



PENTHROX™

Generic name: methoxyflurane

Use of Inhaled Vapour for Painful Procedures

Everyone experiences pain differently. For some medical procedures, over-the-counter pain relief may not be enough. Pentrox™ is one option that may help. Talk to your provider about what's right for you.

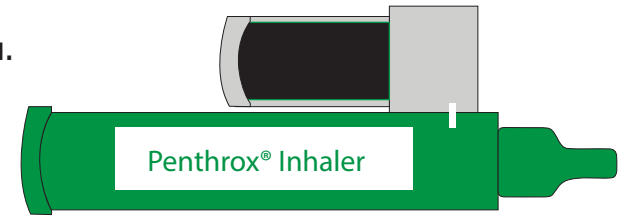
- ✓ Can be used by healthy adults between the ages of 18 and 65.
- ✓ Can be self-administered

Pentrox™ & Tylenol™
Can be used together



Pain Relief

Typically starts within 5 min
Continuous use 25-30 min
Intermittent use up to 60 min



Commonly called the "Green Whistle"

IS IT SAFE?



Approved in Australia & NZ since 1970s, Canada since 2022



Used for procedures like IUD insertions & emergency care



5.5M+ doses worldwide, very low serious side effects



Safe & effective when used as directed

SIDE EFFECTS

Possible

- dizziness
- drowsiness
- feeling sleepy
- nausea
- headache
- mood changes or trouble with memory or coordination.



Rare

Liver or kidney damage are rare, however too many doses of Pentrox™ over a short period of time carries a risk

IF YOU CHOOSE PENTROX™

- Fill prescription & store at room temp
- Arrange a ride (you may drive, but confirm with provider)
- Bring inhaler & medication in original packaging
- Avoid ibuprofen or naproxen same day (resume next day)



HOW TO USE THE GREEN WHISTLE

1. Vitals checked before starting
2. Provider prepares inhaler & guides you
3. Take slow breaths through mouthpiece
4. Inhale & exhale through inhaler (charcoal filter protects others)
5. Relief starts after 6–10 breaths
6. Continue as needed during procedure
7. You're in control—stop anytime if unwell



DO NOT USE PENTROX™ IF :

- ✗ You have trouble breathing or feel unwell
- ✗ You or family had anaesthesia reaction (e.g., malignant hyperthermia)
- ✗ You have liver/kidney disease
- ✗ You are pregnant or breastfeeding
- ✗ You take narcotics, sedatives, muscle relaxants, antihistamines, or certain antibiotics
- ✗ You drank alcohol recently
- ✗ You used Pentrox™ in the last 48 hrs or multiple times in 3 months
- ✗ You had a negative experience with Pentrox™ before



AFTER YOUR PROCEDURE

- Inhaler sealed & disposed by provider
- Vital signs checked
- Stay **15–30 min** for monitoring
- No driving or operating machinery until cleared
- Pain relief (e.g., acetaminophen) allowed after leaving
- Track Pentrox™ use & inform future clinicians

