

be air aware

The Air Quality Health Index relates air quality to your health on a simple scale from 1 to 10+.

The higher
the number
the higher
the risk



1 2 3



4 5 6



7 8 9 10

+

airhealth.ca



Scan code to learn more about the AQHI

Air Quality Health Index



Know when to be active. Protect your health!



Government of Canada

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