7</sup> Due to the public health efforts focused on the COVID-19 pandemic, impacting local public health surveillance practices, there were likely additional challenges in the collection of surveillance information.

Public health surveillance is the ongoing, systematic collection, collation, analysis, interpretation, and dissemination of public health data in efforts to prevent or control disease or injury.<sup>8</sup> Public health surveillance is useful in assessing the health status of populations; identifying trends; designing, planning, and monitoring the impact of programs and policies; and providing information for research.<sup>8</sup> We recognize that the term "surveillance" is also used by law enforcement, private security, and other parties for a different purpose. As a result, the term can raise discomfort or have negative meanings for some individuals and communities.<sup>9, 10</sup> The national HIV surveillance system only collects the minimum amount of data necessary to understand trends in HIV diagnoses, and this does not include personally identifying information. Only provinces or territorial public health authorities have access to personal identifiable information (e.g., name or personal health card number) for the purposes of providing essential health services and they remove this information before sending data to national systems.

The Canadian government has recognized the importance of routine surveillance in the reduction of the burden of STBBIs through the release of the 'Reducing the health impact of sexually transmitted and blood-borne infections in Canada by 2030: A pan-Canadian STBBI framework for action' in 2018.<sup>11</sup> This framework has evidence-based policy and programs as one of the guiding principles, emphasizing the use of surveillance data to guide the development of interventions and programs.<sup>12</sup> In addition to this, the importance of surveillance has also been re-iterated through the associated 'Government of Canada five-year action plan on sexually transmitted and blood-borne infections' in 2019.<sup>4</sup> Key pillars of the action plan include measuring impact, monitoring, and reporting on trends and results in addition to leveraging existing knowledge and targeting future research.<sup>4</sup> Therefore, routine HIV surveillance presents trends on HIV diagnoses to assist in monitoring Canada's progress in meeting its goals in the STBBI framework and associated action plan.

Additionally, Canada is engaged in and working towards international targets for the elimination of HIV transmission. UNAIDS has developed interim <u>2025 targets</u> as an update from the '90-90-90' targets for 2020.<sup>13</sup> These targets aim to reduce the burden of HIV globally, through the reduction in criminalization, stigma, discrimination, gender inequality and violence; increases in treatment and care for people living with HIV (PLHIV), linking people with HIV to person-centered and context specific care and services.<sup>13</sup> The UN general assembly set global targets to end HIV as a public health threat by 2030, reducing HIV incidence by 90%.<sup>14</sup>

Three different teams at PHAC produce reports describing different aspects of the HIV epidemic in Canada and Canada's progress in meeting national and international HIV transmission reduction goals:

- 1. The National HIV/AIDS Surveillance System (HASS)
- 2. The Estimates and Field Surveillance Section
- 3. The HIV and hepatitis C Enhanced Surveillance Section (ESS), known colloquially as "Tracks"

#### The National HIV/AIDS Surveillance System (HASS)

The HASS is responsible for routine HIV case surveillance and produces annual information products, including this annual report. The HASS collects and reports data on first-time diagnoses of HIV reported each year in Canada's provinces and territories. This case data includes some limited sociodemographic information (i.e., age, sex, race and/or ethnicity), and exposure categories (the most likely route of HIV acquisition). The HASS produces information products that describe trends in new HIV diagnoses overall but is limited in its ability to highlight trends in new diagnoses among key populations who are disproportionately impacted.

#### The Estimates and Field Surveillance Section

Routine HIV surveillance (i.e., HASS) is used to summarize the information related to people who presented for HIV testing and who also then received an HIV diagnosis. However, it does not capture the number of people who are living with HIV and have not yet tested (i.e., are not even aware themselves that they have HIV). Also, it does not capture the total number of people living with HIV and receiving HIV treatment and care in Canada. Instead, this information is estimated using statistical models and methods with data from a variety of sources. The Public Health Agency of Canada develops estimates of HIV incidence (new infections), and prevalence (people living with HIV), as well as the HIV care continuum every two years, in partnership with provincial and territorial public health authorities and other government departments. In addition, as part of the goal to increase access to combination HIV prevention, the Public Health Agency of Canada also monitors and reports on trends in pre-exposure prophylaxis (PrEP) use in Canada. National HIV estimates provide an understanding of temporal changes in HIV transmission patterns, can be used to guide the planning and funding for prevention, treatment, care, and ongoing support for people living with and affected by HIV, and allow public health agencies to identify gaps in care and determine the types of interventions that might help increase the number of people who achieve and maintain viral suppression. The latest information about people living with HIV in Canada can be found on the STBBI surveillance page under "Reporting on Canada's progress towards STBBI elimination".

#### The HIV and Hepatitis C Enhanced Surveillance Section

The Enhanced HIV and Hepatitis C Surveillance Section oversees the Tracks surveillance system which is designed to gather information to describe prevalence of HIV, hepatitis C and other sexually transmitted and blood-borne infections (STBBI), HIV-related risk behaviours, and use of (STBBI)-related services among key populations. They routinely conduct cross-sectional, bio-behavioural surveys among PWID<sup>15</sup>; First Nations<sup>16</sup>, Inuit and Métis people; gbMSM; and African, Caribbean and Black people<sup>17</sup>. Bio-behavioural surveys are an instrumental tool for measuring and addressing the HIV epidemic, especially among key populations who are often underserved, marginalized and more likely to acquire HIV.<sup>18</sup> These bio-behavioural surveys are comprised of a questionnaire completed by the respondent along with a dried blood spot (DBS) collected from a finger-prick blood sample that is tested for HIV, hepatitis C and other STBBI. The guestionnaire collects information on sociodemographic characteristics, social determinants of health, use of health and prevention services (including testing), substance use and injecting behaviours, sexual behaviours, and care and treatment for HIV and hepatitis C. Tracks consults with the provinces and territories to select sentinel sites (participant recruitment locations) and collaborates with local public health and/or community-based organizations to conduct the bio-behavioural survey. The survey findings provide the evidence needed to assess the progress towards reaching national and international STBBI targets<sup>4</sup> and are a rich source of information that has been used at the local, provincial, territorial, and federal levels to inform public health policies, programs, plans and interventions, for key populations (e.g. the federal action plan on STBBI).

#### **Review and Renewal of the National HIV/AIDS** Surveillance System

The National HIV/AIDS Surveillance System (HASS) is currently undergoing a review and renewal with the ultimate goal of better meeting evidence needs. The review phase has involved an internal technical assessment, an evidence review, engagement with data providers in the provinces and territories (PTs), and community consultation. The principles articulated in the Pan-Canadian STBBI Framework for Action – health equity, human rights, meaningful engagement of people living with HIV and key populations, and evidence-based policy and programs – underpin the HASS Review and Renewal process<sup>11</sup>. By contributing to higher quality information to inform policies and programs and meaningfully engaging with partners and stakeholders, the Review and Renewal process can contribute to the strategic goals outlined in the Government of Canada's Five-Year Action Plan on STBBI<sup>4</sup>: reducing the incidence of STBBI in Canada; improving access to testing, treatment, and ongoing care and support; and reducing stigma and discrimination that create vulnerabilities to STBBI.

As a result of community advocacy and through a collaborative effort with community members, HASS has co-developed a Black Expert Working Group (BEWG), composed of individuals with expertise in HIV care, research, and advocacy. This working group was established to support the crucial role of Black community members' collaboration in the improvement of systems for HIV (including diagnosis, data collection, and management)

that would be more favourable to the wellbeing of Black communities. The BEWG will provide advice and guidance to HASS and our surveillance partners, contributing to our collective efforts to improve the quality and completeness of race and/or ethnicity data and helping to ensure that this information is interpreted and presented in reports in a useful and appropriate manner. The BEWG has critically reviewed the sections of this report that present race and/ or ethnicity information to ensure that the language and framing are appropriate and useful. HASS is currently exploring similar engagements with other disproportionately impacted populations, including with First Nations, Inuit, and Métis representatives and/or organizations.

#### **National HIV surveillance reports**

Starting with the '<u>HIV in Canada, Surveillance Report to December 31, 2020</u>', national HIV surveillance reports now present data specifically about first time HIV diagnoses rather than all positive test results in that year.<sup>5</sup> While the inclusion of previously diagnosed HIV cases is important for planning treatment and care needs, the inclusion of these cases has been shown to inflate the number of HIV diagnoses per year and overestimate prevalence.<sup>19</sup> Although the ability to report first-time diagnoses separately from previously diagnosed HIV cases, for all reported years, varies by province and territory, the focus on first time diagnoses improves our knowledge of the domestic transmission of HIV, better informing prevention activities.

It is the nature of surveillance data to be continuously updated over time across all jurisdictions (federal, provincial, and local), and as such this present report replaces all previous national HIV surveillance reports and presents the most recent surveillance data compiled for HIV, with first-time diagnosis case data included up to December 31, 2021.

The objectives of this surveillance report are to describe the epidemiology of first-time HIV diagnoses in Canada in 2021, by geographic region, age at diagnosis, sex, race and/ or ethnicity, and exposure category, and to describe trends between 2012 and 2021. Updated information on immigration medical screening results for HIV, data on childbearing individuals with infants perinatally exposed to HIV, AIDS diagnoses and HIV mortality is also provided. While the term HIV refers to the viral infection itself, the terms AIDS refers to the most advanced stage of disease caused by HIV.

Data provided in this report can be divided into two sections:

- The first section focuses on HIV diagnoses in Canada in 2021 by geographic region, age at diagnosis, sex, race and/or ethnicity and exposure category in addition to presenting selected analyses from 2012-2021.
- The second section focuses on data from the Canadian Perinatal HIV Surveillance Program (2014 to 2021), immigration medical screening for HIV (2012-2021), AIDS case surveillance (2012-2021), and HIV mortality (2013-2021).

### **Methods**

#### **Data sources**

Data from four different sources of information on HIV/AIDS are presented in this report:

- The National HIV/AIDS Surveillance System (HASS), maintained by the Public Health Agency of Canada (PHAC);
- The Canadian Perinatal HIV Surveillance Program (CPHSP), maintained by the Canadian Pediatric and Perinatal HIV and AIDS Research Group (CPARG);
- Immigration medical screening, maintained by Immigration, Refugees and Citizenship Canada (IRCC);
- The Canadian Vital Statistics Death Database (CVSD), maintained by Statistics Canada.

#### National HIV/AIDS Surveillance System

The National HIV/AIDS Surveillance System (HASS) is a passive, case-based surveillance system that compiles non-identifying information about people newly diagnosed with HIV infection who meet the threshold for the national case definition (PHAC national HIV case definition / National AIDS case definition).<sup>20</sup> The collection of HIV diagnosis data, through public health and laboratory reporting, is the responsibility of each individual province or territory (PT), and they voluntarily submit a subset of the de-identified data that they collect about every new diagnosis to PHAC on an annual basis using the National Case Report Form<sup>21</sup> or a secure electronic dataset transmission. The Directive for the collection, use and dissemination of information relating to public health (PHAC, 2013, unpublished document) outlines the practices adhered to by PHAC in the storage of raw data, including case report forms and electronic datasets.

Beginning in 2020, PHAC requests the submission of data of first-time HIV diagnoses. The first-time diagnosis data are submitted either as a dataset including only first-time diagnoses for that jurisdiction or an all-case dataset including a variable indicating whether the case was previously diagnosed (either out of province/territory or out of country). Provinces and territories routinely exclude identified 'duplicate' cases, i.e., those previously diagnosed in their PT, from their annual data submission to PHAC. Further details about 2021 data submissions from PT public health authorities are found in <u>Appendix 2</u>.

This surveillance report presents information about HIV cases diagnosed on or before December 31, 2021, including age, sex, race and/or ethnicity, and behaviours and exposures that may be associated with the transmission of HIV (presented in this report as "exposure categories"). Data were submitted to PHAC by all but one provincial or territorial surveillance program by November 10, 2022 with the remaining submitting in September 2023. The data were validated by the PTs as they were received and the process was completed as of September 2023. Differences between the data published in this report and the data published in provincial and territorial surveillance reports are possible. These differences may be due to updates to the provincial or territorial surveillance data that occur after data are submitted to PHAC. Should differences be noted, the provincial and territorial reports are recommended as the primary source of information. The following provinces resubmitted updated historical data, in addition to 2021 data:, Ontario (since 1985) and Quebec (since 2012). Due to surveillance data being refined by the PTs over time, as data are periodically reviewed and updated, surveillance data for previous years may also be reported by PTs along with the current year's dataset. As such, historical data presented in this report does not exactly match historical data presented in previous national reports.

#### **Canadian Perinatal HIV Surveillance Program**

The Canadian Pediatric AIDS Research Group (CPARG) collects national data on the HIV status of infants born to women and other people who are pregnant and who are living with HIV through the Canadian Perinatal HIV Surveillance Program (CPHSP). CPHSP is supported by PHAC and the Canadian Institutes of Health Research-Canadian HIV Trials Network. Two groups of children are the focus of this sentinel-based, active surveillance system: infants born to people who are pregnant and living with HIV, and children living with HIV receiving care at any participating site, which are 22 pediatric and adult HIV centres or public health units from all Canadian provinces and territories, whether they were born in Canada or abroad.<sup>22</sup> A national, non-nominal, confidential survey on infants known to participating pediatricians in the 22 sites is used to collect information about infants and the person who gave birth to them. CPHSP sites cover an estimated 95% of infants born in Canada who were exposed to HIV.

Upon obstetric or pediatric referral for care, information regarding infants and the person who gave birth to them is captured and entered by participating sites. This information includes: country of birth of the person who is pregnant, self-reported race and/or ethnicity of the person who is pregnant, exposure category for acquiring HIV of the person who is pregnant, antiretroviral regimen and duration of therapy administered, mode of delivery of the infant, gestational age, and birth weight. Virologic tests for HIV using polymerase chain reaction tests (confirmed on at least two separate samples) and/or by HIV serology beyond 18 months of age are used to report the HIV status of the infant. HIV status is updated annually and include: "confirmed living with HIV", "confirmed not living with HIV", or "HIV status not confirmed."

CPHSP Surveillance data for 2021, including data updates for previous years, were submitted to PHAC in March 2022.

#### Immigration medical screening

Immigration medical exam (IME) information for all migrants who tested positive for HIV during the immigration medical screening process, in Canada or internationally, is included in the Global Case Management System (GCMS) maintained by Immigration, Refugees and Citizenship Canada (IRCC). The GCMS is IRCC's integrated and worldwide web-based system used to process applications for foreign nationals applying for permanent and temporary residence in Canada and includes information on an individual's IME. The following individuals must complete an IME administered by third-party panel physicians on behalf of IRCC, either

in Canada or internationally: all foreign nationals applying for permanent residence and some applying for temporary residence in Canada. In 2002, IRCC added mandatory routine HIV screening to the IME for all applicants 15 years of age and older, as well as for applicants under the age of 15 years who have certain risk factors.<sup>23</sup> Information collected includes data on individuals who tested positive in Canada in 2021 and those who tested positive outside of Canada and arrived in Canada in 2021.

Aggregate data were provided to PHAC by IRCC in July 2022. Data submissions by IRCC include non-identifying data on individuals who tested positive for HIV during an IME and includes the following information: country of birth, sex, age group, and the province or territory where the IME was conducted (if in Canada), and the year tested (for those tested in Canada) or the year the applicant landed in Canada (for those tested outside of Canada). Immigrants (permanent residents in the economic and family classes); refugees (resettled refugees, protected persons, and asylum claimants); and temporary residents (visitors, international students, temporary foreign workers, and temporary resident permit holders) are classified broadly as "migrants".

IRCC routinely shares, with applicable provinces and territories, nominal data from in-Canada and international test results where HIV was detected and a valid Canadian residential address, which indicates the PT of residence. This supports continuity of care for individuals living with HIV. Data received by the PTs from IRCC has historically either been counted as new diagnoses or excluded from counts of new diagnoses when reported to PHAC (by PTs), with the specific procedure varying by PT. Efforts to improve the differentiation of these cases continued in the 2021 data submission.

