

RADON

WHAT YOU NEED TO KNOW

WHAT IS RADON?

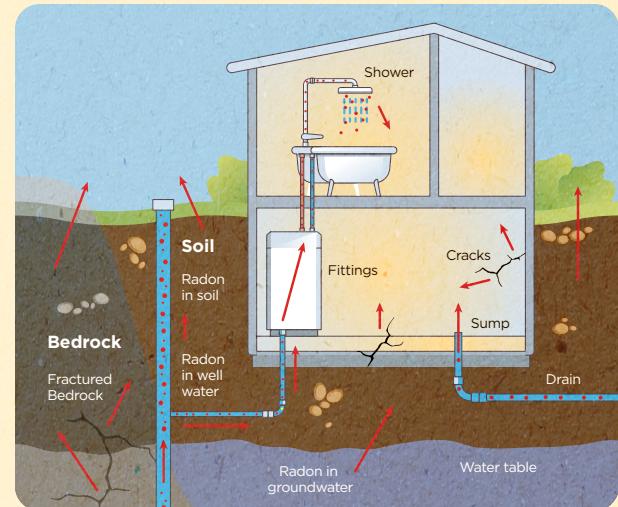
- Radon is a radioactive gas that comes from uranium in the ground that can get into your home undetected. You can't see it, smell it or taste it.
- All homes have some level of radon. The question is how much and the only way to know is to test.
- In confined spaces like a house, radon can build up to high levels and over time become a health risk.
- The current Canadian guideline for radon is 200 becquerels per cubic meter (200 Bq/m³).

WHAT ARE HEALTH RISKS?

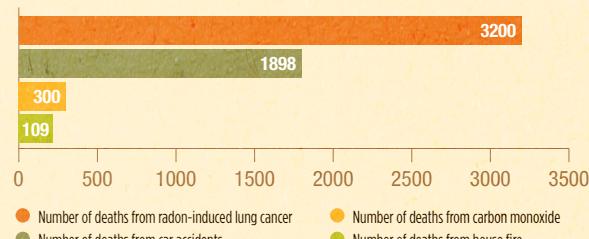
- Radon exposure is the number one cause of lung cancer in non-smokers. 16% of lung cancers are estimated to be from radon exposure, resulting more than 3,000 lung cancer deaths in Canada each year.
- People who smoke AND are exposed to radon have an even higher risk of lung cancer.
- The health risk from radon is long-term not immediate. The longer you are exposed to high levels of radon, the greater your risk.

HOW DO I TEST MY HOME FOR RADON?

- Testing for radon is easy and inexpensive.
- Testing can be done by purchasing a do-it-yourself radon test kit or by a measurement professional that is certified under the **Canadian National Radon Proficiency Program (C-NRPP)**.
- Radon levels in a home can vary significantly over time so you need to do a long term test, for 3 months, ideally during the fall or winter time.
- Go to TakeActiononRadon.ca to find a test kit or certified professional.



ANNUAL DEATHS IN CANADA



MY HOME TESTED ABOVE THE 200 BQ/M³ LIMIT, WHAT NOW?

- Techniques to lower radon levels are effective and can save lives. Radon levels can be reduced by more than 80% for about the same cost as other common home repairs such as replacing the furnace or air conditioner.
- The higher the radon level in your home, the sooner it needs to be fixed.
- Hire a certified radon mitigation professional to help you find the best way to reduce the radon level in your home. The most common radon reduction method is active soil depressurisation (ASD).
- Go to c-nrpp.ca to find a certified mitigation professional.
- 1 in 5 homes in Canada have high radon levels. The only way to know your level is to test.

For more information on radon, visit canada.ca/radon or www.takeactiononradon.ca

B R E A T H E
the lung association

TAKE
ACTION
ON RADON