

# WHAT UV RAYS CAN CAUSE



**Weakening of the Immune System**

**Skin Aging**

**Sunburn**

**Eye Cataracts**

**Skin Cancer**

Exposure Category	UV Index
LOW	0-2
MODERATE	3-5
HIGH	6-7
VERY HIGH	8-10
EXTREME	11+



The UV index measures the strength of the sun's rays. The higher the Index number, greater is the need to take sun safety precautions.

