

# be air aware

The Air Quality Health Index relates air quality to your health on a simple scale from 1 to 10+.

The higher  
the number

the higher  
the risk



1 2 3



4 5 6



7 8 9 10

+

[airhealth.ca](http://airhealth.ca)



Scan code to learn  
more about the AQHI

## Air Quality Health Index

1 2 3 4 5 6 7 8 9 10 +

Know when to be active. Protect your health!



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