

GERMS AND ANTIBIOTICS

GERMS ARE TINY LIVING THINGS THAT CAN MAKE YOU SICK. SOME ARE SO TINY THAT MILLIONS COULD FIT...

ON YOUR
PEN OR PENCIL



ON THE HEAD
OF A PIN



OR EVEN UNDER
YOUR FINGERNAIL



ANTIBIOTICS ARE MEDICATIONS USED only for bacteria. They make us feel better by killing bacteria or stopping them from multiplying.



There are many different kinds of GERMS. Some germs are called BACTERIA and some are called VIRUSES.



TO HELP REDUCE THE SPREAD OF GERMS KEEP YOUR HANDS CLEAN



BEFORE YOU EAT
OR TOUCH ANY FOOD

AFTER TOUCHING
OR FEEDING PETS
AND ANIMALS



AFTER YOU GO
TO THE BATHROOM



AFTER YOU COUGH, SNEEZE
OR BLOW YOUR NOSE



WHEN YOU COME
HOME FROM
SCHOOL OR
FROM PLAYING



MOST ear infections get better without antibiotics.

MOST colds, sore throats and the flu are caused by viruses. Antibiotics cannot treat infections caused by viruses.

Not taking your antibiotics as prescribed can lead to

**antibiotic
RESISTANCE**

ANTIBIOTIC RESISTANCE means that when you really need them, antibiotics may not work.

TO LEARN MORE, VISIT [CANADA.CA/ANTIBIOTICS](https://www.canada.ca/antibiotics)



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