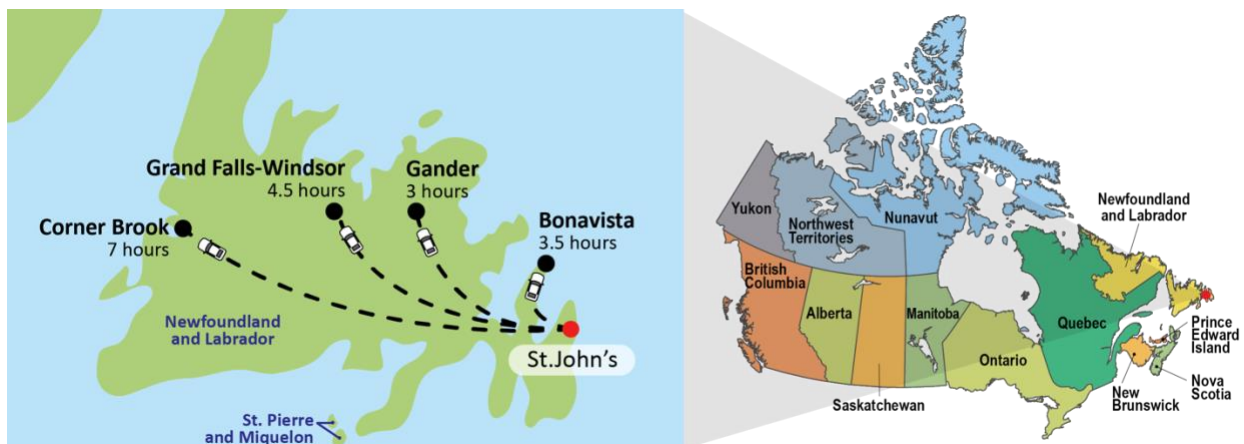


# #Welcome Afghans



## Welcome Home – St. John’s, Newfoundland and Labrador



**Population: 212,579 people (2021 census)**

(includes many South and West Asians, Arabs and Afghans)

### About the area

#### [St. John's<sup>1</sup>](#)

- is the capital and the largest city of the province of [Newfoundland and Labrador](#)
- is close (by car) to the city of [Mount Pearl](#)

St. John's is home to [Signal Hill](#), a national historic site where the first radio signal was received in 1901. A charming city with people whose sense of humour and warmth is known across the country, St. John's strives to be a progressive and inclusive city for all its residents.

St. John's is known for its rich natural beauty. [Winters](#) are cold and snowy with an average daily low temperature of -7°C in January. Summers are warm with an average daily high of 26°C in July. Some activities unique to St. John's and to Newfoundland and Labrador include

- [whale watching](#)
- admiring the giant [icebergs](#)
- watching the puffins on the cliffs

<sup>1</sup> All the links provided here are in English only.





A person walking up signal hill towards Cabot Tower with St. John's harbour in the background.

## Indigenous land acknowledgement

[Indigenous peoples](#) have lived in Canada since before European settlers and explorers arrived. St. John's, like the rest of Newfoundland and Labrador, is located on the unceded and traditional territory of the Beothuk, the Mi'kmaq (Meeg-mah), and the ancestral lands of the Innu and the Inuit Nations.



People standing on a pier at St. John's Harbour, taking pictures of Signal Hill.

## Living, working and going to school

St. John's is a great place to work, do business, study, and live a fulfilling life.

You can find [jobs](#) in St. John's in industries such as

- natural resources
- agriculture
- tourism
- health
- education

As of April 1, 2023, the [official minimum wage of Newfoundland and Labrador](#) is \$14.50 an hour.

Housing costs vary. The [average price to buy a single-family house](#) is approximately \$420,000. [Renting a 2-bedroom apartment](#) could cost approximately \$1,000 a month.

Learn more about renting and tenants' rights from the [Government of Newfoundland and Labrador](#).

There are a number of [schools](#), daycares, and after-school programs in both English and French. In Canada, students usually go to school from kindergarten (age 3 or 4) to grade 12 (age 17 or 18). After that, they can go to college or university or start working.

[Newfoundland & Labrador](#) has one university, [Memorial University](#).

There are also many colleges including the following that are within 100 kilometres driving distance of St. John's

- [College of the North Atlantic](#)
- [Queen's College](#)
- [Eastern Health Centre for Nursing Studies](#)

You can play many sports, like

- [cricket](#)
- [soccer \(football\)](#)
- [baseball](#)
- [swimming](#)
- [track and field](#)
- [squash](#)
- [hockey](#)

Find out more about recreation from the [YMCA](#).

The area is known for its vibrant arts and culture scene including

- [concerts](#)
- [museums and historic sites](#)
- [festivals](#)
- musicals
- [theatrical productions](#)
- other [events](#)

You can enjoy [public parks](#), lakes, and fun activities like camping, rafting and fishing in the summer, and skiing, sledding and skating in the winter.

## Religious and cultural associations

Under the [Canadian Charter of Rights and Freedoms](#), you can practise the religion of your choice in Canada. Your service provider organization can help connect you to local ethno-cultural and multicultural associations in Newfoundland and Labrador.

## Specialty foods

Several grocery stores in the area sell international goods. Most major supermarkets and many Middle Eastern grocery stores also sell halal meat. Your service provider organization can help you find the store closest to you.

## Useful information for newcomers

More resources to help you settle in the area

- [Welcome to Canada: Publications for newcomers](#)
- [Find free newcomer services near you](#)
- [Immigrating and Settling in Canada](#)
- [Newfoundland Newcomers' Guide](#)
- [Multicultural Women's Organization of Newfoundland and Labrador](#)
- [Francophones of Newfoundland-and-Labrador](#)
- [The Muslim Association of Newfoundland and Labrador](#)
- [St. John's Friendship Centre](#)