







Developed by the Financial Consumer Agency of Canada, the Investor Education Fund and l'Autorité des marchés financiers

## Method 2: Make a detailed budget.

This is a more accurate way of calculating your cost of living because you can project your actual income and expenses, based on your current budget.

	COLUMN A Previous Months (\$)	COLUMN B Budget (\$)	COLUMN C Actual Spending (\$)	COLUMN D Difference (B - C) (\$)		
INCOME						
Salary or benefits						
Canada Child Tax Benefit (CCTB)						
Other						
TOTAL INCOME						
BASIC EXPENSES (NEEDS)						
НОМЕ						
Rent or mortgage payment						
Property taxes/condo fees						
Home insurance						
Utilities (such as electricity, water, cable or telephone)						
Repairs and maintenance						
TRANSPORTATION						
Public transportation						
Car loan payment						
Car repairs, gas, etc.						
Car insurance/registration, etc.						

	COLUMN A Previous Months (\$)	COLUMN B Budget (\$)	COLUMN C Actual Spending (\$)	COLUMN D Difference (B - C) (\$)	
LIVING EXPENSES					
Groceries					
Child care					
Medical and dental					
Outstanding loan payments					
Basic clothing					
Life, disability and medical insurance					
Emergency fund					
Other					
OTHER EXPENSES (WANTS)					
Restaurants and entertainment					
Clothing (extra)					
Hair care					
Gifts					
Vacations					
Other					
TOTAL EXPENSES					
SAVINGS TO REACH GOALS (Total income minus total expenses)					





