

Average dietary intakes ($\mu\text{g}/\text{kg bw}/\text{day}$) of trace elements for Canadians in different age/sex groups for Total Diet Study from 1993 to 1999

Trace element	0 - 1	2 - 3	4 - 6	7 - 9	10 - 12	1 - 4	5 - 11	12 - 19	20 - 39	40 - 64	65+	12 - 19	20 - 39	40 - 64	65+	All ages
	months	months	months	months	months	years	years	years	years	years	years	years	years	years	years	Canadians
	M & F	M & F	M & F	M & F	M & F	M & F	M & F	M	M	M	M	F	F	F	F	M & F
Al	96.946	121.207	99.659	87.582	93.432	237.775	264.349	225.129	139.743	137.017	102.417	191.669	131.045	119.163	102.002	134.71
Ba	20.760	23.350	21.414	21.213	22.823	25.251	18.741	11.759	9.704	8.976	7.839	9.280	8.418	7.855	7.546	8.817
Bi	0.054	0.090	0.122	0.086	0.076	0.046	0.034	0.024	0.018	0.015	0.012	0.019	0.014	0.012	0.010	0.016
Cd	0.590	0.676	0.569	0.621	0.649	0.908	0.738	0.518	0.394	0.322	0.283	0.388	0.324	0.270	0.248	0.339
Ce	0.146	0.194	0.136	0.130	0.119	0.114	0.086	0.059	0.043	0.037	0.029	0.046	0.036	0.031	0.028	0.039
Co	0.674	0.821	0.697	0.653	0.625	0.656	0.493	0.350	0.279	0.240	0.202	0.263	0.231	0.211	0.184	0.241
Cu	62.025	77.494	41.391	49.592	39.785	45.742	36.309	25.084	21.140	17.496	14.289	18.831	17.423	14.961	13.364	17.651
La	0.154	0.190	0.118	0.115	0.090	0.075	0.054	0.036	0.027	0.023	0.019	0.029	0.023	0.021	0.018	0.025
Mn	76.538	91.589	72.986	80.851	104.231	127.875	105.304	71.094	67.182	73.376	66.731	54.769	63.098	63.921	64.501	61.344
Mo	9.228	12.451	10.848	9.172	8.002	8.223	5.994	3.779	2.867	2.524	2.269	2.970	2.409	2.248	2.251	2.659
Pb	0.445	0.543	0.418	0.454	0.496	0.492	0.368	0.250	0.223	0.205	0.162	0.198	0.185	0.168	0.144	0.189
Rb	156.820	142.767	201.120	149.987	155.188	133.094	84.136	56.661	50.712	44.012	35.630	43.406	43.560	40.298	32.704	43.458
Sr	101.716	106.707	82.014	79.161	76.888	72.784	52.430	33.660	32.202	29.182	24.264	29.032	29.230	29.725	23.669	28.276
Tl	0.026	0.024	0.024	0.043	0.061	0.088	0.067	0.044	0.032	0.028	0.024	0.034	0.027	0.022	0.019	0.029
Y	0.274	0.339	0.166	0.171	0.109	0.096	0.070	0.057	0.044	0.035	0.030	0.040	0.039	0.031	0.026	0.037
Zn	751.553	803.220	649.428	602.037	503.511	558.553	398.213	310.047	272.150	205.189	155.394	208.705	190.871	160.170	122.645	203.94