



## Assent Form (Young Children)

### Welcome to the family environment research study!

We are a group of scientists from the Public Health Agency of Canada and we want to understand more about your family life and your health. A research study is a way to learn more about something. Your parents are in this research study and we have asked them some questions. Now, we would like to invite you to be a part of this study too. Nobody will make you be part of the study and nobody will be mad if you don't want to do it. If you decide to be a part of the study, but change your mind later, you can stop. It is your choice.



### What will happen in this study?

If you decide to join this study, we will first ask you to answer a short list of questions called a questionnaire.

- ✓ This will take about 15 minutes and one of your parents can help you.
- ✓ The questions are about you: what kinds of food you eat, how well you sleep, and if you have ever been bullied.

We will also ask for a container of your pee, called a urine sample. One of your parents can also help you with this. The reason we are asking is because your pee can tell us a lot about you and your environment. You do not have to give us a pee sample if you don't want to.

### Can anything bad happen to you?

You might feel embarrassed or uncomfortable when answering some of the questions in the questionnaire. If you don't want to answer any of the questions, you don't have to. Nobody will be mad at you. The researchers are doing everything they can to make sure that you feel comfortable. But if you do not feel good about anything you can stop at any time.

### Will this study help you?

Sometimes good things happen to people who are in a research study. These good things are called benefits. We do not know if you will be helped by being in the study. But this study will help us learn more about something important. This will hopefully help other children like you. This is a benefit.

### Who will know that you are in this study?

Only your parents and the research team will know that you are in this study. Your answers to the questions and pee container will have a code name so nobody will know which is yours.

### Do you have any questions?

If you have any questions you can ask your parents. If your parents don't know the answer, they can contact us. You can ask questions at any time. There are no bad questions.

**Assent to participate:**

Before you decide if you want to take part in this study, make sure you understand what you need to do and that all of your questions have been answered.

Do you agree to take part in this study?  Yes

No

If yes, write your name on the line below:

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Child's first and last name, printed

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Date

**Signature of the person obtaining assent**

By signing this form, I attest that:

- I have explained the study to the prospective participant
- I answered all of their questions
- I provided a copy of this assent form to the participant
- The participant seemed to understand the assent form and agreed to participate

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Name

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Signature

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Date

Canada 