#### **Canadian Vital Statistics Death Database**

In Canada, it is required that all deaths, of any cause, be registered with the provincial and territorial vital statistics registrars.<sup>24</sup> Provincial and territorial vital statistics registries submit data on all deaths that occurred annually to Statistics Canada, which is responsible for the Canadian Vital Statistics Death Database (CVSD), a cumulative record of death statistics compiled through the submission of data from death registration forms collected by the central registry in each province and territory. The cause of death is classified based on International Classification of Diseases (ICD) codes. The 9<sup>th</sup> revision of the International Classification of Diseases (ICD) was used to classify deaths occurring between 1979 and 1999, with codes 042 to 044 indicating deaths attributed to HIV infection. Deaths occurring from 2000 onward attributed to HIV infection are classified using codes B20 to 24 under the 10<sup>th</sup> revision (ICD-10).

Mortality data specific to year of death, cause of death, sex, and age at death were extracted from the publicly available data "Deaths and age-specific mortality rates, by selected grouped causes"<sup>25</sup> in the CVSD on August 29, 2023. For the national HIV/AIDS surveillance report, the focus is on deaths attributed specifically to HIV/AIDS.

#### **Data analysis**

The national dataset was developed using standardized data verification and recoding procedures applied to all datasets submitted by the individual provinces and territories. Each PT is provided with their data in report table format to review and validate. After the resolution of discrepancies (if any) and upon final agreement from the provinces and territories, the national datasets were prepared.

Case counts and rates (cases per 100,000 population) overall and stratified by geographic region, age group, and sex are presented in this report. Rates were calculated using population data extracted from the Annual Demographic Statistics dataset from Statistics Canada, Demography Division published to indicate the estimated size of the Canadian population on July 1, 2021.

No additional statistical procedures for comparative analyses or accounting for missing data were used in this report. If deemed necessary by provincial and territorial surveillance data providers, data with small cell sizes ( $n \le 5$  cases) were suppressed or data categories were merged to create larger categories.

First-time diagnoses reported in Canada between 2012 and 2021 were used to compile the national dataset. The following definitions were used to create the national datasets:

- **First-time diagnosis:** HIV diagnosed and reported for the first time ever for the individual in the given reporting year and with no evidence of previous diagnosis, neither in another country nor in another Canadian province or territory.
- **Previous diagnosis**: individuals who had evidence of a known previous HIV diagnosis in another country or in another Canadian province or territory, as reported by an indicator in individual case records (see next section for more details).

#### Finalizing the first-time HIV diagnoses dataset

The 2021 report represents the first reporting year where all thirteen provinces and territories (PTs) submitted data for first-time diagnoses only or submitted data about all cases and included an indicator to identify cases that had previously been diagnosed out of the country (OOC) or out of the province or territory (OOP). OOP cases are those who received their first ever HIV diagnosis in a province or territory other than the PT making the report of the case. The final count of first-time HIV diagnoses for the surveillance period, January 1 to December 31, 2021, was produced by combining the cases from the PTs who report only first-time diagnoses with those cases identified as first-time diagnoses from the PTs who submit all cases. Cases identified as previously diagnosed were excluded (**Figure 1**).

In 2021, there were 1,679 total reported HIV cases, of which 213 were previous diagnoses (161 were classified as OOC, 26 were classified as OOP, and 26 were classified generally

as a previous diagnosis). With the previously diagnosed cases removed, there were a total of **n=1,466** cases classified as *first-time HIV diagnoses* and used for further analyses in this report (**Figure 1**).

As part of the data submission for this report and for the 2020 report, some PTs provided OOC and OOP indicators for previous years. Data submissions by PT for reporting years between 2012 and 2021 are outlined in **Figure A1** (Appendix 2). All known OOC and OOP cases were excluded in the creation of the 2012-2021 national first-time diagnosis dataset, which includes 17,233 records for use in trend analysis. Due to variation in the ability to provide OOC/OOP flags for historical years by PTs, this total likely includes some previously diagnosed cases. For this reason, trend analyses must be considered with caution. With updates to historical data by PT public health authorities as part of future data submissions, it is anticipated that the accuracy of the first-time diagnosis dataset may improve over time.

Figure 1: Schematic showing the data flow for first-time and previously diagnosed cases from all provinces and territories for 2021.



Abbreviations: PT, Province or Territory; OOC, Out of Country; OOP, Out of Province; n, number

\* The 'Previous Positives Specific Type Unknown' are previously diagnosed cases that have been identified as previous positives, but insufficient information is available to attribute them to either OOC or OOP.

### Surveillance data at a glance

### First-time diagnoses

#### **Overall trends in HIV diagnoses**

In 2021, there were 1,466 cases of first-time HIV diagnoses reported in Canada. This is an increase of 10.9% compared with the number of cases reported in 2020 (1,322 cases). The national HIV diagnosis rate was 3.8 per 100,000 population (5.5 per 100,000 population in males and 2.1 per 100,000 population in females). Between 2012 and 2019, the national diagnosis rate fluctuated within a narrow range (between 4.7 and 5.2 per 100,000) before decreasing sharply overall, as well as in males and females, in 2020. Though there was a slight increase in 2021, this rate has not yet returned to pre-COVID-19 pandemic levels. In the five-year period before the pandemic (2015-2019), the HIV diagnosis rate in males decreased overall from 7.7 per 100,000 population in 2015 to 6.6 per 100,000 population in 2019. In comparison, the HIV diagnosis rate in females increased from 2.2 per 100,000 population in 2015 to 2.7 per 100,000 population in 2019 (**Figure 2, Data Table 1**).

Note that the data tables used to generate figures are found at the end of this report (**Data Tables, 1-10**)

**Diagnosis rate** – the number of people diagnosed with HIV for the first time in a given year for every 100,000 people in the population of Canada that year. This diagnosis data is what is presented in this report.

**Incidence** – the estimated number of new infections occurring during a specific period of time, including people who have not been tested.

**Prevalence** – the estimated number of people living with HIV - both diagnosed and undiagnosed.

Incidence and prevalence are estimated by the Estimates and Field Surveillance Section and are not presented in this report.<sup>6</sup>



Figure 2: Number of first-time diagnoses of HIV and diagnosis rates overall, by sex and year, Canada, 2012 to 2021<sup>a, b</sup>

- <sup>a</sup> Rates and counts for Males and Females exclude cases where sex was reported as transgender, or cases where sex was not reported. For the Overall rates, transgender, or sex not reported cases are included.
- <sup>b</sup> For the years 2020 and 2021, first-time diagnoses are reported for all provinces/territories. Refer to the Technical Notes (<u>Appendix 2</u>) for the submission of first-time diagnosis for historical data for each province/territory.

#### **Geographic distribution**

The first-time HIV diagnosis rates across Canada are shown in **Figure 3**. Rates for the Territories (Northwest Territories, Nunavut, and Yukon) and the Atlantic region (New Brunswick, Newfoundland and Labrador, Nova Scotia, and Prince Edward Island) are presented as regional averages (average of each provincial or territorial rate). Saskatchewan continues to have the highest rate; the Territories and the Atlantic region has the lowest rate. While the overall national rate increased from 2020 to 2021, this was not uniform across all provinces and territories (PTs). An increase in HIV diagnosis rate was observed in all PTs from 2020 to 2021 except for Ontario (which decreased from 3.5 to 3.3. per 100,000) and the Territories (decreased from 2.3 to 1.6 per 100,000). These rates remain below pre-pandemic levels in all PTs. (**Figure 3**, **Data Table 2**).



Figure 3: First-time HIV diagnosis rate per 100,000 population, by province or territory, Canada, 2021<sup>a, b</sup>

**Abbreviations:** BC, British Columbia; AB, Alberta; SK, Saskatchewan; MB, Manitoba; ON, Ontario; QC, Quebec; ≥, greater than or equal

- <sup>a</sup> Note that for Alberta, national reporting excludes HIV cases where the location of first-ever positive has been identified as out-of-country or outside the reporting province; consequently, HIV case totals and rates in this report may differ from those reported by Alberta.
- <sup>b</sup> Due to small case counts in certain provinces and territories, some regions are aggregated to ensure that individuals cannot be identified. For this reason, interprovincial or interterritorial comparisons cannot always be made.

#### Age group and sex distribution

In 2021, among the cases where sex was reported as male or female (n=1,455), males accounted for 72.1% of diagnoses (n=1,049), while females accounted for 27.9% (n=406). There were 11 cases where sex was either not reported, or reported as "transgender". First-time HIV diagnosis rates were also stratified based on age group and sex. The age-specific HIV diagnosis rate increased for all age groups in females from 2020 to 2021 except for the 15 to 19 year (1.5 per 100,000 in 2020 vs. 1.3 per 100,000 in 2021) and  $\geq$ 50 year (constant at 0.9 per 100,000) age groups. In males, the age-specific HIV diagnosis rate increased in all age groups except for children <15 years (constant at 0.0 per 100,000). The highest observed HIV diagnosis rate was in the male 30 to 39 year age group, with a rate of 12.1 per 100,000 population. Similarly, the 30 to 39 year age group had the highest diagnosis rate among female cases at 5.0 per 100,000 population. In all age groups, HIV diagnosis rates were observed to be at least two times greater in males than in females, with the exceptions of the children <15 years and 15-to-19-year age group, in which females had a higher HIV diagnosis rate (**Figure 4**, **Data Table 3**).





Abbreviations: < less than;  $\geq$ , greater than or equal

<sup>a</sup> Excludes cases where sex was reported as transgender or cases where sex was not reported. These data are excluded because there are not currently any estimates of transgender and gender-diverse population sizes by age and jurisdiction over time available from Statistics Canada. HASS is currently undergoing a renewal process and we are aiming to improve the inclusion of data representing transgender and gender-diverse populations in future years.

In recent years, HIV diagnosis rates have decreased in all age groups overall. The majority of HIV cases diagnosed in 2021 were between the ages of 20 and 49 years, which reflects trends observed in the previous ten years. As in previous years, in 2021 the highest diagnosis rate was observed in the 30 to 39 years old age group, with a rate of 8.6 per 100,000 population. The HIV diagnosis rate was 7.6 and 5.7 per 100,000 population in age groups 20 to 29 and 40 to 49, respectively. The lowest HIV diagnosis rate in adults was observed among those aged 15 to 19 years of age, with a diagnosis rate of 1.2 per 100,000 population. While the HIV diagnosis rate increased across age groups from 2020 to 2021, the age-specific HIV diagnosis rates in adults continued to be lower than diagnosis rates in the five-year period before the COVID-19 pandemic (**Figure 5, Data Table 4**).

**Figure 5:** First-time HIV diagnosis rate per 100,000 population, by age group and year, Canada, 2012 to 2021<sup>a</sup>



Abbreviations: < less than; ≥, greater than or equal

<sup>a</sup> For the years 2020 and 2021, first-time diagnoses are reported for all provinces/territories. Refer to the Technical Notes (Appendix 2) for the submission of first-time diagnosis for historical data for each province/territory.

#### **Exposure category distribution**

As in previous years, the largest proportion of adult HIV diagnoses was attributed to maleto-male sexual contact (39.7%, n = 471); followed by heterosexual contact at 33.8% (n = 400) (**Table 1**). In 2021, the proportion of HIV diagnoses attributed to injection drug use (IDU) decreased to 21.9% (n = 259) from 22.2% (n = 239) in 2020. It should be noted that in past years, the 'Other' category included cases with exposures outside of Canada, which as noted previously, were removed from the dataset.

In males ( $\geq$  15 years of age), in 2021, the majority of cases were attributed to male-to-male sexual contact (54.2%, n = 469), followed by heterosexual contact (24.0%, n = 208) and IDU (15.9%, n = 138). Among females ( $\geq$  15 years of age), exposure through heterosexual contact accounted for the highest proportion at 60.4% (n = 191), followed by IDU (38.3%, n = 121) (**Table 1**).

### Table 1: Number and proportion of first-time HIV cases (≥15 years of age), by sex and exposure category, Canada, 2021<sup>a, b, c, d</sup>

Expedite estadory	Ma	ale	Fen	nale	Total <sup>a</sup>		
Exposure category	n	%b	n	%b	n	%b	
Male-to-male sexual contact	469	54.2	n/a	n/a	471	39.7	
Male-to-male sexual contact and IDU	44	5.1	n/a	n/a	44	3.7	
IDU	138	15.9	121	38.3	259	21.9	
Heterosexual contact	208	24.0	191	60.4	400	33.8	
Other <sup>c</sup>	7	0.8	4	1.3	11	0.9	
Subtotal	866	82.9	316	79.2	1,185	81.5	
No identified risk <sup>d</sup>	27	2.6	13	3.3	42	2.9	
Exposure category unknown or not reported ("missing")	152	14.5	70	17.5	227	15.6	
Total	1,045	n/a	399	n/a	1,454	n/a	

**Abbreviations:** n, number; n/a, not applicable; IDU, injection drug use Refer to <u>Appendix 3</u> for details regarding exposure categories.

- <sup>a</sup> Total cases includes those reported as transgender, and cases where sex was not reported, whereas "male" and "female" columns exclude these cases.
- <sup>b</sup> Proportions are based on the subtotal count for cases with a known exposure category.
- <sup>c</sup> Other includes blood/blood products, perinatal, occupational exposure, IRCC/Out of Country exposure (Alberta) and other exposure categories.
- <sup>d</sup> Includes cases where the history of exposure to HIV through any of the other modes listed is unknown, or there is no reported exposure history (e.g., because of death, or loss to follow-up).

The distributions for exposure categories in males and females for the last ten years are shown in **Figure 6a** and **6b**. Among males, the distribution of diagnoses within the different exposure categories fluctuated slightly since 2012 but remained relatively stable overall (**Figure 6a, Data Table 5b**). For females, in the last ten years, the proportion of cases attributed to the IDU exposure category remained stable between 2012 and 2018, followed by increases from 2019 through 2020 and a subsequent decrease to 38.3% in 2021 from 40.2% in 2020 (**Figure 6b, Data Table 5c**).

Caution is advised when comparing the 2021 data with that of previous years. Beginning in 2020, cases considered OOC have been removed from the 'Other' exposure category (with the exception of some cases from Alberta), following the methodological change to reporting only first-time diagnoses. This results in an overall reduction in the number of cases - from all reported cases to first-time diagnoses only and may have influenced the proportions of the exposure categories.



**Figure 6a:** Percentage distribution of first-time HIV cases among adult males ( $\geq$  15 years old), by exposure category and year of diagnosis, Canada, 2012 to 2021<sup>a, b, c</sup>

- <sup>a</sup> Excludes cases with no identified risk, an unknown exposure category, or where the exposure category was not reported.
- <sup>b</sup> For the years 2020 and 2021, first-time diagnoses are reported for all provinces/territories. Refer to Technical Notes (Appendix 2) for the submission of first-time diagnosis for historical data for each province/territory and for exposure category.
- <sup>c</sup> Other includes blood/blood products, occupational exposure, cases from Alberta identified through Immigration Refugees and Citizenship Canada, and other exposure categories.



**Figure 6b:** Percentage distribution of first-time HIV cases among adult females ( $\geq$  15 years old), by exposure category and year of diagnosis, Canada, 2012 to 2021<sup>a, b, c</sup>

- <sup>a</sup> Excludes cases with no identified risk, an unknown exposure category, or where the exposure category was not reported.
- <sup>b</sup> For the years 2020 and 2021, first-time diagnoses are reported for all provinces/territories. Refer to Technical Notes (Appendix 2) for the submission of first-time diagnosis for historical data for each province/territory and for exposure category.
- <sup>c</sup> Other includes blood/blood products, occupational exposure, cases from Alberta identified through Immigration Refugees and Citizenship Canada, and other exposure categories.

#### Exposure category and age group

Among the 20-29 and 30-39 year age groups, male-to-male sexual contact was the largest exposure category reported, 49.2% to 39.6% of cases respectively. In contrast, heterosexual contact accounted for 57.1%, 39.9%, and 44.5% of reported exposures in the 15 to 19 year, the 40 to 49 year, and the ≥50 year age groups, respectively. (**Figure 7, Data Table 6**).

