

# Doing your taxes has its benefits. You may be eligible for benefit and credit payments!

Don't miss out on benefit and credit payments you may be eligible for by doing your taxes every year. You could be eligible for payments even if your income was tax-exempt or you had no income.



Canada Revenue  
Agency

Agence du revenu  
du Canada

Canada

## Benefit and credit payments you could get

Payment	How often	Helps to...	How to get it*
Canada child benefit (CCB)	Monthly	support the needs of children children under 18	Do your taxes every year <b>and</b> apply using <b>Form RC66, Canada Child Benefits Application</b> or when you register the birth of your child with your province/territory
Goods and services tax/harmonized sales tax (GST/HST) credit	July, October, January and April	offset the cost of GST or HST paid on products and services	Do your taxes every year
Advanced Canada workers benefit (includes a disability supplement if you're eligible for the disability tax credit (DTC))	July, October and January	reduce the cost of living for individuals and families who are working and earning a low income	Do your taxes every year <b>and</b> be eligible for the Canada workers benefit
Provincial and territorial benefit and credit payments	Varies	offset certain costs by province and territory (payments calculated based on your tax return)	Do your taxes every year

\* In addition to meeting the eligibility criteria

## Credits and deductions

### Disability tax credit (DTC)

Helps people with disabilities, or a supporting family member, reduce the amount of income tax they may have to pay.

DTC eligibility can help you access other federal programs, such as the child disability benefit and a registered disability savings plan.

**You can apply for the DTC even if your income was tax-exempt or you had no income.** For more information, go to [canada.ca/disability-tax-credit](https://canada.ca/disability-tax-credit)

### Northern residents deductions

You may be able to claim if you lived in a prescribed zone for a continuous period of at least six consecutive months. It can help lower your taxable income.

For more information, go to [canada.ca/taxes-northern-residents](https://canada.ca/taxes-northern-residents)

## What you need to do your taxes

### Social insurance number (SIN)

To work in Canada or access certain government programs and benefits, you need a SIN. If you do not have a SIN or have lost it, contact Service Canada at **1-866-274-6627** or go to an office near you.

### Tax slips

At the beginning of the calendar year, you should receive tax slips with the information you need to do your taxes. If they are missing, get them online in My Account or call the Canada Revenue Agency (CRA) at **1-800-959-8281**.

**Do your taxes by April 30 each year to keep getting your payments:** If you are married or in a common-law relationship, both you and your partner need to file. In Quebec, you also need to file a separate provincial tax return with Revenu Québec. Find more information at [canada.ca/taxes-get-ready](https://canada.ca/taxes-get-ready)

**“Let us help you get your benefits!”**

**Indigenous credit and benefit short return:**

You may be eligible to do your taxes using a short return form available to Indigenous Peoples. Go to [canada.ca/indigenous-peoples-short-return](https://canada.ca/indigenous-peoples-short-return)

### Protect yourself from scams

Beware of scammers pretending to be the CRA. When in doubt, call the CRA. Learn about what to expect if the CRA contacts you, go to [canada.ca/taxes-fraud-prevention](https://canada.ca/taxes-fraud-prevention)

## Need help or support?

**Jordan's Principle:** provides funding that helps with health, social and educational needs for First Nations children living in Canada. Go to [canada.ca/jordans-principle](http://canada.ca/jordans-principle)

**Inuit Child First Initiative:** ensures Inuit children have access to the essential government funded health, social and educational products, services and supports. Go to [canada.ca/supporting-inuit-children](http://canada.ca/supporting-inuit-children)

**Northern Service Centres:** provide support for individuals in the Yukon, Northwest Territories and Nunavut.

## Get more information



### Online

Before calling, check Canada.ca! You may be able to find what you need at [canada.ca/benefits-credits-in](http://canada.ca/benefits-credits-in)

To order CRA publications in alternate formats, including large print and braille, go to [canada.ca/cra-multiple-formats](http://canada.ca/cra-multiple-formats)

**Free tax help:** You may be eligible to get your tax return filed for free by a volunteer. Find out if you are eligible at [canada.ca/get-tax-help](http://canada.ca/get-tax-help)



### By phone

Questions about benefits: **1-800-387-1193**

Residents of the territories with an 867 area code: **1-866-426-1527**

General questions or to get forms: **1-800-959-8281**

TTY (teletypewriter): **1-800-665-0354**

Canada Video Relay Service (VRS): **1-800-561-6393**

Questions about social insurance numbers (SIN): **1-866-274-6627** (Service Canada)

Questions about doing taxes in Quebec: **1-800-267-6299** (Revenu Québec)