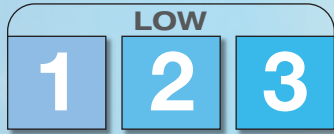


Air Quality Health Index

General Population:

Ideal air quality for outdoor activities.



At Risk Population*:

Enjoy your usual outdoor activities.

* People with heart or breathing problems are at greater risk. Follow your doctor's usual advice about exercising and managing your condition.

General Population:

No need to modify your usual outdoor activities unless you experience symptoms such as coughing and throat irritation.

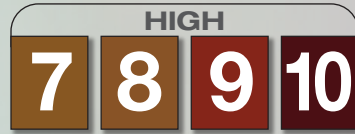


At Risk Population:

Consider reducing or rescheduling strenuous activities outdoors if you are experiencing symptoms.

General Population:

Consider reducing or rescheduling strenuous activities outdoors if you experience symptoms such as coughing and throat irritation.



At Risk Population:

Reduce or reschedule strenuous activities outdoors. Children and the elderly should also take it easy.

General Population:

Reduce or reschedule strenuous activities outdoors, especially if you experience symptoms such as coughing and throat irritation.



At Risk Population:

Avoid strenuous activities outdoors. Children and the elderly should also avoid outdoor physical exertion.

→ The higher the number, the higher the risk.