**Figure 7:** Proportion of reported first-time HIV cases (≥15 years of age), by exposure category and age group, Canada, 2021<sup>a</sup>



Age at Diagnosis

**Abbreviations**: n, number; ≥, older than or equal

- <sup>a</sup> Excludes cases with no identified risk, an unknown exposure category, or where the exposure category was not reported.
- <sup>b</sup> "Other" includes blood/blood products, occupational exposure, cases from Alberta identified through Immigration Refugees and Citizenship Canada, and other exposure categories.

#### Race and/or ethnicity

Race and/or ethnicity information is important for monitoring the inequitable burden of disease experienced by equity seeking groups and for providing them with better care. However, the completeness of these data in HIV surveillance has historically been low, and currently quite low, with race and/or ethnicity information missing for more than half of cases in the past few years. The current review of the national HIV surveillance program, including the collection of race and/or ethnicity information, has been undertaken in an effort to modernize and strengthen surveillance to better meet the needs of data users. As part of these efforts, we are collaborating with data contributors, data users, and community-based partners to identify priorities and ensure data collection and dissemination are done safely and in ways that reduce harm to those populations most likely to be impacted.

**Race** is a social construct used to categorize people based on perceived physical differences (e.g., skin colour, facial features). While there is no scientifically accepted evidence of a biological basis for the identification and classification of discrete racial groups, ignoring race disregards the reality of injustices and social stratification within society. Disaggregating health indicators by race can therefore help us identify, monitor, and address inequalities that potentially stem from bias and racism — systemic, interpersonal, and internalized.<sup>26</sup> Race can be considered an important determinant of health that influences equity in health including the disproportionate burden of HIV in some communities, particularly Indigenous and Black communities.

**Ethnicity** is a multi-dimensional concept referring to cultural group membership; it may be connected to language, religious affiliation, or nationality, among other characteristics. Ethnicity data can be useful for tailoring culturally appropriate health services and understanding diversity.<sup>26</sup>

**Racialization** is the process by which societies construct races as real, different, and unequal in ways that affect economic, political, and social life, and impose these constructions onto people.<sup>27</sup>

Black, Indigenous and other racialized persons face unique challenges in accessing and receiving quality care, stemming from a history of colonialism, systemic and structural racism, and social inequities between white vs. non-white individuals, and Indigenous vs. non-Indigenous individuals in Canada. Stigma and discrimination, a lack of trust in health care professionals, and culturally inadequate or inappropriately tailored services are known barriers to accessing appropriate HIV care among these groups.<sup>2, 28-31</sup> The collection of race and/ or ethnicity-based information is a crucial element in recognizing and understanding these disparities.<sup>26</sup> Identifying the intersection of race with other social determinants of health, such as age, gender, and socioeconomic status, race-disaggregated data can help to provide a more fulsome picture of Canada's HIV landscape and barriers to care.

"Disaggregated data is a critical tool that helps make visible the ways in which structural racism, systemic white supremacy and social exclusion both harm Indigenous and racialized peoples and sustain unearned privilege for white settlers. By collecting race and Indigenous identifiers, and ensuring they are used in a good way in partnership with [Black, Indigenous, and other racialized persons], we can take collaborative actions towards our fully realized health and wellness through evidence-based and self-determined policies, programs, and services."

 Dr. Danièle Behn Smith, Deputy Provincial Health Officer, Indigenous Health, Ministry of Health, Government of British Columbia<sup>26</sup>

The disproportionate, increased burden of HIV on racialized communities has been further demonstrated by reported impacts of the COVID-19 pandemic on access to health services. This was highlighted through surveys conducted by PHAC about the impacts of the COVID-19 pandemic on health service providers' ability to provide services and the impact of the pandemic on access to services for people from communities disproportionately impacted by HIV- Indigenous individuals, African, Caribbean and Black (ACB) individuals, and people who use drugs, including alcohol (PWUD).

Concerning access to support and treatment for people living with HIV (PLHIV): 20.6% of responding providers reported a strong decrease in their ability to provide services. More than half of these providers provided Indigenous health or healing practice services.<sup>7</sup> Among ACB individuals living with HIV in Canada, 38% of respondents reported experiencing challenges accessing an HIV care provider or clinic.<sup>30</sup> There was a noted increase experience, among ACB respondents, of in financial or food insecurity, domestic violence, substance use, and discrimination over the course of the COVID-19 pandemic, all of which have been linked to vulnerability to HIV infection.<sup>30</sup> This indicates that ACB communities are shouldering an even heavier HIV burden since the start of the COVID-19 pandemic.

Previously, race and/or ethnicity information were submitted by all provinces and territories (PTs) except Quebec and British Columbia. In 2021 Manitoba also excluded race and/ or ethnicity information from their data submission. Completeness of the data submitted varies significantly across provinces and territories. In 2021, Quebec provided first-time diagnosis case information from 2012-2021, and as such, their case counts for 2012-2021 includes only first-time diagnoses instead of all cases as in previous years. Due to this update in historical data, the proportion of completeness reported in previous years has changed. In 2020, race and/or ethnicity information was available for only 44.6% of all cases submitted to PHAC, and in 2021 the proportion of complete data for race and/or ethnicity information was 45.3% (**Table 2**). **Table 2:** Proportion complete of the race and/or ethnicity information in the HASS National Dataset, Canada, 2012 to 2021<sup>a, b</sup>

HIV diagnosis year	Percent completeness (%)
2012	55.8
2013	53.8
2014	53.6
2015	56.0
2016	56.1
2017	57.0
2018	54.2
2019	49.6
2020	44.6
2021	45.3

Refer to <u>Appendix 2</u> for details on race/ethnicity categories reported by provinces and territories.

- <sup>a</sup> Race and/or ethnicity information was not routinely submitted by British Columbia prior to 2021 and it is not submitted by Quebec; Manitoba did not submit race and/or ethnicity information in 2021. The type of data that other provinces/territories submit varies considerably, with several provinces/territories only submitting a subset of the categories that are included in the tables and figures and with a varying degrees of completeness. **Interpret data with caution**.
- <sup>b</sup> Prior to 2021, Quebec submitted only data for all HIV diagnoses, with no capacity to separate out previous diagnoses from first-time diagnoses. In 2021, Quebec submitted aggregate historical data about first-time diagnoses and previous diagnoses for 2012-2021. Due to the update in historical data, data completeness proportions for previous years have changed and will not match those published in earlier reports (e.g., completeness for 2020 was reported as 36.1% in the HIV in Canada: Surveillance Report to December 31, 2020).

Current reporting practices for race and/or ethnicity information, such as reporting categories, vary and are limited in some PTs. As such, findings should be interpreted with **caution** since a substantial portion of race and/or ethnicity information is missing or not reported. This missingness is not random, so the available data is likely not representative of the true national picture of race and/or ethnicity among HIV cases in Canada. Refer to <u>Appendix 2</u> for additional details on the race and/or ethnicity categories reported by provinces and territories.

In 2021, of all cases (n = 1,466), 17.3% were reported as white, 10.8% were reported as Indigenous (First Nations, Inuit, Métis, or Indigenous-not otherwise specified), and 6.9% as Black. The distribution of cases across race and/or ethnicity categories varied based on sex. Among males, the highest proportion of cases was reported among white males (21.2%), followed by Indigenous males (7.6%). Comparatively, in females, the highest proportion of cases was reported among ludigenous females (19.5%), followed by Black females (8.6%) (**Table 3** – All Cases, **Figure 8a**).

Among cases where race and/or ethnicity was reported (n = 664), the proportions need to be interpreted carefully as they represent only the cases where race and/or ethnicity was identified, for 2021. 38.3% of cases were reported as white, Indigenous (First Nations, Inuit, Métis, or Indigenous-not otherwise specified) people accounted for 23.9% of cases, and 15.4% were reported as Black. Among males, the highest proportion of cases was reported among white males (44.6%), followed by Indigenous males (16.1%). Comparatively, in females, the highest proportion of cases was reported among Indigenous females (47.9%), followed by Black females (21.2%) (**Table 3** – Subset of Cases, **Figure 8b**).

Research and local public health surveillance data have revealed that racialized communities are disproportionately affected by HIV, yet low availability of race and/or ethnicity information collected through the HASS limits the ability to produce this evidence at the national level. From November 2022 to March 2023, a collaborative effort with community members led

to the establishment of a Black Expert Working Group, which will provide advice to HASS and contribute to the co-development and implementation of strategies to improve the completeness of the race and/or ethnicity variable. The goals are to: 1) help inform and support how PTs collect this data (depending on the needs of particular PTs); 2) rebuild trust by demonstrating PHAC's commitment to pursuing the development of anti-racist and decolonial approaches, in partnership with PTs and community groups, leading to greater confidence among PTs that data they share with PHAC will be used appropriately; 3) result in the availability of more complete, quality data, which will in turn inform the development of better research evidence and more appropriately tailored prevention programs. HASS is currently exploring an approach to similarly engage Indigenous organizations.

	All cases						Subset of cases with race and/or ethnicity reported <sup>a</sup>					
	Male		Female		Total <sup>b</sup>		Male		Female		Total <sup>b</sup>	
Race and/or ethnicity	n	%	n	%	n	%	n	%	n	%	n	%
Indigenous	80	7.6	79	19.5	159	10.8	80	16.1	79	47.9	159	23.9
a) First Nations	35	3.3	49	12.1	84	5.7	35	7.0	49	29.7	84	12.7
b) Métis	4	0.4	1	0.2	5	0.3	4	0.8	1	0.6	5	0.8
c) Inuit	1	0.1	0	0.0	1	0.1	1	0.2	0	0.0	1	0.2
d) Indigenous, not otherwise specified	40	3.8	29	7.1	69	4.7	40	8.0	29	17.6	69	10.4
South Asian/West Asian/Arab	30	2.9	7	1.7	37	2.5	30	6.0	7	4.2	37	5.6
Asian	46	4.4	3	0.7	49	3.3	46	9.2	3	1.8	49	7.4
Black	67	6.4	35	8.6	102	7.0	67	13.5	35	21.2	102	15.4
Latin American	42	4.0	5	1.2	48	3.3	42	8.4	5	3.0	48	7.2
White	222	21.2	32	7.9	254	17.3	222	44.6	32	19.4	254	38.3
Another race and/or ethnicity	11	1.0	4	1.0	15	1.0	11	2.2	4	2.4	15	2.3
Subtotal	498	47.5	165	40.6	664	45.3	498	n/a	165	n/a	664	n/a
Not reported	551	52.5	241	59.4	802	54.7	551	n/a	241	n/a	802	n/a
Total	1,049	n/a	406	n/a	1,466	n/a	1,049	n/a	406	n/a	1,466	n/a

**Table 3:** Number and percentage distribution of first-time HIV cases, by sex and race and/or ethnicity, Canada, 2021<sup>a, b, c, d, e</sup>

#### Abbreviations: n, number; n/a, not applicable

Refer to Appendix 2 for details on race/ethnicity categories reported by provinces and territories.

- <sup>a</sup> This subset presents proportions of the total number of cases that had race and/or ethnicity reported (n=664). Cases where race and/or ethnicity was not reported were excluded from the totals used to calculate these proportions.
- <sup>b</sup> Total cases includes those reported as transgender, and cases where sex was not reported, whereas "male" and "female" columns exclude these cases.
- <sup>c</sup> Race and/or ethnicity information is not submitted by Québec and Manitoba. The type of data that other provinces/territories submit varies considerably, with several provinces/territories only submitting a subset of the categories that are included in the tables and figures and with a varying degrees of completeness. **Interpret this data with caution**.
- <sup>d</sup> Due to low completeness of race and/or ethnicity information, for each category these numbers should be considered minimum numbers and could be higher with more complete data.
- <sup>e</sup> Reporting of multiple race and/or ethnicity is determined by each province or territory.

Figure 8a: Proportions of race and/or ethnicity among all reported first-time HIV diagnoses among all reported cases (n=1466), Canada, 2021<sup>a</sup>



Refer to Appendix 2 for details on race/ethnicity categories reported by provinces and territories.

<sup>a</sup> Race and/or ethnicity information is not submitted by Québec or Manitoba; for other jurisdictions, the race and/or ethnicity categories submitted and completion rate varied, interpret data with extreme caution.

**Figure 8b:** Proportions of race and/or ethnicity among first-time HIV diagnoses where race and/or ethnicity is reported (n=664), Canada, 2021<sup>a</sup>



Refer to Appendix 2 for details on race/ethnicity categories reported by provinces and territories

<sup>a</sup> Race and/or ethnicity information is not submitted by Québec or Manitoba; for other jurisdictions, the race and/or ethnicity categories submitted and completion rate varied, interpret data with extreme caution.

# **Additional surveillance data**

#### Canadian Perinatal HIV Surveillance Program (CPHSP)

In 2021, there were 210 infants who were perinatally exposed to HIV and there were two new perinatal infections. Both infants were born to individuals who did not receive any antiretroviral therapy (ART). Since 2014, the number of perinatal *exposures* has ranged between 210 and 280 with an average of 254 perinatal exposures per year. Also, since 2014, the number of perinatal *infections* has ranged between 2 and 13 with an average of 5.6 infections per year. Although the number of perinatal exposures fluctuated yearly, there was a decrease from 253 exposures in 2014 to 210 in 2021 (**Figure 9**). The proportion of women and other pregnant people living with HIV who received any ART during pregnancy in 2021 was 98.1%, which was slightly higher than the average between 2014 and 2020 (95.5%; range 93.2% to 97.6%) (**Figure 9**). Additional results from CPHSP can be found in **Data Table 7**.

**Figure 9**: Number of perinatally HIV-exposed infants and proportion of mothers and pregnant people living with HIV who received antenatal antiretroviral therapy, by year of birth, Canada, 2014 to 2021<sup>a</sup>



#### Source: CPHSP

Abbreviations: PLHIV, People living with HIV.

<sup>a</sup> The proportion of mothers or pregnant people receiving ART excludes pregnant people with an unknown perinatal ART status. Infants born to pregnant people with an unknown perinatal ART status are included in the total number of perinatally HIV-exposed infants.
# HIV cases identified through immigration medical screening

In 2021, 865 migrant people tested positive for HIV during an immigration medical exam (IME) in Canada or abroad. This represents an increase of 16.4% from the 743 migrant people who tested positive in 2020. Out of all migrants who tested positive for HIV during the IME, the proportions of migrant people who tested positive (in 2021) prior to arrival in Canada (47.6%) and after arriving in Canada (52.4%) remained similar compared with the previous year, as there were 46.3% who tested positive outside of Canada and 53.7% who tested positive in Canada in 2020 (**Data Table 8**).

There was a total of 4,501 individuals who tested positive through an IME conducted in Canada in the last 10 years (2012-2021) with an average of 450 per year (range: 243 to 696) (**Figure 10**). Between 2012 and 2021, of the applicants who tested positive for HIV during an IME in Canada, males accounted for a higher proportion, at 58.9% (n = 2,650). Overall, for both sexes, migrants in the 30 to 39 years old age group accounted for the highest proportion of positive tests at 38.9% (n = 1,751). This is followed by the 40 to 49 years old age group at 25.7% (n = 1,158) and the 20 to 29 years old age group, 18.8% (n = 845) (**Data Table 9**).

Of the IMEs conducted in Canada between 2012 and 2021 where HIV was detected, 53.2% were completed in Ontario, followed by 25.7% conducted in Quebec, 9.2% in Alberta, and 8.5% in British Columbia. In 2021, IRCC public health notifications sent to the provinces or territories were most commonly sent to Ontario.



**Figure 10:** Number of migrants who tested positive for HIV during an immigration medical exam conducted in Canada, 2012 to 2021<sup>a, b</sup>

#### Source: IRCC

<sup>a</sup> Immigration, Refugees, and Citizenship Canada, IRCC GCMS and IMS/FOSS as of July 2022. Reproduced and distributed with the permission of Immigration, Refugees, and Citizenship Canada.

<sup>b</sup> For applicants tested in Canada, the year refers to the year of the test. For applicants tested internationally, the year refers to the year the applicant landed in Canada.

## AIDS cases

AIDS refers to the most advanced stage of disease caused by the HIV virus. A total of 64 AIDS cases were reported in 2021 (**Table 4**). Between 2012 and 2021, 1,768 AIDS cases were reported to PHAC. The number of AIDS diagnoses decreased in both males and females between 2012 and 2020 in the provinces that consistently report AIDS data to PHAC (British Columbia, New Brunswick, Nova Scotia, Ontario, and Saskatchewan). Additional AIDS data are available on the Notifiable Diseases website, <u>Notifiable Diseases Online (canada.ca)</u>. Refer to **Figure A3** (<u>Appendix 2</u>) for information on the current reporting of AIDS cases.

