ᑐᑭᓯᒋᐊᒃᑲᓐᓂᕈᒪᒍᕕᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᒥᔅᓵᓄᑦ (COVID-19):

ᒪᓕᓪᓗᒋᑦ ᐅᖃᐅᔾᔫᓯᐅᔪᑦ
ᓄᓇᔅᓯᓐᓂ

ᐋᓐᓂᐊᖅᑕᐃᓕᒪᔪᓕᕆᔨᒃᑯᓐᓄᑦ

ᐃᔩᒃᑭᒃ,
ᕿᖓᐃᑦ ᖃᓃᓪᓗ
ᐊᑦᑐᖅᑕᐅᓕᒪᓗᒋᑦ

ᐊᓃᑦᑕᐃᓕᒪᓗᑎᑦ
ᐊᐃᑦᑐᕐᓗᐃᑦᑕᖅᐱᐊᕋᕕᑦ
ᖃᓂᒪᓐᓈᓗᒻᒥᑦ
ᐊᓯᓐᓄᑦ.

ᖃᓂᒻᒪᐸᓪᓕᐊᒍᓇᖅᑐᑎᑦ
ᓄᕙᒡᔪᐊᕐᓇᖅ-19

ᐊᔅᓱᐊᓘᓐᖏᑦᑑᒐᓗᐊᖅ ᐅᕝᕙᓘᓐᓂᑦ ᐊᔅᓱᑲᓪᓚᒃ ᐅᓪᓗᓄᑦ 14 ᑭᖑᓂᖓᓐᓂ

ᓴᖅᑭᕈᓐᓇᖅᑐᖅ ᓇᔫᑎᓚᐅᖅᑎᓪᓗᑎᑦ ᐊᐃᑦᑐᐃᓇᖅᑐᒥᒃ.

ᓯᕗᓂᖓᓂ ᐅᖄᓚᓯᒪᓗᑎᑦ
ᐋᓐᓂᐊᖅᑕᐃᓕᒪᔪᓕᕆ-
ᔨᒃᑯᓐᓅᓚᐅᓐᖏᓐᓂᕐᓂᑦ.

ᐃᓐᓇᕐᓄᑦ ᐳᓚᕋᓐᖏᓪᓗᑎᑦ,
ᐅᕝᕙᓘᓐᓃᑦ
ᖃᓂᒪᒐᔪᑦᑐᓄᑦ,
ᖃᓂᒻᒪᔅᓴᕋᐃᓐᓂᖅᓴ-
ᐅᒍᓐᓇᕐᖓᑕ.

ᑎᒥᒃᑯᑦ ᐃᑉᐱᓐᓂᐊᒋᔭᑎᑦ
ᐱᐅᙱᓕᕙᓪᓕᐊᑉᐸᑕ,
ᐋᓐᓂᐊᓯᐅᖅᑎᒧᑦ
ᐅᕝᕙᓘᓐᓃᑦ

ᐋᓐᓂᐊᖅᑕᐃᓕᒪᔪᓕᕆᔨᒃᑯᓐᓄᑦ
ᐅᐸᒍᑎᑦᑕᐅᑎᒋᓗᑎᑦ,
ᒪᓕᓕᕐᓗᒋᑦ
ᖃᓄᐃᓕᐅᖁᔭᐅᓂᑎᑦ.

ᐆᑎᕐᓇᕈᕕᑦ
(ᐅᖓᑖᓄᑦ ᑕᕝᕙᓂᓪᓗᐊᕐᓘᓐᓃᑦ 38 ⁰C)

ᖁᐃᖅᓱᖃᑦᑕᕈᕕᑦ

ᐃᐱᓂᐊᕈᕕᑦ

ᖃᓂᒋᔭᖃᓗᐊᖃᑦᑕᖏᓪᓗᑎᑦ
ᐃᓄᓐᓂ ᖃᓂᒪᔪᓂᒃ
ᐊᖏᕐᕋᖅᓯᒪᓗᑎᓪᓗ
ᐊᔪᕐᓇᖏᑉᐸᑦ

ᖁᐃᖅᓯᖃᑦᑕᕐᓗᑎᑦ
ᑕᒋᐅᓪᓗᑎᓪᓗ
ᐊᐃᕐᓄᑦ
ᐊᒡᒐᓐᓅᖏᑦᑐᖅ

ᓄᓇᓕᓐᓂ ᐱᖅᑯᓯᕐᒥᑎᒍᓪᓘᓐᓃᑦ
ᐊᑐᖅᑐᓂᑦ ᑲᑎᒪᑎᑕᐅᔪᓂᑦ
ᐅᐸᒍᑎᖃᑦᑕᖏᓪᓗᑎᑦ
ᐅᖓᓯᒋᖃᑦᑕᕐᓗᒋᓪᓗ ᐃᓄᐃᑦ

(ᑕᒫᓂ 2–ᒦᑕᐸᓗᓐᓂᑦ)

ᐊᒡᒑᒃᑭᒃ ᐅᐊᓴᕐᔫᒥᖃᑦᑕᕐᓗᒋᑦ
ᐅᐊᓴᐅᑎᓕᒧᑦ ᐃᒥᕐᒧᓪᓗ
20–ᓴᑲᓐᒥᑦ

ᑐᖁᓴᐅᑎᓕᒻᒥᑦ (alcohol-based)
ᐊᒡᒐᓐᓄᑦ ᒥᐊᒐᕐᓂᑦ ᐊᑐᕐᓗᑎᑦ

ᐅᐊᓴᐅᑎᑕᓕᒻᒦᖏᒃᑯᕕᑦ
ᐃᒥᕐᒥᓪᓘᓐᓂᑦ

ᐱᓕᕆᖃᑎᒌᓪᓗᑕ, ᒪᓕᒍᓐᓇᑦᑎᐊᖅᑐᒍᑦ ᓱᐃᒃᑲᐃᓪᓕᑎᑦᑎᕚᓪᓕᕐᓗᑕ
ᓯᐊᕐᒪᐸᓪᓕᐊᓂᖓᓐᓂ ᓄᕙᒡᔪᐊᕐᓇᖅ:

1-833-784-4397 canada.ca/coronavirus

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ᓯᐊᕐᒪᑎᑦᑎᑦᑕᐃᓕᒪᖃᑕᐅᒋᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19ᒥᑦ

ᐃᑉᐱᓐᓂᐊᓇᖅᑐᑦ ᑎᒥᒃᑯᑦ ᑎᒥᒃᑯᑦ ᐃᑉᐱᓐᓂᐊᒋᔭᖃᕈᕕᑦ