## **KNOW THE SIGNS OF** AN OPIOID OVERDOSE.

Anyone using opioids can overdose.

Fentanyl and other dangerous substances are being mixed with other drugs.

## Signs of an Opioid Overdose



Blue lips or nails



Dizziness and confusion



Can't be woken up



Choking, gurgling or snoring sounds



Slow, weak or no breathing



Drowsiness or difficulty staying awake

## Suspect an Overdose?

**CALL 911** or **Emergency Services** 

**Administer** naloxone if you have it Stay with the person until help arrives

Where to get naloxone:

> If you're experiencing emotional distress and want to talk, call the First Nations and Inuit Hope for Wellness Help Line at 1-855-242-3310. It's toll-free and open 24 hours a day, 7 days a week.

Learn more at Canada.ca/Opioids Together we can #StopOverdoses