Over the years, AIDS reporting practices have changed and a noted decrease in AIDS reporting since 2012 may partially be due to reduced reporting by PT public health authorities. Recently, there has been a shift away from reporting AIDS as a separate diagnosis toward categorizing it as a stage of HIV infection. The stages of HIV infection are determined by CD4 count (an indicator of immune system health) and/or the presence of AIDS defining conditions, such as recurring pneumonia. This method of HIV surveillance has already been implemented in some provinces and territories, as well as in other jurisdictions internationally. For future reporting, HASS will consult with PTs on moving toward reporting HIV staging data rather than AIDS diagnoses exclusively.

Year of diagnosis	Males	Females	Total
2012	205	46	263
2013	184	63	263
2014	179	48	243
2015	162	49	212
2016	138	52	193
2017	119	38	158
2018	110	28	139
2019	84	23	107
2020	87	39	126
2021	52	12	64
Total	1320	398	1768

**Table 4:** Number of AIDS cases (all ages), by sex and year of diagnosis, from reporting Canadian provinces and territories, 2012 to 2021<sup>a, b</sup>

<sup>a</sup> Total cases includes those reported as transgender, and cases where sex was not reported, whereas "male" and "female" columns exclude these cases.

<sup>b</sup> AIDS reporting practices by PT authorities have changed over time, refer to <u>Appendix 2</u>.

### **HIV mortality**

Based on available Vital Statistics death data from Statistics Canada (SC), there were 1,469 deaths attributed to HIV in Canada between 2013 and 2021. While the number of HIV-attributed deaths has decreased from 241 in 2013 to 105 in 2019, it increased to 136 in 2020 and remained relatively at stable at 133 in 2021. Among those aged 15 years and older, 77.0% (n = 1,131) of the HIV-attributed deaths were in males. Although the number of deaths in both males and females decreased since 2013, the proportion of deaths in females compared with males decreased from 21.6% (n=52) in 2013 to 18.4% (n=25) in 2020 and then increased to 19.5% (n=26) in 2021. (**Table 5** and **Table 6**). The proportion of deaths among those aged 50 years or older when compared with younger age groups has increased from 57.3% (n=138) in 2013 to 66.2% (n=90) in 2020, followed by a slight decrease to 61.7% (n=82) in 2021.

**Table 5:** Number of deaths attributed to HIV infection, by age at death and sex, Canada, 2013 to2021

	Ma	les	Fem	ales	Total
Age group	n	%	n	%	n
Under 15 years	0	0	1	100	1
15 years and older	1,131	77.0	337	23.0	1,468
Total	1,131	77.0	338	23.0	1,469

Source: SC Abbreviations: n, number

Table 6: Number of deaths attributed to HIV infection (≥ 15 years), by sex, Canada, 2013 to 2021<sup>a</sup>

Year of death	Males	Females	Total
2013	189	52	241
2014	149	56	205
2015	131	59	190
2016	134	40	174
2017	117	25	142
2018	112	30	142
2019 <sup>a</sup>	81	24	105
2020 <sup>a</sup>	111	25	136
2021ª	107	26	133
Total	1,131	337	1,468

#### Source: SC

<sup>a</sup> Due to improvements in methodology and timeliness by Statistics Canada, the duration of data collection has been shortened compared to previous years. As a result, there may have been fewer deaths captured by the time of the release of the CVSD data. The 2019, 2020 and 2021 data should be considered preliminary.

	20	13	20	14	20	15	20	16	20	17	20	18	20	19	20	20	20	21
Age group	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%
< 15 years	0	0	0	0	0	0	1	0.6	0	0	0	0	0	0	0	0	0	0
15 to 19 years	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20 to 29 years	6	2.5	3	1.5	2	1.1	5	2.9	5	3.5	2	1.4	2	1.9	2	1.5	4	3.0
30 to 39 years	27	11.2	27	13.2	18	9.5	23	13.1	11	7.7	19	13.4	11	10.5	15	11.0	13	9.8
40 to 49 years	70	29.0	68	33.2	56	29.5	40	22.9	24	16.9	31	21.8	25	23.8	29	21.3	34	25.6
≥ 50 years	138	57.3	107	52.2	114	60.0	106	60.6	102	71.8	90	63.4	67	64.4	90	66.2	82	61.7
Total	241	n/a	205	n/a	190	n/a	175	n/a	142	n/a	142	n/a	105	n/a	136	n/a	133	n/a

### Table 7: Number of deaths attributed to HIV infection by age group, Canada, 2013 to 2021

Source: SC Abbreviations: n, number

## Discussion

In 2021, 1,466 first-time HIV diagnoses were reported in Canada. While there has been some fluctuation over the last decade, there was a notable decrease in the HIV diagnosis rate in 2020 compared with previous years (4.7 per 100,000 in 2019 vs. 3.5 per 100,000 in 2020). This was likely partly due to reduced access to testing services for sexually transmitted and blood-borne infections (STBBI) during the COVID-19 pandemic and a change in national HIV surveillance practices to focus solely on first-time diagnoses starting in 2020. In 2021, a slight "rebound" in the number of first-time HIV diagnoses and in the HIV diagnosis rate was observed (10.9% increase in first-time diagnoses compared with 2020), with the overall rate increasing to 3.8 per 100,000 population from 3.5 per 100,000 in 2020. There were increases for male and female rates, corresponding to the overall trend.

The challenge in accurately reporting and interpreting trends in HIV diagnoses when there is movement of people within a country or individuals diagnosed prior to migrating was previously identified in Canada and in other countries.<sup>19, 32</sup> In 2019, the Public Health Agency of Canada (PHAC) conducted an environmental scan examining how first-time diagnoses and previously diagnosed cases of HIV were reported to PHAC by the provinces and territories (PTs).<sup>19</sup> This was done in an effort to better understand a noted variation in HIV case reporting between PTs. The study included a re-analysis of HIV surveillance data using a common definition of previous HIV-positive test result. With the removal of these previously diagnosed cases, PHAC was able to identify that more than half of the documented increase in cases from 2007 to 2017 was explained by the inclusion of these previously diagnosed cases. As a result, in 2020, the national HIV/AIDS Surveillance System (HASS) moved to surveillance methodology focusing on first-time diagnoses to more accurately represent annual trends in HIV diagnoses in Canada.<sup>19</sup> Starting in 2021, HIV surveillance data from all PTs differentiate previously diagnosed cases from new HIV diagnoses. However, not all jurisdictions were able to consistently provide information on previously diagnosed cases for years prior to 2020 (Appendix 2), and as a result, some previously diagnosed cases may remain in the national dataset for years prior to 2020. These reported trends should be interpreted with caution.

To better understand the impact of the COVID-19 pandemic on access to or delivery of STBBIrelated services, PHAC's Enhanced Surveillance of HIV and Hepatitis C program (also known as Tracks) conducted surveys among STBBI service providers; African, Caribbean, and Black people (ACB); and people who use drugs (PWUD). When asked about HIV testing services, 43.9% of service providers indicated that access to HIV testing services decreased at some point in time during the pandemic, and 30.8% stopped providing these services at some point in time during the pandemic.<sup>7</sup> This lack of available services while public health measures to prevent transmission of COVID-19 were in place impacted populations who already faced health inequities. Among ACB people and PWUD respondents who attempted to access HIV testing, 40.5% and 49.5% reported difficulties accessing the service, respectively.<sup>30, 33</sup> These populations also reported difficulties accessing other health services when they sought them, including mental health counselling, community services, STBBI information and education, interpreter and/or peer health service navigator, and pre-exposure prophylaxis (PrEP) and/or post-exposure prophylaxis (PEP).<sup>30, 33</sup> Respondents of the PWUD survey also specifically reported difficulties in accessing Indigenous health and healing services, and harm reduction services.<sup>33</sup> Both ACB and PWUD respondents reported increased experiences

of stigma and discrimination during the pandemic, identifying these as barriers to accessing healthcare services.<sup>30, 33</sup> Those who indicated that they used drugs, inclusive of alcohol or cannabis, and experienced discrimination 'often' prior to the pandemic reported the greatest increase in experiences of stigma and discrimination following the start of the pandemic.<sup>33</sup> For ACB people, 66.4% of those who accessed care since the start of the pandemic reported experiencing discrimination based on race, ethnicity, or skin colour, and among those, 31.2% reported an increase in this experience since the start of the pandemic.<sup>30</sup> The findings of these surveys demonstrate some of the pandemic-related disruptions in access to STBBI prevention, testing, treatment, and care services. These health service disruptions that occurred in 2020, followed by gradually renewed access in 2021 as the pandemic progressed and as restrictions were lifted, may explain, in part, the decline in new HIV diagnoses in 2020 and the increase in 2021.

The observed decline in HIV diagnoses in 2020 and the subsequent increase in 2021 are consistent with the pattern observed in other countries. A similar pattern was reported in the United Kingdom (UK), with cases dropping from 4,017 in 2019 to 2,673 in 2020, followed by a slight increase to 2,692 in 2021.<sup>34</sup> The United States reported a 17% decrease in HIV diagnoses in 2020, with the overall rate dropping to 9.2 per 100,000 in 2020 from 11.1 per 100,000 in 2019.<sup>35</sup> It was noted that this decrease was likely due to disruptions in clinical care services, hesitancy in accessing these services, and shortages of HIV testing materials that resulted from the COVID-19 pandemic.

When compared with international counterparts with comparable HIV surveillance systems, Canada's HIV diagnosis rate of 3.8 per 100,000 was lower than the UK, at 4.4 per 100,000<sup>36</sup>, and France, at 5.2 per 100,000<sup>36</sup> but continues to be higher than Australia (2.0 per 100,000).<sup>37</sup> All four countries report on first-time diagnoses, and all observed decreases in 2020. In 2021, Australia and France reported a continued decrease in new diagnoses<sup>36, 37</sup> and the UK rate remained constant,<sup>36</sup> whereas Canada observed an increase in cases. The UK also reported an increased number of tests and people in care in 2021, after observing a decrease in 2020.<sup>38</sup> However, subsequent years of data are needed to examine trends throughout the later stages of the pandemic and beyond.

The use of HIV preventative measures was also affected by the COVID-19 pandemic, including PrEP use. In a synthesis review of studies reporting on pandemic-era engagement in the PrEP care continuum, a majority revealed declined or discontinued PrEP uptake during the pandemic.<sup>39</sup> Many of these studies reported that PrEP uptake had declined due to lower perceived likelihood of acquiring of HIV including reduced sexual behaviours and fewer sexual partners.<sup>39</sup> A study of attendees at one clinic in Toronto found that during the first six months of the pandemic, patients were more likely to discontinue using PrEP than they were prior to the pandemic, although by the second six-month period of the pandemic.<sup>40</sup> The study did not report whether the patients who stopped using PrEP during the initial pandemic period restarted taking the medication.

The reported barriers to accessing STBBI health services and the subsequent return to more typical access may explain variations in the number of HIV tests administered over time. For example, Manitoba<sup>41</sup>, Ontario<sup>42</sup>, and British Columbia<sup>43</sup> observed a decrease in HIV testing volumes in 2020 followed by an increase in 2021. Although the impacts of these changes on HIV transmission remains unclear, evidence of an effect is emerging. A modelling study from

the United States simulated how the COVID-19 pandemic might affect HIV infections in 32 US metropolitan areas.<sup>44</sup> They estimated that prolonged barriers to care, resulting in reductions in HIV testing, PrEP use, and viral suppression would result in approximately 3089 additional HIV infections over a five-year period. These findings are consistent with a later Canadian study examining HIV transmission trends in key populations pre-public health measures, during, and post-public health measures.<sup>45</sup> The results of this study showed increased transmission associated with reduced access to health services among PWID during the initial period of COVID-19-related restrictions.

The collection of data on race and/or ethnicity and other social characteristics is a key component in recognizing disparities in access to healthcare, as well as understanding the disproportionate burden of HIV on particular populations.<sup>26</sup> Unfortunately, the proportion of cases in 2021 for which race and/or ethnicity data was available remained low at 45.3%. This low completeness is due to a variety of reasons across the provinces and territories, ranging from limited collection of this information to restrictions on the ability to submit this data to the national HIV surveillance program. In addition, there is variation in terms of how race and/ or ethnicity information is collected across the provinces and territories. This critical data gap prevents users of HIV surveillance data from accurately identifying disparities in the burden of HIV in particular populations and understanding the magnitude of prevention and care needs for those populations. One of the objectives of the review and renewal work currently being conducted by the national HIV surveillance program is to improve the collection of race-based data through ongoing collaboration with provincial, territorial, and federal data providers and in collaboration with community members, organizations, and other data users. This includes ongoing consultations with the Black Expert Working Group and endeavouring to establish similar engagements with other communities.

The male-to-male sexual contact exposure category continued to account for over half (54.2%) of all diagnoses in males, which is similar to what was observed in previous years. Although the impact of changes, due to the COVID-19 pandemic, on HIV transmission remain unclear, evidence of an effect is emerging. A study of gay, bisexual, and other men who have sex with men (gbMSM) in Vancouver found increased interruption of PrEP use between September 2020 and April 2021 when compared with a similar period prior to the pandemic.<sup>46</sup> Other studies have indicated that a key barrier to PrEP access was the requirement for in-person services, such as bloodwork, which had disproportionate effects depending on location, age, and racialization.<sup>47</sup> Regarding other exposure categories, the proportion of cases in males attributable to heterosexual contact (24.0%) has increased from 2018 to 2021. It should also be noted that the pandemic had a substantial impact on HIV prevention services, such as the 80.6% of individuals who use substances reporting difficulties in accessing harm reduction services.<sup>48</sup>

Similar to previous years, heterosexual contact (60.4%) and injection drug use (38.3%) are the most common exposure categories in females. Increases in the proportions attributable to both exposure categories from 2019-2021 may be a statistical artifact due to the removal of those diagnosed out of country from the "Other" exposure category (part of the methodological change in 2020 to first-time diagnoses).

In 2021, migration increased and even surpassed pre-pandemic levels, with Canada welcoming 406,026 migrants, over twice the number who arrived in 2020.<sup>49</sup> Similar increases were also

reported in the UK<sup>50</sup> and Australia<sup>51</sup>. A corresponding increase was observed in the number of HIV cases identified by international IMEs in Canada, which increased from 344 in 2020 to 412 in 2021. Further supporting the idea that increasing volumes were a primary driver of the increase in HIV cases identified through IMEs, IRCC noted that for IMEs conducted in Canada, the proportion of IMEs that had an HIV diagnosis actually decreased in 2021 compared with 2019 and 2020.

