

# Living with or supporting someone living with a disability?

## Make sure you're getting your benefits and credits

Living, or caring for someone, with a physical or mental impairment can come with extra costs. The Government of Canada can help provide financial support through benefits and credit payments, deductions to lower taxes, and various programs.



Canada Revenue  
Agency

Agence du revenu  
du Canada

Canada

## Benefit and credit payments you could get

Payment	How often	Helps to...	How to get it*
Child disability benefit	Monthly	support the needs of a child under 18 who is living with a disability and is eligible for the disability tax credit (DTC)	Do your taxes every year <b>and</b> be eligible for the Canada Child Benefit (CCB)**
Advanced Canada workers benefit (includes a disability supplement if you're eligible for the DTC)	July, October, and January	reduce the cost of living for individuals and families who are working and earning a low income	Do your taxes every year <b>and</b> be eligible for the Canada workers benefit
Goods and services tax/harmonized sales tax (GST/HST) credit	July, October, January, and April	offset the cost of GST or HST paid on products and services	Do your taxes every year
Provincial and territorial benefit and credit payments	Varies	offset certain costs by province and territory (payments calculated based on your tax return)	Do your taxes every year

\* In addition to meeting the eligibility criteria

\*\* More information on the CCB: [canada.ca/canada-child-benefit](http://canada.ca/canada-child-benefit)

## The Disability Tax Credit (DTC)

Helps reduce the income tax that people with physical or mental impairments, or their supporting family members, may have to pay. Once approved, it can also help you access other federal programs.

For more information, go to [canada.ca/disability-tax-credit](https://canada.ca/disability-tax-credit)

## Deductions, credits, and programs

### Disability supports deduction

If you have certain medical expenses and an impairment.\*

### Canada caregiver credit

If you support a spouse, common-law partner or qualifying dependant with an impairment.\*

### Medical expenses tax credit

For eligible medical expenses that you or your spouse or common-law partner paid during the year.

### Multigenerational home renovation tax credit

If you created a secondary unit to allow a qualifying individual to live with a qualifying family member.

### Home Buyers' Plan

Withdraw from your registered retirement savings plans to buy or build a home for you or a related person with a disability.

### Registered disability savings plan

Helps parents and others save long-term for a person who is eligible for the DTC.

\*Impairment in physical or mental functions.

### What you need to do your taxes

#### Social insurance number (SIN)

To work in Canada or access certain government programs and benefits, you need a SIN. If you do not have a SIN or have lost it, contact Service Canada at **1-866-274-6627** or go to an office near you.

### Tax slips

At the beginning of the calendar year, you should receive tax slips with the information you need to do your taxes. If they are missing, get them online in My Account or call the Canada Revenue Agency (CRA) at **1-800-959-8281**.

**Do your taxes by April 30 each year to keep getting your payments:** If you are married or in a common-law relationship, both you and your partner need to file. In Quebec, you also need to file a separate provincial tax return with Revenu Québec. Find more information at [canada.ca/taxes-get-ready](https://canada.ca/taxes-get-ready)

### Protect yourself from scams

Beware of scammers pretending to be the CRA. When in doubt, call the CRA. Learn about what to expect if the CRA contacts you, go to [canada.ca/taxes-fraud-prevention](https://canada.ca/taxes-fraud-prevention)

## Get more information



### Online

Before calling, check Canada.ca!  
You may be able to find what you need  
at [canada.ca/benefits-credits-pd](http://canada.ca/benefits-credits-pd)

To order CRA publications in  
alternate formats, including large  
print and braille, go to  
[canada.ca/cra-multiple-formats](http://canada.ca/cra-multiple-formats)

**Free tax help:** You may be  
eligible to get your tax return  
filed for free by a volunteer.  
Find out if you are eligible at  
[canada.ca/get-tax-help](http://canada.ca/get-tax-help)



### By phone

Questions about benefits:  
**1-800-387-1193**

Residents of the territories with an  
867 area code: **1-866-426-1527**

General questions or to get forms:  
**1-800-959-8281**

TTY (teletypewriter): **1-800-665-0354**

Canada Video Relay Service (VRS):  
**1-800-561-6393**

Questions about social insurance  
numbers (SIN): **1-866-274-6627**  
(Service Canada)

Questions about doing taxes in Quebec:  
**1-800-267-6299** (Revenu Québec)

