

# Get the facts on the front-of-package nutrition symbol



## Why some foods don't have the symbol

Join Emily, a registered dietitian, and her client Alex on a grocery store tour as they explore why certain products are exempt from Canada's front-of-package nutrition symbol labelling regulations. This story will help you get the facts on why some foods don't have a symbol, so you can make informed choices when shopping.

### Scene 1: Grocery Store Entrance



## Scene 2: Chips



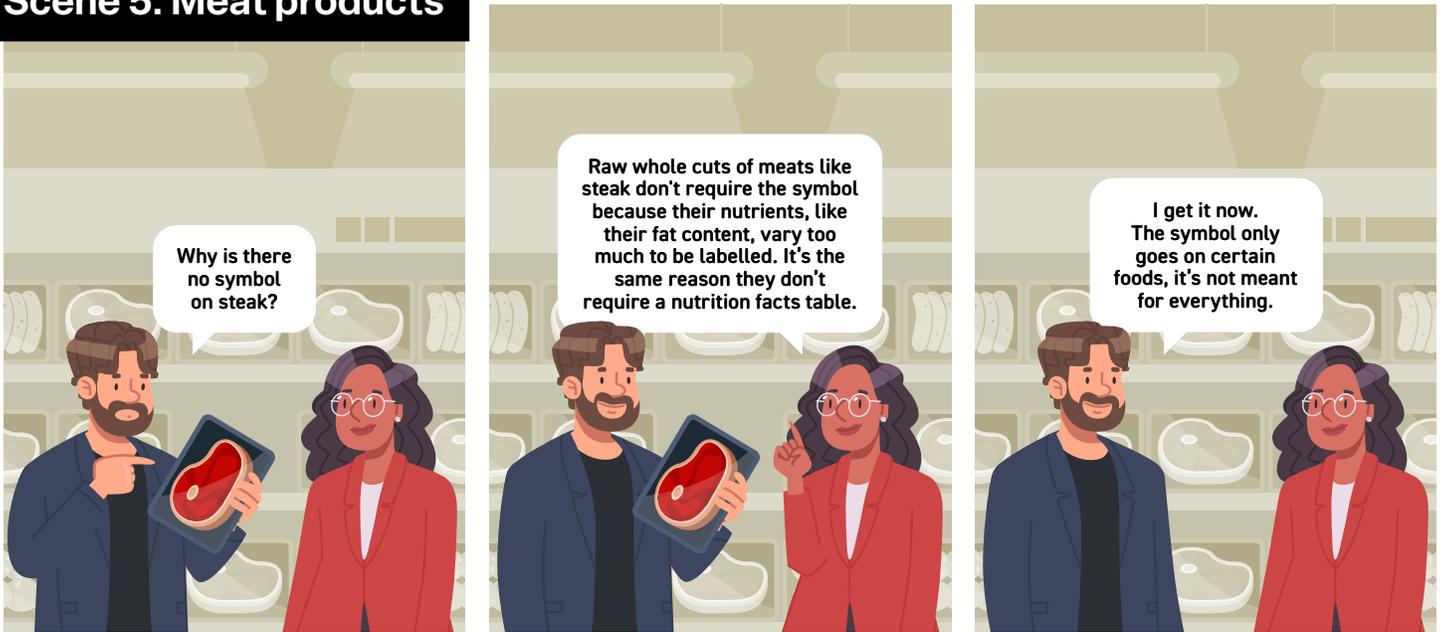
## Scene 3: Dairy products



## Scene 4: Sweetening ingredients



## Scene 5: Meat products



Learn more about the front-of-package symbol at  
[Canada.ca/front-package-labelling](https://Canada.ca/front-package-labelling)