Perinatal transmission of HIV in Canada continues to be low, with only two perinatal infections reported for 2021. Both individuals who birthed these infants had not received treatment with any available antiretroviral regimen. The COVID-19 pandemic also had an impact on perinatal transmission. Analyses conducted by CPHSP have indicated that there was an increase in perinatal transmission, from transmissions occurring among 1.3% of exposed infants in 2015-2019 compared to 3.2% in 2020.<sup>52</sup> People who were pregnant and who had acquired HIV through injection drug use (IDU) had the greatest likelihood of perinatal transmission because of sub-optimal treatment.<sup>52</sup>

Despite advancements in prevention and treatment, HIV remains a significant health burden in Canada, with 1,469 deaths attributed to HIV between 2013 and 2021. This burden is carried disproportionately by communities experiencing other systemic barriers to equity, for example Black populations are at a significantly increased risk of death from HIV when compared with white populations - 5 times and 21 times greater among males and females respectively.53 While estimates show that Canada has achieved two of the three UNAIDS 90-90-90 targets for reducing the burden of HIV in the overall population, there remain gaps that require further intervention. As a country, Canada has not yet achieved the second 90 target, with only an estimated 87% of those diagnosed with HIV receiving treatment.<sup>6</sup> Several provinces are also still working towards reaching the diagnosis, treatment, and viral suppression targets.<sup>6</sup> Nationally, the 90-90-90 targets are not yet being met for females and for several populations who are disproportionately impacted by HIV, including First Nations, Inuit, and Métis populations and people who inject drugs.<sup>6</sup> The availability of accurate surveillance data supports regions and communities who bear a larger burden of HIV in developing and implementing programs and policies for prevention and care that are tailored to their specific needs. Interventions that address the 90-90-90 targets, such as testing, antiretroviral therapy (ART) initiation, and retention to care, have been shown to achieve results. A study conducted in British Columbia estimated that a sustained combination of these interventions would result in a 12.8% reduction in cumulative HIV incidence and a 4.7% reduction in deaths among PLHIV in that province.<sup>54</sup> As the 2030 deadline for achievement of the updated UNAIDS 95-95-95 targets approaches, accurate and complete surveillance data will allow for resources to be allocated where they will have the greatest impact, as Canada moves towards ending its HIV epidemic.14

## Strengths

This report provides an epidemiological profile of new HIV diagnoses in Canada, including a detailed view of cases among migrants to Canada, perinatal transmission, and HIV mortality. It is also the first national surveillance report to present first-time diagnoses for all thirteen provinces and territories, presenting information on these diagnoses by age, sex, exposure category, and race and/or ethnicity. More provinces and territories also updated their historical data by further identifying and excluding previously diagnosed cases from 2012 through 2019. The change in recent years to focus on first-time diagnoses allows for a clearer picture of the domestic transmission of HIV in Canada as well as better international comparisons with countries such as the UK and Australia.

## Limitations

Limitations of the surveillance report have been previously detailed<sup>5, 21, 55</sup> and they include low completeness of race and/or ethnicity information; an absence of information on, or inconsistent collection of, data elements such as gender identity; and variation in reporting previously diagnosed cases in historical data (prior to 2019).

Any interpretation and use of the race and/or ethnicity data presented in this report should be carefully considered given the low completeness of these data. The current race and/or ethnicity data is unlikely to provide an accurate representation of the national picture of race and/or ethnicity among people living with HIV, as these data are unavailable for nearly twothirds of newly diagnosed cases.

Information on trans and non-binary identities is also very limited as the current data includes only binary sex categories (male or female) without data on gender identity. In its current state, the HIV surveillance system does not reflect our changing understanding of sex, gender identity, and sexual orientation.<sup>56</sup> HASS is actively working on improving our data collection and reporting to better represent gender-diverse communities.

For 2021, the COVID-19 pandemic may have continued to have impacts on surveillance data – increased workloads for public health organizations and delays in HIV testing, data collection, and reporting. More time and data are needed to fully assess the effects of the pandemic on the HIV epidemic.

Despite all PTs being able to report on first-time diagnosed HIV cases separately from previously diagnosed cases, some provinces and territories were unable to provide this information consistently from 2012 through 2019. For this reason, all trends prior to 2020 must be interpreted with caution. De-duplication and identification of first-time diagnoses is conducted at the PT level and due to the challenges of de-duplication and limitations in PT systems, it is possible that there may still be some duplicates or previous positive cases remaining in the data. It is expected that there will be a gradual improvement through the removal of previously diagnosed cases from the national dataset over time. This report only

presents diagnosis data, which does not represent the true number of new HIV infections (incidence) or total number of people living with HIV (prevalence) in Canada in 2021. Data included in this surveillance report should also be considered provisional, as national surveillance data are updated annually. If discrepancies exist between data summarized in this report and provincial or territorial reports, the most recent provincial or territorial report should be utilized.

## Conclusion

The number and rate of first-time HIV diagnoses in Canada increased in 2021 compared with 2020, but they have not returned to the rates observed prior to the COVID-19 pandemic. The increase observed in 2021 may be partially explained by renewed access to HIV testing. It remains unknown how the COVID-19 pandemic and its lasting effects will impact the epidemiology of HIV in future years. HIV surveillance data assists in monitoring progress against the pan-Canadian STBBI Framework and the associated Government of Canada Five-Year Action Plan on STBBI, along with Canada's progress towards the international elimination targets (the 95-95-95s). Trends in domestic diagnoses can be used to inform the provision of tailored prevention programs. PHAC will continue to collaborate with provinces, territories, and other surveillance partners to make improvements to better meet HIV surveillance evidence needs and make progress towards embedding community perspectives and producing more culturally appropriate and useful knowledge translation products.

# Data tables

**Data Table 1:** Number of first-time diagnoses of HIV and diagnosis rates overall, by sex and year, Canada, 2012 to 2021<sup>a</sup>

Year of Diagnosis	Overall Diagnoses	Overall Rate per 100,000	Male Diagnoses	Male Rate per 100,000	Female Diagnoses	Female Rate per 100,000
2012	1,797	5.2	1,391	8.1	402	2.3
2013	1,838	5.2	1,458	8.4	374	2.1
2014	1,757	5.0	1,358	7.7	391	2.2
2015	1,767	4.9	1,363	7.7	400	2.2
2016	1,860	5.2	1,416	7.9	434	2.4
2017	1,819	5.0	1,413	7.8	401	2.2
2018	1,848	5.0	1,356	7.4	489	2.6
2019	1,759	4.7	1,239	6.6	513	2.7
2020	1,322	3.5	940	5.0	374	2.0
2021	1,466	3.8	1,049	5.5	406	2.1

<sup>a</sup> Excludes cases where sex was reported as transgender, or cases where sex was not reported.

**Data Table 2:** Number and rate of first-time HIV diagnoses (per 100,000 population) by province and territory, Canada, 2021<sup>a, b</sup>

Province	Number of Diagnoses	HIV Diagnosis Rate (per 100,000 population)
Alberta	179	4.0
Atlantic region	32	1.5
British Columbia	144	2.8
Manitoba	145	10.5
Ontario	485	3.3
Quebec	239	2.8
Saskatchewan	240	20.3
Territories	2	1.6

<sup>a</sup> Rates for the territories (Yukon, Nunavut, and Northwest Territories) and Atlantic region (Prince Edward Island, New Brunswick, Nova Scotia and Newfoundland and Labrador) are presented as averages. Population data source: Annual Demographic Statistics, Demography Division, Statistics Canada, July 1, 2021

<sup>b</sup> For Alberta, national reporting excludes HIV cases where the location of first-time positive has been identified as out-of-country or outside the reporting province; consequently, HIV case totals from PHAC may differ from those reported by Alberta.

	Ma	les	Females						
Age group	Number of diagnoses	Rate per 100,000	Number of diagnoses	Rate per 100,000					
Children <15 years	1	0.0	4	0.1					
15 to 19 years	12	1.1	13	1.3					
20 to 29 years	274	10.4	108	4.4					
30 to 39 years	327	12.1	133	5.0					
40 to 49 years	202	8.3	74	3.0					
≥50 years	230	3.2	71	0.9					

Data Table 3: Number and rate of first-time HIV diagnoses (per 100,000 population), by sex and age group, Canada, 2021<sup>a</sup>

Abbreviation: <, less than

<sup>a</sup> Excludes cases where sex was reported as transgender, or cases where sex was not reported.

#### Data Table 4: Number and rate of first-time HIV diagnoses (per 100,000 population) by age group and year, Canada, 2012 to 2021<sup>a, b</sup>

									Y	ear of d	liagnos	is								
Age group	20	12	20	13	20	14	20	15	20	16	20	17	20	18	20	19	20	20	20	21
	n	Rate	n	Rate	n	Rate	n	Rate	n	Rate	n	Rate								
Children <15 years	11	0.2	20	0.4	6	0.1	9	0.2	10	0.2	14	0.2	18	0.3	10	0.2	2	0.0	5	0.1
15 to 19 years	33	1.5	32	1.5	30	1.4	33	1.6	40	1.9	35	1.7	36	1.7	31	1.5	24	1.1	25	1.2
20 to 29 years	437	9.2	430	8.9	395	8.2	498	10.3	472	9.7	459	9.3	475	9.5	465	9.1	359	7.0	388	7.6
30 to 39 years	540	11.6	560	11.8	568	11.8	475	9.8	556	11.3	574	11.5	559	11.0	552	10.6	434	8.2	463	8.6
40 to 49 years	486	9.6	442	8.9	393	8.1	379	7.9	381	8.0	388	8.1	384	8.0	351	7.3	245	5.0	277	5.7
≥50 years	290	2.3	352	2.8	363	2.8	372	2.8	399	2.9	346	2.5	374	2.6	349	2.4	256	1.8	301	2.0

**Abbreviations:** n = number; <, less than;  $\geq$ , greater than or equal

<sup>a</sup> Excludes cases where age is not reported or unknown.
 <sup>b</sup> Population data source: Annual Demographic Statistics, Demography Division, Statistics Canada, July 1, 2021

									Y	ear of d	iagnos	is								
Exposure category	20	12	20	13	20	14	2015		20	16	20	17	20	18	20	19	20	20	20	21
	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Male-to-male sexual contact	823	50.6	865	51.8	796	51.0	777	48.8	801	48.5	753	46.5	715	45.0	643	43.1	451	42.0	471	39.7
Male-to-male sexual contact and injection drug use	30	1.8	44	2.6	44	2.8	46	2.9	53	3.2	35	2.2	49	3.1	49	3.3	27	2.5	44	3.7
Injection drug use	222	13.6	198	11.8	195	12.5	229	14.4	216	13.1	235	14.5	267	16.8	263	17.6	239	22.2	259	21.9
Heterosexual contact	491	30.2	492	29.4	433	27.8	478	30.0	500	30.3	514	31.7	489	30.8	453	30.4	345	32.1	400	33.8
Other <sup>c</sup>	62	3.8	72	4.3	92	5.9	61	3.8	80	4.8	83	5.1	68	4.3	84	5.6	13	1.2	11	0.9

**Data Table 5a:** Percentage distribution of first-time HIV cases among adults ( $\geq 15$  years old) by exposure category and year of diagnosis, Canada, 2012 to 2021<sup>a-c</sup>

Abbreviations: n = number

<sup>a</sup> Excludes cases with unknown exposure category, cases with no identified risk, and cases where exposure category was not reported.

<sup>b</sup> Population data source: Annual Demographic Statistics, Demography Division, Statistics Canada, July 1, 2021

<sup>c</sup> Other includes blood/blood products, perinatal, occupational exposure, IRCC/Out of Country exposure (Alberta) and other exposure categories.

Data Table 5b: Percentage distribution of first-time HIV cases among adult males (≥ 15 years old) by exposure category and year of diagnosis, Canada, 2012 to 2021<sup>a-d</sup>

									Y	ear of d	liagnos	is								
Exposure category	20	12	20	13	20	14	20	15	20	16	20	17	20	18	20	19	20	20	20	21
	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Male-to-male sexual contact	823	64.7	865	65.0	796	64.9	777	62.9	801	63.2	753	60.0	714	60.9	639	59.7	451	58.0	469	54.2
Male-to-male sexual contact and injection drug use	30	2.4	44	3.3	44	3.6	46	3.7	53	4.2	35	2.8	49	4.2	49	4.6	27	3.5	44	5.1
Injection drug use	131	10.3	123	9.2	111	9.1	133	10.8	117	9.2	142	11.3	146	12.4	127	11.9	120	15.4	138	15.9
Heterosexual contact	252	19.8	261	19.6	222	18.1	248	20.1	256	20.2	280	22.3	227	19.4	219	20.4	170	21.9	208	24.0
Other <sup>d</sup>	37	2.9	37	2.8	53	4.3	32	2.6	40	3.2	46	3.7	37	3.2	37	3.5	9	1.2	7	0.8

Abbreviations: n = number

<sup>a</sup> Excludes cases where sex was reported as transgender, or cases where sex was not reported.

<sup>b</sup> Excludes cases with unknown exposure category, cases with no identified risk, and cases where exposure category was not reported.

<sup>c</sup> Population data source: Annual Demographic Statistics, Demography Division, Statistics Canada, July 1, 2021

<sup>d</sup> Other includes blood/blood products, perinatal, occupational exposure, IRCC/Out of Country exposure (Alberta) and other exposure categories.

**Data Table 5c:** Percentage distribution of first-time HIV cases among adult females (≥ 15 years old) by exposure category and year of diagnosis, Canada, 2012 to 2021<sup>a-d</sup>

									Y	ear of d	liagnos	is								
Exposure category	20	12	20	13	20	14	2015		20	16	20	17	20	18	20	19	20	20	20	21
	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Injection drug use	91	25.6	74	21.8	82	24.8	96	27.1	99	25.9	92	25.4	121	29.2	136	32.7	119	40.2	121	38.3
Heterosexual contact	239	67.3	230	67.8	209	63.3	230	65.0	243	63.6	233	64.4	262	63.3	233	56.0	173	58.4	191	60.4
Other <sup>d</sup>	25	7.0	35	10.3	39	11.8	28	7.9	40	10.5	37	10.2	31	7.5	47	11.3	4	1.4	4	1.3

#### Abbreviations: n = number

<sup>a</sup> Excludes cases where sex was reported as transgender, or cases where sex was not reported.

<sup>b</sup> Excludes cases with unknown exposure category, cases with no identified risk, and cases where exposure category was not reported.

<sup>c</sup> Population data source: Annual Demographic Statistics, Demography Division, Statistics Canada, July 1, 2021

<sup>d</sup> Other includes blood/blood products, perinatal, occupational exposure, IRCC/Out of Country exposure (Alberta) and other exposure categories.

Age group	Male-to m con	nale sexual Itact	Male-to-n contact ar drug	nale sexual nd injection g use	Injection	drug use	Heterosex	ual contact	Oth	er <sup>d</sup>
	n %		n %		n	%	n	%	n	%
15-19 years	5	23.8	0	0.0	4	19.0	12	57.1	0	0.0
20-29 years	156	49.2	18	5.7	69	21.8	72	22.7	2	0.6
30-39 years	153	39.6	16	4.1	94	24.4	121	31.3	2	0.5
40-49 years	73	32.7	5	2.2	52	23.3	89	39.9	4	1.8
≥50 years	84	35.3	5	2.1	40	16.8	106	44.5	3	1.3

Data Table 6: Proportion of reported first-time HIV cases (≥15 years of age) by exposure category and age group, Canada, 2021<sup>a-d</sup>

**Abbreviations:** n = number; ≥, greater than or equal

<sup>a</sup> Excludes cases where age is not reported or unknown.

<sup>b</sup> Excludes cases with unknown exposure category, cases with no identified risk, and cases where exposure category was not reported.

<sup>c</sup> Population data source: Annual Demographic Statistics, Demography Division, Statistics Canada, July 1, 2021

<sup>d</sup> Other includes blood/blood products, perinatal, occupational exposure, IRCC/Out of Country exposure (Alberta) and other exposure categories.

**Data Table 7:** Number of Canadian-born, perinatally HIV-exposed infants by year of birth, current status and use of antiretroviral therapy (ART) for prophylaxis, 1984 to 2021<sup>a, b, c</sup>

					Year of	birth				
	1984- 2013	2014	2015	2016	2017	2018	2019	2020	2021	Total
No perinatal ART prophylaxis										
Confirmed living with HIV	663	5	11	5	5	5	2	2	2	700
Asymptomatic	58	3	5	3	2	3	2	1	1	78
Symptomatic	8	1	2	1	0	0	0	0	0	12
Died of AIDS	100	0	0	0	0	0	0	0	0	100
Died of other	10	0	0	0	0	0	0	0	0	10
Lost to follow-up <sup>a</sup>	206	1	4	1	3	2	0	1	1	219
Adult care <sup>b</sup>	281	0	0	0	0	0	0	0	0	281
Confirmed not living with HIV	508	5	6	10	10	6	4	4	2	555
HIV status not confirmed	26	0	0	0	0	0	0	1	0	27
Indeterminate	0	0	0	0	0	0	0	0	0	0
Lost to follow-up <sup>c</sup>	26	0	0	0	0	0	0	1	0	27
Subtotal	1197	10	17	15	15	11	6	7	4	1282
Any perinatal ART prophylaxis	·									
Confirmed living with HIV	29	1	2	0	1	2	0	2	0	37
Asymptomatic	8	0	1	0	0	0	0	0	0	9
Symptomatic	2	0	0	0	0	0	0	1	0	3
Died of AIDS	1	0	0	0	0	0	0	0	0	1
Died of other	1	0	0	0	0	0	0	0	0	1
Lost to follow-up <sup>a</sup>	11	1	1	0	1	2	0	1	0	17
Adult care <sup>b</sup>	6	0	0	0	0	0	0	0	0	6
Confirmed not living with HIV	2846	239	228	247	238	256	237	231	161	4683
HIV status not confirmed	26	0	4	3	4	9	10	10	41	107
Indeterminate	0	0	0	0	0	0	0	0	39	39
Lost to follow-up <sup>c</sup>	26	0	4	3	4	9	10	10	2	68
Subtotal	2901	240	234	250	243	267	247	243	202	4827
Perinatal ART prophylaxis exposure unknown	47	3	2	3	1	2	4	4	4	70
Total	4145	253	253	268	259	280	257	254	210	6179

Data Source: CPHSP data received March 31, 2022

Abbreviations: AIDS, Acquired Immunodeficiency Syndrome; ART, Antiretroviral Therapy

- <sup>a</sup> A child is considered to be lost to follow-up if there are no current status data for the past 3 years or for the 3 years before the child turned 18 years old.
- <sup>b</sup> These are subjects that were 18 years of age or over by the end of 2021 and transferred to adult care.
- <sup>c</sup> Also included infants that died before status was finalized.

