



# FACTS ABOUT HPV

(Human Papillomavirus)

## 1 HPV IS VERY COMMON

About 75% of sexually active people get HPV at some point.

## 2 HPV OFTEN HAS NO SYMPTOMS

Most infections cause no symptoms.

## 4 LOW-RISK HPV AND WARTS

Low-risk HPV types can cause genital warts but don't lead to cancer.

## 3 HPV IS CONTAGIOUS

It spreads through intimate skin-to-skin contact, not bodily fluids.

## 5 HIGH-RISK HPV AND CANCER

A high-risk type needs follow-up monitoring for cervical cell changes.

## 6 MOST HPV CLEARS ON ITS OWN

Many infections go away within one to two years without causing any issues.

## 7 HPV CAN STAY DORMANT

HPV that doesn't clear can remain for years without you knowing.

## 8 SMOKING SLOWS HPV RECOVERY

Smoking and vaping weakens the immune system, making HPV harder to clear.

## 9 HPV VACCINATION PROTECTS

The vaccine prevents new infections and is recommended for all genders.

## 10 HPV CAN AFFECT ANYONE

It can cause cervical, anal, penile, throat, and other cancers in all genders. Getting screened (tested) and vaccination lowers the risk.

CDU Contact Information