



How to advance the National Financial Literacy Strategy

Manage expenses

The aim of this building block is to enable more Canadians to keep up with their bills and credit commitments.

Actions that stakeholders can take

- Make it easy for consumers to receive reminders, automate bill payments and/or align payment dates with their pay schedule. For example, to avoid forgetting and incurring late fees and interest, consumers could select the best payment date.
- Help consumers develop a budget or spending plan to feel confident about where their money goes. Nudge consumers to regularly review their spending to monitor their progress in following their spending plan - see [FCAC Budget Planner](#).
- Engage with academics, researchers, and stakeholders to test new interventions to help people manage day-to-day expenses.



Make change that counts!
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