**Data Table 8:** Number and percentage distribution of immigration applicants to Canada diagnosed with HIV as a result of an immigration medical exam (IME) by year and location of test, 2012 to 2021<sup>a, b, c</sup>

Veer	Tested in Canada <sup>a</sup>		Tested Internationally <sup>b</sup>				
rear	Number diagnosed with HIV	%¢	Number diagnosed with HIV	%c			
2012	243	63.4	140	36.6			
2013	422	67.7	201	32.3			
2014	345	67.9	163	32.1			
2015	350	63.6	200	36.4			
2016	418	55.7	333	44.3			
2017	549	65.7	286	34.3			
2018	696	67.8	330	32.2			
2019	626	52.7	562	47.3			
2020	399	53.7	344	46.3			
2021	453	52.4	412	47.6			
Total	4,501	60.2	2,971	39.8			

**Source:** Immigration, Refugees, and Citizenship Canada, IRCC GCMS and IMS/FOSS as of July 2022. Reproduced and distributed with the permission of Immigration, Refugees, and Citizenship Canada.

<sup>a</sup> For applicants tested in Canada, the year refers to the year of the test.

- <sup>b</sup> For applicants tested internationally, the year refers to the year the applicant landed in Canada.
- <sup>c</sup> Percentages refer to proportion of category among all positive HIV tests as a result of an IME reported for the particular year specified.

**Data Table 9:** Number and percentage distribution of immigration applicants to Canada diagnosed with HIV as a result of an immigration medical exam (IME) by location of test, sex, age group, and province, 2012 to 2021<sup>a, b, c, d, e, f</sup>

	<b>Tested in Ca</b> 2012-20	nada <sup>a</sup> 21	Tested Intern 2012-20	ationally 021
	Number diagnosed with HIV	%	Number diagnosed with HIV	%
Sex <sup>b</sup>				
Male	2650	58.9%	1562	55.3%
Female	1848	41.1%	1264	44.7%
Age group <sup>c</sup>				
<20	65	1.4%	178	6.3%
20-29	845	18.8%	777	27.4%
30-39	1751	38.9%	996	35.2%
40-49	1158	25.7%	504	17.8%
50+	682	15.2%	376	13.3%
Province <sup>c,d,e</sup>				
AB	415	9.2%	395	14.5%
BC	384	8.5%	308	11.3%
МВ	56	1.2%	158	5.8%
ON	2396	53.2%	963	35.4%
QC	1156	25.7%	654	24.1%
SK	54	1.2%	92	3.4%
Atlantic provinces <sup>f</sup>	39	0.9%	140	5.2%
Territories <sup>f</sup>	1	0.0%	8	0.3%

<sup>a</sup> Immigration, Refugees, and Citizenship Canada, IRCC GCMS and IMS/FOSS as of July 2021. Reproduced and distributed with the permission of Immigration, Refugees, and Citizenship Canada.

<sup>b</sup> Excludes cases where sex was reported as transgender, or cases where sex was not reported.

<sup>c</sup> Excludes cases where age is unknown or not reported.

<sup>d</sup> For applicants tested in Canada, the province refers to the province where test was conducted. For applicants tested internationally, the province refers the intended province of residence.

<sup>e</sup> Excludes cases where province is unknown or not reported.

<sup>f</sup> Due to small numbers, the data for the Atlantic provinces and Territories are aggregated.

Country	Cumulative number to 2021ª	Number reported in 2021	All ages rate per 100,000 population for 2021
North America and Australia			
Canada	89,084	1,466	3.8
United States	NR	36,087	NR
Australia	41,086	552	2.2
Western Europe			
Austria	10,648	175	2
Andorra	96	NR	NR
Belgium	33,941	781	6.8
Denmark	8,298	137	2.3
Finland	4,509	163	2.9
France	101,092	3,513	5.2
Germany	76,049	2,234	2.7
Greece	17,226	526	4.9
Iceland	505	20	5.4
Ireland	10,714	403	8
Israel	11,285	404	4.5
Italy	53,126	1,770	3.0
Luxembourg	2,035	54	8.5
Malta	712	45	8.7
Netherlands	29,707	396	2.3
Norway	6,893	102	1.9
Portugal	61,958	NR	NR
San Marino	93	0	0.0
Spain	63,515	2,785	5.9
Sweden	14,211	352	3.4
Switzerland	37,438	315	3.6
United Kingdom	171,254	2,955	4.4

#### Data Table 10: International statistics on reported HIV cases by country, 2021ª

#### Abbreviation: NR, not reported

<sup>a</sup> The cumulative number is the total number of cases reported by each country since reporting began.

#### Sources

.

- Centers for Disease Control and Prevention. Core indicators for monitoring the Ending the HIV Epidemic initiative (preliminary data): National HIV Surveillance System data reported through September 2022; and preexposure prophylaxis (PrEP) data reported through June 2022. HIV Surveillance Data Tables 2022;3(4). Published December 2022. Accessed January 16, 2023. Data are considered preliminary because they are based on only a 12-month reporting delay. Note: Data includes the United States' 6 dependent territories (American Samoa, Guam, the Northern Mariana Islands, Puerto Rico, the Republic of Palau, and the U.S. Virgin Island).
  - King, J, McManus, H, Kwon, A, Gray, R & McGregor, S 2022, HIV, viral hepatitis and sexually transmissible infections in Australia: Annual surveillance report 2022, The Kirby Institute, UNSW Sydney, Sydney, Australia.
  - European Centre for Disease Prevention and Control, WHO Regional Office for Europe. HIV/AIDS surveillance in Europe 2022 – 2021 data. Copenhagen: WHO Regional Office for Europe; 2022. Accessed January 16, 2023.

# **Supplementary tables**

Copies of the supplementary tables are available upon request. Please e-mail the HIV Surveillance Section, PHAC staff at <u>hass@phac-aspc.gc.ca</u>.

## List of supplementary tables

 Table 1: HIV diagnosis rate (per 100,000 population) by province/territory and year of diagnosis (all ages)

**Table 2**: Number of HIV cases (all ages) by province/territory, sex and year of diagnosis,Canada, 1985 to 2021

Table 3: Number of HIV cases by age group and province/territory, Canada, 2020 to 2021

Table 4: Number of HIV cases among adults (≥ 15 years old) by year of diagnosis and sex, Canada, 1985 to 2021

**Table 5**: Number of HIV cases and HIV diagnosis rate by age group, sex and year of diagnosis,Canada, 1985 to 2021

**Table 6**: Number and percentage distribution of HIV cases among adults (≥ 15 years old) by exposure category and year of diagnosis, Canada, 1985 to 2021

**Table 7**: Number and percentage distribution of HIV cases among adult males (≥ 15 years old) by exposure category and year of diagnosis, Canada, 1985 to 2021

**Table 8**: Number and percentage distribution of HIV cases among adult females (≥ 15 years old) by exposure category and year of diagnosis, Canada, 1985 to 2021

**Table 9**: Number and percentage distribution of HIV cases among adults (≥ 15 years old) by exposure category and age group, Canada, 2020 to 2021

**Table 10**: Number and percentage distribution of HIV cases among children (<15 years old) by exposure category and year of diagnosis, Canada, 1985 to 2021

**Table 11**: Number of HIV cases by exposure category and province/territory, Canada,2020 to 2021

**Table 12**: Number and percentage distribution of immigration applicants to Canada diagnosed with HIV as a result of an immigration medical exam (IME) by year, 2012 to 2021

**Table 13**: Number and percentage distribution of immigration applicants to Canada diagnosed with HIV as a result of an immigration medical exam (IME) by sex, age group, and province, 2012 to 2021

**Table 14**: Number of Canadian perinatally HIV-exposed infants by exposure category of the person who gave birth to them and year of infant birth, 1984 to 2021

**Table 15**: Number of Canadian perinatally HIV-exposed infants by year of birth, current status and use of antiretroviral therapy (ART) for prophylaxis, 1984 to 2021

 Table 16: Number of Canadian perinatally HIV-exposed infants by geographic region and status at last report, 1984 to 2021

**Table 17**: Number of Canadian perinatally HIV-exposed infants by ethnic status and HIV status,1984 to 2021

**Table 18**: Number of Canadian perinatally HIV-exposed infants by country of birth of the person who was pregnant and HIV status, 1984 to 2021

# **Appendix 1: Data contributors**

## **Provincial and territorial**

#### Alberta Health

23<sup>rd</sup> Floor ATB Place 10025 Jasper Avenue Edmonton, AB T5J 1S5

#### BC Centre for Disease Control

655 West 12th Avenue Vancouver, BC V5Z 4R4

<u>Manitoba Health</u> 4<sup>th</sup> Floor - 300 Carlton Street Winnipeg, MB R3B 3M9

#### New Brunswick Department of Health

520 King Street, HSBC Place P.O. Box 5100 Fredericton, NB E3B 6G3

#### Newfoundland and Labrador Department of

<u>Health and Community Services</u> West Block, Confederation Building P.O. Box 8700 St. John's, NL A1B 4J6

#### Northwest Territories Health and Social Services

P.O. Box 1320 8<sup>th</sup> Floor, Centre Square Tower 5022-49th Street Yellowknife, NWT X1A 2L9

#### Nova Scotia Department of Health and Wellness

Barrington Tower 1894 Barrington Street PO Box 488 Halifax NS B3J 2R8

#### Nunavut Department of Health

P.O. Box 1000, Station 1000 Iqaluit, NU X0A 0H0

#### Public Health Ontario Laboratory

661 University Avenue, Suite 1701 Toronto ON M5G 1M1

#### Public Health Ontario

661 University Avenue Toronto ON M5G 1V2

#### Prince Edward Island Department of Health and Wellness

16 Fitzroy Street, 2nd floor Charlottetown PEI C1A 7N8

#### Laboratoire de santé publique du Québec INSPQ

20045 chemin Sainte-Marie Sainte Anne de Bellevue QC H9X 3R5

### Saskatchewan Ministry of Health

3475 Albert Street, 1<sup>st</sup> floor Regina SK S4S 6X6

#### Yukon Department of Health and Social Services

4 Hospital Road Whitehorse YK Y1A 3H8

### Additional data contributors

Immigration, Refugees and Citizenship Canada 300 Slater St. Ottawa ON K1P 6A6

#### Canadian Perinatal HIV Surveillance Program

CHU Sainte-Justine Research Centre 3175, Côte-Sainte-Catherine, Room 3713 Montréal QC H3T 1C5

# **Appendix 2: Technical notes**

All provinces, with the exception of Newfoundland and Labrador, submitted line-listed data. Newfoundland and Labrador, the Northwest Territories, Nunavut and Yukon submitted data using the <u>National HIV/AIDS case report form</u>. The national case definitions for both HIV and AIDS can be found on-line: <u>Case definitions: Nationally notifiable diseases (canada.ca)</u>.

The data for HIV and AIDS are maintained in two unlinked databases. Different HIV and AIDS reporting requirements and practices exist across the country. Historically, there was also variation in reporting of first-time ever diagnoses of HIV and previous diagnoses, and all cases were referred to as 'newly reported' in previous reports. The ability to distinguish between first-time diagnoses and previously diagnosed cases varies by province and territory and by surveillance year. Please refer to 'Figure A1: Status of reporting on first-time diagnoses and previously diagnosed cases in all Canadian provinces and territories, 2012 to 2021' for more detail about the pattern of reporting among the provinces and territories on previous positive cases over the past ten years. Figure A2 presents the breakdown of all cases (first-time diagnoses over the past ten years. Figure A2 presents the breakdown of all cases (first-time diagnoses over the past ten years. Figure A3 previously diagnosed cases) in Canadian provinces and territories over the past 10 years.

Province or Territory					Ye	ear				
	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Alberta	N	N	N	N	N	N	N	N	Y	Y
British Columbia	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Manitoba	N	N	N	N	N	N	N	Y	Y	Y
New Brunswick	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Newfoundland and Labrador	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Northwest Territories	N	N	N	N	N	N	N	N	Y	Y
Nunavut	N	N	N	N	N	N	Y	Y	Y	Y
Nova Scotia	N	N	N	N	Ν	N	N	N	Y	Y
Ontario	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Prince Edward Island	N	N	N	N	N	N	N	Y	Y	Y
Québec	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Saskatchewan	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Yukon	N	N	N	N	Ν	N	N	N	Y	Y

**Figure A1:** Status of reporting on first-time diagnoses and previously diagnosed cases in all Canadian provinces and territories, 2012 to 2021

#### Legend:

Y = Yes - Case data represents first-time HIV diagnoses only;

N = No - Case data includes disaggregated out of country/out of province HIV diagnoses.



**Figure A2:** Reported HIV cases (including first-time and previously diagnosed) by year of diagnosis, Canada, 2012 to 2021 <sup>a, b, c, d, e</sup>

#### HIV Diagnosis Year

- <sup>a</sup> Out of country and out of province cases were not included in datasets from British Columbia and Ontario.
- <sup>b</sup> As of 2019, Saskatchewan reports only first-time diagnosed cases based on the year of testing, which is the reporting year for that HIV case. Previous positive cases referred from other jurisdictions outside Saskatchewan (including OOC) are captured in the SK HIV Public Health database (Panorama) but this data is not extracted or shared with PHAC.
- <sup>c</sup> Includes data on HIV cases previously diagnosed within Quebec between 2012-2016 as Quebec reported first-time diagnoses between 2012-2021 but breakdown of type of previous positives was not reported between 2012-2016.
- <sup>d</sup> The 'Previous Positives Specific Type Unknown' are previously diagnosed cases from Quebec between 2012-2016 and other provinces where the cases have been identified as previous positives, but insufficient information is available to attribute them to either OOC or OOP.
- <sup>e</sup> Cases reported as 'Previously diagnosed in province' for Quebec (2017-2021) have been excluded to correspond to case reporting in the other Provinces and Territories.

## HIV data

- Twelve of thirteen provinces and territories provided line-listed data on first-time diagnoses for 2021. Quebec provided line-listed data on all diagnoses within the province that did not separate first-time from previously diagnosed cases in 2021, however they also provided aggregate data tables for first-time diagnoses so that the data could be incorporated into the national analyses.
- Provincial and territorial public health authorities provided information on previously diagnosed cases in their data submission. These were defined as HIV cases that had evidence of a known previous HIV diagnosis in another country (Out of Country, OOC) or in another Canadian province or territory (Out of Province, OOP). The additional aggregate summary data from Quebec included previously diagnosed cases where there was insufficient information to determine if they were OOP or OOC. In this case they were classified as 'Previous Positives Specific Type Unknown' in Figure A2.
- Some Provinces and Territories were able to provide historical information on previous positive cases; however, given resource constraints faced throughout the COVID-19 pandemic, not all PTs were able to do this for this reporting cycle.
- Data within provincial and territorial public health authorities are continuously updated to remove duplicate cases and enhance the completeness of the data.
- For Alberta, in 2021, national reporting excludes HIV cases where the location of the firsttime positive has been identified as out-of-country or outside the reporting province; consequently, HIV case totals from PHAC may differ from those reported by Alberta provincial reports. This is also noted within the report.

