

# 5 STEPS TO BUILD YOUR FINANCIAL RESILIENCE

Anyone can be financially vulnerable, regardless of income, background, or education



**KEEP TRACK**  
of your expenses



**TAKE CONTROL**  
of your debt



**SAVE MONEY**  
for the future



**BUILD YOUR  
KNOWLEDGE**  
at the right time



**NAVIGATE**  
the financial marketplace  
with confidence



**UNDERSTAND  
YOUR FINANCES**  
to confidently face  
challenging times  
and an increasingly  
digital world

## Make change that counts!

[canada.ca/financial-literacy-month](http://canada.ca/financial-literacy-month)



Financial Consumer  
Agency of Canada

Agence de la consommation  
en matière financière du Canada

Canada