



Staying in a shelter? Don't miss out on benefit payments.

How much could you get per year?

Canada child benefit (CCB) – up to **\$7,437** for each child under 6 and up to **\$6,275** for each child aged 6 to 17. If you have never applied for the CCB, and nobody is receiving it for the children in your care, you can apply with the information available to you. A signature from your ex-partner is **not needed**.

To apply, login to My Account or go to canada.ca/cra-forms and fill out the Canada Child Benefits Application (Form RC66).

Goods and services tax / harmonized sales tax (GST/HST) credit – up to **\$821** for a single individual with one child and up to **\$171** for each additional child in your care under the age of 19.

Disability tax credit (DTC) – eligible individuals with a disability or their supporting family member may claim **\$8,870** as a non-refundable tax credit. Persons under 18 years of age at the end of the year may also be eligible for an additional amount of up to **\$5,174**. For more information about the DTC, go to canada.ca/disability-tax-credit.

Keep getting your benefit payments

You don't have to apply for benefits and credits every year, but you must:

- **Do your taxes by April 30 each year**, even if you had no income, to continue getting your benefits. If you live in Quebec, you also have to do a provincial tax return. If you are in an abusive situation and are no longer receiving benefits because your partner has not done their taxes, contact the Canada Revenue Agency (CRA) to continue getting your payments.
- **Keep your personal information up to date**. Update your address and marital status by phone, online with My Account, or by mail using the Address Change Request form (Form RC325) and/or the Marital Status Change form (Form RC65). **You can use a shelter address if that's where you're staying.**
- **Separated from your partner?** Wait 90 consecutive days before telling the CRA. Your benefits will be recalculated based on your income only, which means you could get more money. The adjustment will start the month after your marital status changed.
- **Update your banking information for direct deposit**. If you were using a joint bank account, you may need to open a new one under your name and update your banking information with the CRA.

Need to provide proof of income to a bank or landlord?

Login to My Account and click on "Proof of income statement," or call the Tax Information Phone Service at **1-800-267-6999** to get a statement mailed to you.



Received a letter from the CRA?

You may be asked to confirm your personal information. If you are unable to get the documents due to your situation, you can send a copy of a police report, restraining order, order of protection, or a letter from the shelter confirming that you are staying there. **You will never need to contact an abusive spouse or common-law partner to provide information to the CRA.**

Do you need help?



Get your taxes done for free

If you have a modest income and a simple tax situation, you may be able to get your taxes done by a volunteer for free. To learn more, go to canada.ca/taxes-help or call the CRA. If you live in Quebec, go to revenuquebec.ca/volunteers or call Revenu Québec or the CRA.



Do your taxes online

You can do your taxes online with NETFILE-certified tax software. A variety of tax software packages and web apps are available, some of which are free. For more information, go to canada.ca/netfile.



Let someone else represent you

You can authorize someone to help manage your tax information with the CRA. For more information, go to canada.ca/taxes-representative-authorization.

Don't miss a payment!



Sign up for direct deposit

Direct deposit is a fast, convenient, and secure way to get your tax refund and benefit payments deposited into your account at a financial institution. Learn more about how to sign up at canada.ca/cra-direct-deposit.



Register for My Account

My Account lets you view and manage your income tax and benefit information online. You can also view any uncashed cheques you may have from the CRA, and if necessary, ask that a payment be re-issued. Go to canada.ca/my-cra-account.

For more information:

Online

See the benefits you may be eligible for, learn how to apply, and estimate how much you could get. Get benefits and credits for up to 10 years back. Go to: canada.ca/benefits-credits-ws

By phone

To ask about benefits

1-800-387-1193

For other questions or to get forms

1-800-959-8281

If you are calling from the 867 area code

1-866-426-1527

Revenu Québec

1-800-267-6299

Beware of scammers pretending to be the CRA. When in doubt, check your information in My Account or call the CRA. To learn what to expect if the CRA contacts you, go to canada.ca/taxes-fraud-prevention.



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