### Race and/or ethnicity category

- Race and/or ethnicity information were submitted by all provinces and territories excluding Manitoba and Quebec. Additionally, reporting practices (such as race and/or ethnicity categories used) vary across provinces and territories and are limited in some PTs.
- New Brunswick submitted information about whether a case was First Nations or not First Nations but did not submit information about any other race and/or ethnicity category. Similarly, Saskatchewan submitted race and/or ethnicity in terms of whether a case selfdeclared as Indigenous or not, but does not collect information about any other race and/ or ethnicity category. British Columbia submitted information about race and/or ethnicity in cases who are not Indigenous.
- Among the PTs, the completeness of this variable ranged from 25.0% to 100% in 2021 (45.3% overall) and therefore should be interpreted with caution given the large amount of missing data and may not be fully representative of the national picture of race and/or ethnicity information for HIV cases.

- Further detail about the categories used in this report are:
  - Individuals reported in the South Asian/West Asian/Arab category include, for example, those of Pakistani, Sri Lankan, Bangladeshi, Armenian, Egyptian, Iranian, Lebanese, or Moroccan descent.
  - Individuals reported in the Asian category include, for example, those of Chinese, Japanese, Vietnamese, Indonesian, Laotian, Korean or Filipino descent.
  - Individuals reported in the Black category include, for example, those of Somali, Haitian
    or Jamaican descent.
  - Individuals reported in the Latin American category include, for example, those of Mexican, Central American, or South American descent.
  - Individuals reported in the 'Other' ethnicity category include those of mixed-race descent or any other racial and/or ethnic category.

### **Exposure category**

- Exposure category data were submitted by all provinces and territories; while 12 of the 13 PT public health authorities submitted exposure category information as line-listed data, Quebec submitted exposure category data in aggregate table form.
- Among the PTs, the completeness of this variable ranged from 56.6% to 100% in 2021 (81.2% overall).

## AIDS data

The AIDS surveillance database captures non-nominal data on people diagnosed with AIDS (as per the national case definition) and includes HIV diagnosis, the disease indicative of AIDS and the vital status for the AIDS case (e.g., death). Among the provinces and territories, the following changes to AIDS reporting have occurred over time, which affect the completeness of AIDS surveillance data (**Figure A3**).

From January 1, 1979, to December 31, 2021, there were 24,975 cases of AIDS reported to PHAC. Additional AIDS data is available on the Notifiable Diseases website, <u>Notifiable Diseases</u> <u>Online (canada.ca)</u>.

**Figure A3:** Status of reporting of AIDS diagnoses in all Canadian provinces and territories, 2012 to 2021<sup>a, b, c</sup>

					Ye	ear				
Province of Territory	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Alberta <sup>a</sup>	Y	Y	Y	Y	Y	Y	N	Ν	Ν	Ν
British Columbia <sup>b</sup>	Y	Y	Y	Y	Y	Y	Y	Y	Y	LAG
Manitoba <sup>c</sup>	Y	Y	Y	Y	Y	Y	N	Ν	Ν	Ν
Newfoundland and Labrador <sup>c</sup>	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
New Brunswick	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Nova Scotia	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Ontario	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Prince Edward Island <sup>c</sup>	Y	N	Ν	Ν	N	N	N	Ν	N	Ν
Québec <sup>c</sup>	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Saskatchewan	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Yukon	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Nunavut	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Northwest Territories	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y

Legend:

Y = Yes - Province reported AIDS Data;

N = No - Province does not report AIDS;

LAG - Reporting by lag-year

- <sup>a</sup> Alberta did not report AIDS data due to under reporting in 2018 and 2019. AIDS is no longer reportable in Alberta as of 2020.
- <sup>b</sup> There is a one-year lag associated with the submission of AIDS data in British Columbia (e.g. 2020 data was submitted in 2021).
- <sup>c</sup> AIDS is no longer reportable in: Manitoba as of 2018, Newfoundland and Labrador as of 2009, Prince Edward Island as of 2012, and Quebec as of June 30, 2003.

# Appendix 3: Exposure category hierarchy

Based on information submitted about behaviours, HIV/AIDS cases are assigned a single exposure category from the PHAC exposure category hierarchy corresponding to the exposure route with the highest likelihood of HIV transmission. For example, if an individual who uses injection drugs and reports heterosexual contact is diagnosed with HIV, this individual would be attributed to the 'injection drug use' exposure category as this category has a higher likelihood of HIV transmission than 'heterosexual contact'. Several limitations of using the exposure category hierarchy exists: the exposure category does not differentiate between specific behaviours and populations with an increased burden of HIV; assessment of the exposure category can vary based on both the individual's responses and the questions posed by the care provider; and the exposure category hierarchy may need to be revised considering more recent evidence regarding probabilities of HIV transmission with the assistance of surveillance partners and subject-matter experts.

The exposure hierarchy is as follows:

**Male-to-male sexual contact:** This category includes males who report sexual contact with other males. It is important to note that this is a broad category that doesn't consider that the likelihood of acquiring or transmitting HIV varies by type of sexual contact, with condomless anal sex having the greatest transmission risk.<sup>57, 58</sup>

**Male-to-male sexual contact and Injection Drug Use (IDU):** This category includes males who report sexual contact with other males and who also report injecting drugs.

Injection Drug Use (IDU): This category includes people who report injecting drugs.

#### **Blood/blood products:**

Recipient of blood/clotting factor: Before 1998, it was not possible to separate this exposure category. However, where possible, it has been separated into subcategories a and b.

- a) Recipient of blood: Received transfusion of whole blood or blood components, such as packed red cells, plasma, platelets, or cryoprecipitate.
- b) Recipient of clotting factor: Received pooled concentrates of clotting factor VIII or IX for treatment of hemophilia/coagulation disorder.

**Heterosexual contact:** This exposure applies to a person who indicated heterosexual contact and where there is no indication of male-to-male sexual contact, use of injection drugs, or a recipient of blood or clotting factor before 1998.

**Occupational exposure:** Exposure to HIV-contaminated blood or body fluids, or concentrated virus, in an occupational setting. This applies only to reported AIDS cases and not to HIV cases where the occupational exposure category is captured under "Other".

**Perinatal transmission:** The transmission of HIV from a person living with HIV to their infant, either in utero, during childbirth, or through breastfeeding.

**Other:** Used to classify cases where the mode of HIV transmission is known but cannot be classified into any of the major exposure categories listed here; for example, a recipient of semen from an HIV-positive donor. The "Other" exposure category includes cases from Alberta identified through Immigration Refugees and Citizenship Canada (for years before 2020), and also blood/clotting, perinatal, occupational exposure and other exposure categories.

**No identified risk (NIR):** Used when the history of exposure to HIV through any of the other modes listed is unknown, or there is no reported history (e.g., because of death, or loss to follow-up).

**Not reported:** In certain provinces and territories, exposure categories are not reported to PHAC and are classified as "not reported".

# **Appendix 4: Text alternative for figures**

## Figure 1: Schematic showing the data flow for first-time and previously diagnosed cases from all provinces and territories for 2021.

This flowchart breaks down HIV case data submitted by provinces and territories (PTs) for cases diagnosed in 2021. It details how data was handled to create the final national dataset that includes only first-time diagnoses.

Two data types were combined: 1) cases from PTs that reported all diagnoses with an out of country or out of province flag (OOC/OOP), with an n value of 459; 2) cases from PTs that reported only first-time diagnoses, with an n value of 1,220.

Previously diagnosed cases were excluded from the final dataset. This included 161 OOC cases from PTs that provided a flag as well as 26 OOP cases from PTs who provided a flag. There were also an additional 26 cases that were previous positives specific type unknown – where there was insufficient information available to attribute them to either OOC or OOP – that were removed.

The final national dataset consisted of only first-time diagnoses, with a final n value of 1,466.

Year of diagnosis	Overall first-time diagnoses	Overall rate per 100,000	Males rate per 100,000	Females rate per 100,000
2012	1,797	5.2	8.1	2.3
2013	1,838	5.2	8.4	2.1
2014	1,757	5.0	7.7	2.2
2015	1,767	4.9	7.7	2.2
2016	1,860	5.2	7.9	2.4
2017	1,819	5.0	7.8	2.2
2018	1,848	5.0	7.4	2.6
2019	1,759	4.7	6.6	2.7
2020	1,322	3.5	5.0	2.0
2021	1,466	3.8	5.5	2.1

## Figure 2: Number of first-time diagnoses of HIV and diagnosis rates overall, by sex and year, Canada, 2012 to 2021

Figure 3: First-time HIV diagnosis rate per 100,000 population, by province or territory, Canada, 2021

Province	First-Time HIV Diagnosis Rate (per 100,000 population)
Alberta	4.0
Atlantic Region	1.5
British Columbia	2.8
Manitoba	10.5
Ontario	3.3
Quebec	2.8
Saskatchewan	20.3
Territories	1.6

Figure 4: First-time HIV diagnosis rate per 100,000 population, by sex and age group, Canada, 2021

Age group	Male rate per 100,000	Female rate per 100,000				
Children <15 years	0.03	0.1				
15 to 19 years	1.1	1.3				
20 to 29 years	10.4	4.4				
30 to 39 years	12.1	5.0				
40 to 49 years	8.3	3.0				
≥50 years	3.2	0.9				

Figure 5: First-time HIV diagnosis rate per 100,000 population, by age group and year, Canada, 2012 to 2021

Fire	First-time diagnosis rate per 100,00 population by year of diagnosis													
Age Group	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021				
Children <15 years	0.2	0.4	0.1	0.2	0.2	0.2	0.3	0.2	0.0	0.1				
15 to 19 years	1.5	1.5	1.4	1.6	1.9	1.7	1.7	1.5	1.1	1.2				
20 to 29 years	9.2	8.9	8.2	10.3	9.7	9.3	9.5	9.1	7.0	7.6				
30 to 39 years	11.6	11.8	11.8	9.8	11.3	11.5	11.0	10.6	8.2	8.6				
40 to 49 years	9.6	8.9	8.1	7.9	8.0	8.1	8.0	7.3	5.0	5.7				
≥50 years	2.3	2.8	2.8	2.8	2.9	2.5	2.6	2.4	1.8	2.0				

Exposure category	Percentage distribution of HIV cases among males (≥ 15 years old) by year											
	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021		
Male-to-male sexual contact	64.7	65.0	64.9	62.9	63.2	60.0	60.9	59.7	58.0	54.2		
Male-to-male sexual contact and injection drug use	2.4	3.3	3.6	3.7	4.2	2.8	4.2	4.6	3.5	5.1		
Injection drug use	10.3	9.2	9.1	10.8	9.2	11.3	12.4	11.9	15.4	15.9		
Heterosexual contact	19.8	19.6	18.1	20.1	20.2	22.3	19.4	20.4	21.9	24.0		
Other	2.9	2.8	4.3	2.6	3.2	3.7	3.2	3.5	1.2	0.8		

Figure 6a: Percentage distribution of first-time HIV cases among adult males (≥ 15 years old), by exposure category and year of diagnosis, Canada, 2012 to 2021

Figure 6b: Percentage distribution of first-time HIV cases among adult females (≥ 15 years old), by exposure category and year of diagnosis, Canada, 2012 to 2021

Exposure category	Percentage distribution of HIV cases among females (≥ 15 years old) by year												
	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021			
Injection drug use	25.6	21.8	24.8	27.1	25.9	25.4	29.2	32.7	40.2	38.3			
Heterosexual contact	67.3	67.8	63.3	65.0	63.6	64.4	63.3	56.0	58.4	60.4			
Other	7.0	10.3	11.8	7.9	10.5	10.2	7.5	11.3	1.4	1.3			

## Figure 7: Proportion of reported first-time HIV cases (≥15 years of age), by exposure category and age group, Canada, 2021

	Age group						
Exposure category	15-19 years (n=25)	20-29 years (n=388)	30-39 years (n=463)	40-49 years (n=277)	≥50 years (n=301)		
Male-to-male sexual contact	23.8%	49.2%	39.6%	32.7%	35.3%		
Male-to-male sexual contact and injection drug use	0.0%	5.7%	4.1%	2.2%	2.1%		
Injection drug use	19.0%	21.8%	24.4%	23.3%	16.8%		
Heterosexual contact	57.1%	22.7%	31.3%	39.9%	44.5%		
Other	0.0%	0.6%	0.5%	1.8%	1.3%		

Figure 8a: Proportions of race and/or ethnicity among all reported first-time HIV diagnoses among all reported cases (n=1466), Canada, 2021

Race and/or ethnicity	Proportion (%)
First Nations	5.7
Métis	0.3
Inuit	0.1
Indigenous, not otherwise specified	4.7
South Asian/West Asian/Arab	2.5
Asian	3.3
Black	7.0
Latin American	3.3
White	17.3
Another race and/or ethnicity	1.0
Not reported	54.7

## Figure 8b: Proportions of race and/or ethnicity among first-time HIV diagnoses where race and/or ethnicity is reported (n=664), Canada, 2021

Race and/or ethnicity	Proportion (%)
First Nations	12.7
Métis	0.8
Inuit	0.2
Indigenous, not otherwise specified	10.4
South Asian/West Asian/Arab	5.6
Asian	7.4
Black	15.4
Latin American	7.2
White	38.3
Another race and/or ethnicity	2.3

Figure 9: Number of perinatally HIV-exposed infants and proportion of mothers and pregnant people living with HIV who received antenatal antiretroviral therapy, by year of birth, Canada, 2014 to 2021

Year of Birth	Number of Perinatally HIV-Exposed Infants	Percentage of PLHIV who are pregnant and receiving any perinatal ART (%)
2014	253	96.0
2015	253	93.2
2016	268	94.3
2017	259	94.2
2018	280	96.0
2019	257	97.6
2020	254	97.2
2021	210	98.1

Figure 10: Number of migrants who tested positive for HIV during an immigration medical exam conducted in Canada, 2012 to 2021

Year	Number diagnosed with HIV
2012	243
2013	422
2014	345
2015	350
2016	418
2017	549
2018	696
2019	626
2020	399
2021	453

	Year									
Province or territory	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Alberta	N	N	N	N	N	N	N	N	Y	Y
British Columbia	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Manitoba	N	N	N	N	N	N	N	Y	Y	Y
New Brunswick	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Newfoundland and Labrador	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Northwest Territories	N	N	N	N	N	N	N	N	Y	Y
Nova Scotia	N	N	N	N	N	N	Y	Y	Y	Y
Nunavut	N	N	N	N	N	N	N	N	Y	Y
Ontario	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Prince Edward Island	N	N	N	N	N	N	N	Y	Y	Y
Quebec	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Saskatchewan	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Yukon	N	N	N	N	N	N	N	N	Y	Y

## Figure A1: Status of reporting on first-time diagnoses and previously diagnosed cases in all Canadian provinces and territories, 2012 to 2021

**Legend**: Y = Yes – Case data represents first-time HIV diagnoses only; N = No – Case data includes disaggregated out of country/out of province HIV diagnoses.

