

ENGLISH

# HOW TO HELP PREVENT CANNABIS POISONING IN CHILDREN

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Know the signs and what to do



**CANADA.CA/CANNABIS**



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Accidental poisonings in children from edible cannabis products are a serious risk. Hospitals have seen an increase in visits to the emergency room and poison centres have seen an increase in calls.

**Poisonings can be life-threatening, sometimes resulting in coma, being put on a ventilator, or in rare cases, even death.**

## **SUSPECT A POISONING?**

1. Call 1-844-POISON-X (1-800-463-5060 in Quebec). For emergencies, call 9-1-1 or contact your local emergency services.
2. Say that you suspect the symptoms are from cannabis. A quicker diagnosis can prevent serious harm to a child.

## **KNOW THE SIGNS OF A CANNABIS POISONING**

Symptoms can include:

- Vomiting
- Confusion
- Unresponsiveness
- Slurred speech
- Unsteadiness on feet
- Drowsiness/lethargy
- Slowed breathing
- Seizures (rare)

## **KEEP CANNABIS AWAY FROM CHILDREN**

- Safely store your cannabis out of reach and locked away.
- Keep edible cannabis separate from regular food and drinks.
- Choose legal cannabis products, which:
  - come in plain, child-resistant packaging; and
  - contain no more than 10 mg of THC per package, to reduce the risk of accidental poisoning.
- In contrast, illegal edible cannabis:
  - can confuse children by mimicking popular brands of candies and snacks; and
  - can contain very high amounts of THC, which increases the risk of severe cannabis poisoning.