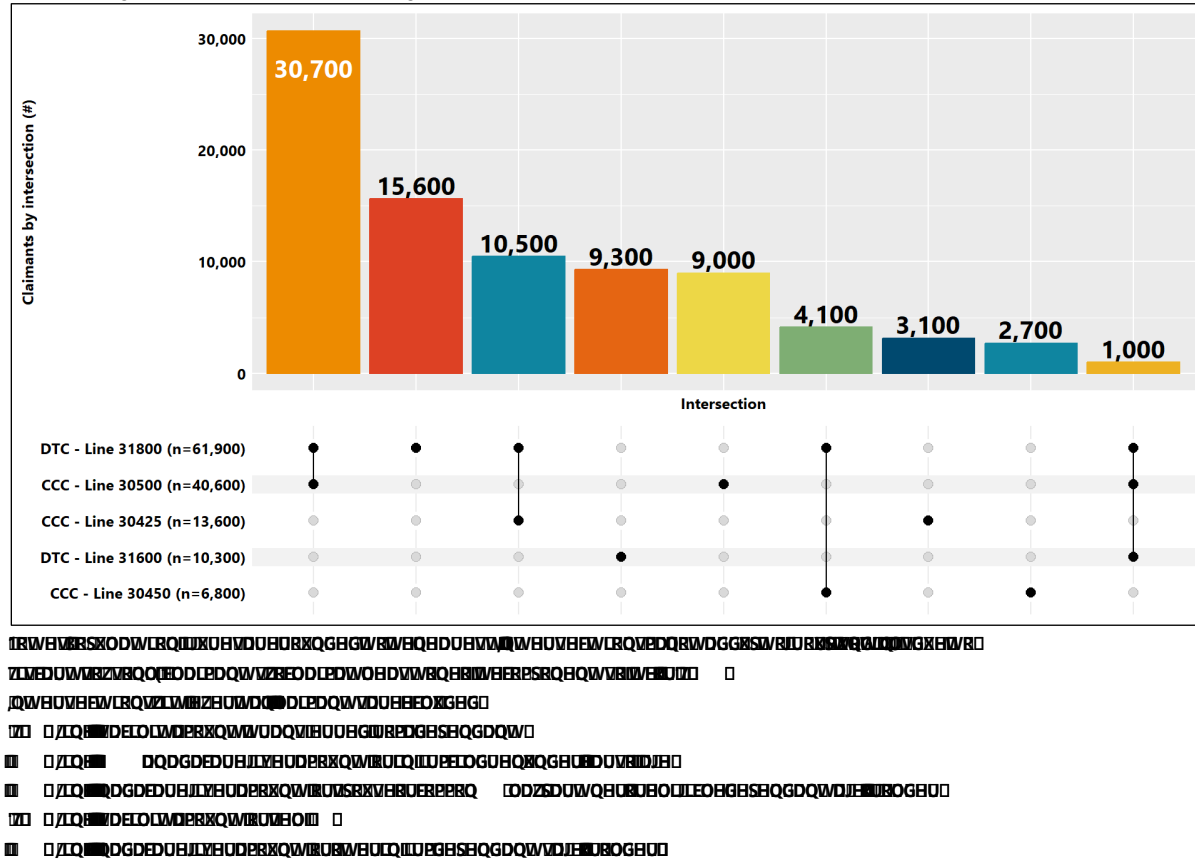


Number of EDC claimants who claim the Canada Caregiver Credit (CCC) and/or the Disability Tax Credit (DTC), by component of each tax expenditure, 2021



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BURDEN OF CARE

The burden of care is the physical, emotional, and financial strain that caregivers experience. It is a common experience for caregivers and can lead to burnout, depression, and other mental health issues. The burden of care is often underestimated and can have a significant impact on the caregiver's quality of life. It is important to recognize the burden of care and seek support when needed.

The burden of care is a complex issue that affects many caregivers. It is caused by a variety of factors, including the physical demands of caregiving, the emotional toll of caring for someone with a chronic illness or disability, and the financial strain of providing care. The burden of care can be reduced by seeking support from family, friends, and community resources. It is also important to take care of oneself and to seek professional help when needed.

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The burden of care is a significant issue for caregivers and can have a major impact on their lives. It is important to recognize the burden of care and seek support when needed. There are many resources available to help caregivers manage the burden of care, including support groups, counseling, and respite care. It is also important to take care of oneself and to seek professional help when needed. The burden of care is a complex issue that affects many caregivers and can have a major impact on their lives. It is important to recognize the burden of care and seek support when needed.