Figure A2: Reported HIV cases (including first-time and previously diagnosed)
by year of diagnosis, Canada, 2012 to 2021

Year of diagnosis	First-time diagnoses	Out of province diagnoses	Out of country diagnoses	Previous positives specific type unknown						
2012	1,797	0	8	282						
2013	1,838	1	1	277						
2014	1,757	0	16	225						
2015	1,767	0	8	295						
2016	1,860	0	10	316						
2017	1,819	6	95	166						
2018	1,848	15	165	16						
2019	1,759	22	204	11						
2020	1,322	24	204	9						
2021	1,466	26	161	26						
	Year									
---	------	------	------	------	------	------	------	------	------	------
Province or territory	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Alberta	Y	Y	Y	Y	Y	Y	N	N	N	N
British Columbia	Y	Y	Y	Y	Y	Y	Y	Y	Y	LAG
Manitoba	Y	Y	Y	Y	Y	Y	N	N	N	N
Newfoundland and Labrador <sup>c</sup>	N	N	N	N	N	N	N	N	N	N
New Brunswick	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Nova Scotia	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Ontario	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Prince Edward Island	Y	N	N	N	N	N	N	N	N	N
Quebec	N	N	N	N	N	N	N	N	N	N
Saskatchewan	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Yukon	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Nunavut	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Northwest Territories	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y

## Figure A3: Status of reporting of AIDS diagnoses in all Canadian provinces and territories, 2012 to 2021

**Legend**: Y = Yes – Province reported AIDS Data; N = No – Province does not report AIDS; LAG = Reporting by lag-year

## References

- Joint United Nations Programme on, HIV/AIDS (UNAIDS). (2023) Global HIV & AIDS statistics – Fact sheet 2023. Available from: <u>https://www.unaids.org/sites/default/files/</u> <u>media\_asset/UNAIDS\_FactSheet\_en.pdf</u>
- 2. Laprise C and Bolster-Foucault C. (2021) Understanding barriers and facilitators to HIV testing in Canada from 2009-2019: A systematic mixed studies review. Can Commun Dis Rep. DOI: 10.14745/ccdr.v47i02a03.
- 3. Jones J, Sullivan PS and Curran JW. (2019) Progress in the HIV epidemic: Identifying goals and measuring success. PLoS Med. DOI: 10.1371/journal.pmed.1002729.
- 4. Jackson C and Tremblay G. (2019) Accelerating our response: Government of Canada five-year action plan on sexually transmitted and blood-borne infections. Canada communicable disease report. DOI: 10.14745/ccdr.v45i12a04.
- 5. Public Health Agency of Canada. (2023) HIV in Canada, Surveillance Report to December 31, 2020. Available from: <u>https://www.canada.ca/en/public-health/services/publications/diseases-conditions/hiv-canada-surveillance-report-december-31-2020.</u> <u>html#introduction</u>.
- 6. Public Health Agency of Canada. (2022) Estimates of HIV incidence, prevalence and Canada's progress on meeting the 90-90-90 HIV targets, 2020. Available from: <a href="https://www.canada.ca/en/public-health/services/publications/diseases-conditions/estimates-hiv-incidence-prevalence-canada-meeting-90-90-90-targets-2020.html">https://www.canada.ca/en/public-health/services/publications/diseases-conditions/estimates-hiv-incidence-prevalence-canada-meeting-90-90-90-targets-2020.html</a>.
- 7. Public Health Agency of Canada. (2022) National Report Findings from the Survey on the Impact of COVID-19 on the delivery of STBBI prevention, testing and treatment, including harm reduction services, in Canada. Available from: <a href="https://www.canada.ca/en/public-health/services/publications/diseases-conditions/survey-impact-covid-19-delivery-stbbi-prevention-testing-treatment.html">https://www.canada.ca/en/public-health/services/publications/diseases-conditions/survey-impact-covid-19-delivery-stbbi-prevention-testing-treatment.html</a>.
- Groseclose SL and Buckeridge DL. (2017) Public Health Surveillance Systems: Recent Advances in Their Use and Evaluation. Annu Rev Public Health. DOI: 10.1146/ annurev-publhealth-031816-044348.
- 9. Lyon D. (2022) Surveillance. Internet policy review. DOI: 10.14763/2022.4.1673.
- 10. Fleming PJ, Lopez WD, Spolum M, et al. (2021) Policing Is a Public Health Issue: The Important Role of Health Educators. Health Educ Behav. DOI: 10.1177/10901981211001010.
- 11. Public Health Agency of Canada. (2018) Reducing the health impact of sexually transmitted and blood-borne infections in Canada by 2030: A pan-Canadian STBBI framework for action. Available from: <u>https://www.canada.ca/en/public-health/services/infectiousdiseases/sexual-health-sexually-transmitted-infections/reports-publications/sexuallytransmitted-blood-borne-infections-action-framework.html.</u>

- 12. Centre for Communicable Diseases and Infection Control. (2018) A summary of the Pan-Canadian framework on sexually-transmitted and blood-borne infections. Can Commun Dis Rep. DOI: 10.14745/ccdr.v44i78a05.
- 13. Joint United Nations Programme on, HIV/AIDS (UNAIDS). (2020) Prevailing against pandemics by putting people at the centre World AIDS Day report 2020. Available from: https://aidstargets2025.unaids.org/assets/images/prevailing-against-pandemics\_en.pdf.
- 14. Joint United Nations Programme on, HIV/AIDS (UNAIDS). (2014) Fast-Track: Ending the AIDS Epidemic by 2030. Available from: <u>https://www.unaids.org/sites/default/files/media\_asset/JC2686\_WAD2014report\_en.pdf</u>.
- 15. Tarasuk J, Zhang J, Lemyre A, et al. (2020) National findings from the Tracks survey of people who inject drugs in Canada, Phase 4, 2017–2019. Canada communicable disease report. DOI: 10.14745/ccdr.v46i05a07.
- 16. Lydon-Hassen K, Jonah L, Mayotte L, et al. (2022) Summary findings from Tracks surveys implemented by First Nations in Saskatchewan and Alberta, Canada, 2018–2020. Canada communicable disease report. DOI: 10.14745/ccdr.v48i04a05.
- 17. A/C Study Research Team. (2020) A/C STUDY Community Report HIV among African, Caribbean, and Black People in Ontario. Available from: <u>https://acstudy.ca/wp-content/uploads/2021/02/A\_C\_report2020.pdf</u>.
- WHO, CDC, UNAIDS, et al. (2017) Global HIV Strategic Information Working Group Biobehavioural Survey Guidelines For Populations At Risk For HIV. Available from: <u>https://www.who.int/publications/i/item/978-92-4-151301-2</u>.
- 19. Popovic N, Yang Q, Haddad N, et al. (2019) Improving national surveillance of new HIV diagnoses. Can Commun Dis Rep. DOI: 10.14745/ccdr.v45i12a02.
- 20. Public Health Agency of Canada. (2023) Case definitions: Nationally notifiable diseases. Available from: <u>https://diseases.canada.ca/notifiable/diseases-list</u>.
- 21. Public Health Agency of Canada. (2015) HIV and AIDS in Canada Surveillance Report to December 31, 2014. Available from: <u>https://www.canada.ca/content/dam/canada/ health-canada/migration/healthy-canadians/publications/diseases-conditionsmaladies-affections/hiv-aids-surveillance-2014-vih-sida/alt/hiv-aids-surveillance-2014-vih-sida-eng.pdf.</u>
- 22. Forbes JC, Alimenti AM, Singer J, et al. (2012) A national review of vertical HIV transmission. AIDS. DOI: 10.1097/QAD.0b013e328350995c.
- 23. Immigration Refugees and Citizenship Canada. (2023) Canadian Panel Member Guide to Immigration Medical Examinations 2020. Available from: <u>https://www.canada.</u> <u>ca/en/immigration-refugees-citizenship/corporate/publications-manuals/panel-</u> <u>members-guide.html</u>.
- 24. Statistics Canada. (2020) Canadian Vital Statistics Death Database (CVSD). Available from: <u>https://www23.statcan.gc.ca/imdb/p2SV.pl?Function=getSurvey&SDDS=3233</u>.

- 25. Statistics Canada. (2021) Death and age-specific mortality rates, by selected grouped causes, Table 13-10-0392-01. Available from: <u>https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310039201</u>.
- 26. Canadian Institute for Health Information. (2022) Guidance on the Use of Standards for Race-Based and Indigenous Identity Data Collection and Health Reporting in Canada. Available from: <u>https://www.cihi.ca/sites/default/files/document/guidance-andstandards-for-race-based-and-indigenous-identity-data-en.pdf</u>.
- 27. British Columbia's Office of the Human Rights Commissioner. (2020) Racialization. Available from: <u>https://bchumanrights.ca/glossary/racialization/</u>.
- 28. Loutfy MR, Logie CH, Zhang Y, et al. (2012) Gender and Ethnicity Differences in HIV-related Stigma Experienced by People Living with HIV in Ontario, Canada. PLOS ONE. DOI: 10.1371/ journal.pone.0048168.
- 29. Woodgate RL, Zurba M, Tennent P, et al. (2017) "People try and label me as someone I'm not": The social ecology of Indigenous people living with HIV, stigma, and discrimination in Manitoba, Canada. Soc Sci Med. DOI: 10.1016/j.socscimed.2017.10.002.
- 30. Public Health Agency of Canada. (2022) National Report Findings from the Survey on the Impact of COVID-19 on access to STBBI-related services, including harm reduction services, for African, Caribbean and Black people in Canada. Available from: <u>https://www. canada.ca/en/public-health/services/publications/diseases-conditions/survey-impactcovid-19-access-stbbi-harm-reduction-services-african-caribbean-black-people.html.</u>
- 31. Antabe R, Konkor I, McIntosh M, et al. (2021) "I went in there, had a bit of an issue with those folks": everyday challenges of heterosexual African, Caribbean and black (ACB) men in accessing HIV/AIDS services in London, Ontario. BMC Public Health. DOI: 10.1186/s12889-021-10321-x.
- 32. Kirby Institute. (2018) HIV in Australia: annual surveillance short report 2018. Available from: <u>https://www.kirby.unsw.edu.au/research/reports/asr2018</u>.
- 33. Public Health Agency of Canada. (2023) National Report Findings from the Survey on the Impact of COVID19 on access to STBBI-related services, including harm reduction services, for people who use drugs or alcohol in Canada. Available from: <a href="https://www.canada.ca/en/public-health/services/publications/diseases-conditions/survey-impact-covid-19-access-stbbi-services-harm-reduction-people-who-use-drugs-alcohol.html">https://www.canada.ca/en/public-health/services/publications/diseases-conditions/survey-impact-covid-19-access-stbbi-services-harm-reduction-people-who-use-drugs-alcohol.html</a>.
- 34. UK Health Security Agency. (2022) National HIV surveillance data tables to end December 2021. Version 2. Available from: <u>https://www.gov.uk/government/statistics/hiv-annual-data-tables</u>.
- 35. Centers for Disease Control and Prevention. (2023) Diagnoses of HIV Infection in the United States and Dependent Areas, 2021. HIV Surveillance Report; 34. Available from: http://www.cdc.gov/hiv/library/reports/hiv-surveillance.html.
- 36. WHO Regional Office for Europe and European Centre for Disease Prevention and Control. (2022) HIV/AIDS surveillance in Europe 2022 - 2021 data. Available from: <u>https://www.who.</u> int/europe/publications/i/item/9789289058636.

- 37. King J, McManus H, Kwon A, et al. (2022) HIV, viral hepatitis and sexually transmissible infections in Australia: Annual surveillance report 2022. Available from: <u>https://www.kirby.unsw.edu.au/sites/default/files/documents/Annual-Surveillance-Report-2022\_HIV.pdf</u>.
- 38. Lester J, Martin V, Shah A, et al. (2022) HIV testing, PrEP, new HIV diagnoses, and care outcomes for people accessing HIV services: 2022 report. The annual official statistics data release (data to end of December 2021). Available from: <u>https://www.gov.uk/ government/statistics/hiv-annual-data-tables/hiv-testing-prep-new-hiv-diagnoses-andcare-outcomes-for-people-accessing-hiv-services-2022-report#suggested-citation.</u>
- 39. Hong C. (2023) Characterizing the Impact of the COVID-19 Pandemic on HIV PrEP care: A Review and Synthesis of the Literature. AIDS Behav. DOI: 10.1007/s10461-022-03941-w.
- 40. Bachari AK, McCully J, Tsergas N, et al. (2022) EPB258 Analysis of the impact of COVID-19 pandemic on PrEP uptake in Toronto: a retrospective 18-month single-site chart review. The 24th International AIDS Conference.
- 41. Government of Manitoba, Department of Health, Performance and Oversight Division, Epidemiology and Surveillance. (2022) 2021 Annual Surveillance Update: HIV in Manitoba. Available from: <u>https://www.manitoba.ca/health/publichealth/surveillance/hivaids/docs/ dec2021.pdf</u>.
- 42. The Ontario HIV Epidemiology Surveillance Initiative (OHESI). (2023) Current Trends for HIV in Ontario. Available from: <u>https://www.ohesi.ca/</u>.
- 43. British Columbia Centre for Excellence in, HIV/AIDS and British Columbia Ministry of Health. (2022) HIV Monitoring Semi-Annual Report for British Columbia Second Quarter 2022. Available from: <u>https://stophivaids.ca/qmr/2022-Q2/#/bc</u>.
- 44. Fojo A, Wallengren E, Schnure M, et al. (2022) Potential Effects of the Coronavirus Disease 2019 (COVID-19) Pandemic on Human Immunodeficiency Virus (HIV) Transmission: A Modeling Study in 32 US Cities. Clin Infect Dis. DOI: 10.1093/cid/ciab1029.
- 45. Miller RL, McLaughlin A, Montoya V, et al. (2022) Impact of SARS-CoV-2 lockdown on expansion of HIV transmission clusters among key populations: A retrospective phylogenetic analysis. Lancet Reg Health Am. DOI: 10.1016/j.lana.2022.100369.
- 46. Sang J, Moore D, Wang L, et al. (2022) EPC 445 Examining the impacts of the COVID-19 pandemic on syndemic conditions and PrEP use among HIV among gay, bisexual and other men who have sex with men in Vancouver, Canada. The 24th International AIDS Conference.
- 47. Lazzam D, Clarke Q, Lachowksy N, et al. (2022) 227 PrEP Access in Canada During the COVID-19 Pandemic. The 31st Annual Canadian Conference on HIV / AIDS Research.
- 48. Cox J, Zhang J, Wong M, et al. (2022) PEMOD74 Impact of COVID-19 on access to sexually transmitted and blood-borne infections (STBBI) and harm reduction services for people who use drugs or alcohol in Canada. The 24th International AIDS Conference.
- 49. Statistics Canada. (2023) Table 17-10-0040-01 Estimates of the components of international migration, quarterly. Available from: <u>https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1710004001</u>.

- 50. Office for National Statistics. (2022) Long-term international migration, provisional: year ending June 2022. Available from: <u>https://www.ons.gov.uk/</u> <u>peoplepopulationandcommunity/populationandmigration/internationalmigration/bulletins/</u> <u>longterminternationalmigrationprovisional/yearendingjune2022</u>.
- 51. Australian Bureau of Statistics. (2022) Overseas Migration (Financial Year 2021-22). Available from: <u>https://www.abs.gov.au/statistics/people/population/overseas-migration/latest-release</u>.
- 52. Singer J, Bitnun A, Kakkar F, et al. (2022) 43 Canadian Perinatal HIV Surveillance Program: Assessment of the effect of the COVID-19 pandemic on access to HIV Treatment and vertical transmission. The 31st Annual Canadian Conference on HIV / AIDS Research.
- 53. Tjepkema M, Christidis T, Olaniyan T, et al. (2023) Mortality inequalities of Black adults in Canada. Health Rep. DOI: 10.25318/82-003-x202300200001-eng.
- 54. Nosyk B, Min JE, Krebs E, et al. (2018) The Cost-Effectiveness of Human Immunodeficiency Virus Testing and Treatment Engagement Initiatives in British Columbia, Canada: 2011-2013. Clin Infect Dis. DOI: 10.1093/cid/cix832.
- 55. Haddad N, Weeks A, Robert A, et al. (2021) HIV in Canada-surveillance report, 2019. Can Commun Dis Rep. DOI: 10.14745/ccdr.v47i01a11.
- 56. Hurren K, Haque S, Kwag M, et al. (2023) SEEING US AS WE ARE: Gender, Sex, & Sexual Orientation Identification in Electronic Health Records. Available from: <u>https://www.cbrc.net/seeing\_us\_as\_we\_are\_gender\_sex\_sexual\_orientation\_identification\_in\_electronic\_health\_records</u>.
- 57. Public Health Agency of Canada. (2012) HIV Transmission Risk: A Summary of the Evidence HIV. Available from: <u>https://canadacommons.ca/marc/artifacts/1196206/hiv-transmission-risk/</u>.
- 58. Loutfy M, Tyndall M, Baril J, et al. (2014) Canadian consensus statement on HIV and its transmission in the context of criminal law. Can J Infect Dis Med Microbiol. DOI: 10.1155/2014/498459.