Finding work may be challenging and take time. Settlement service providers can help you. These organizations offer many programs and services to help newcomers prepare to work and find a job after arrival in Canada. To find the organization in your community, consult: Find free newcomer services near you (web page is available in English and French).

**PREPARE TO WORK IN CANADA**

In Canada, some jobs are regulated, which means you will need a special licence or certificate before you can work in those jobs. Licenses or certificates for regulated jobs can vary by province or territory, so it is important to understand what the required steps are in the province or territory you intend to settle in.

If you want to work in a regulated occupation in Canada, **begin the process to have your credentials recognized as early as possible** before you arrive in Canada.

Collect all important original documents that belong to you and your family members. To learn more about what documents to gather before arrival, consult: Crossing the border: documents you need (web page is available in English and French).

If you cannot find work in your original profession, think about how your skills could apply to jobs in different or related careers or about starting your own business.

To learn more about how to prepare to work and find a job in Canada, as well as learn about the process to assess your credentials, contact your community settlement service provider for assistance or consult: Finding a Job is a Job (video is available in English and French).

Apply for your Social Insurance Number (SIN). It is needed to work in Canada. You can get a temporary SIN for a short period. Do not give your SIN to anyone unless you are sure there is a legal reason. If someone asks for your SIN, ask why they need it. To learn more, consult: Social Insurance Number – Overview (web page is available in English and French).

In Canada, it is against the law to treat people differently or not hire them because of their gender, nationality, race, ethnicity, religion, age or sexual orientation.
SKILLS
Research the types of skills and work experience required for the jobs that interest you.

Important skills for getting a job in Canada include communication skills, reliability, getting along with co-workers, learning quickly and adapting to the workplace culture.

Speaking, reading and writing in English or French is needed for most jobs in Canada. To learn more about language training, consult Language Training Options for Newcomers to Canada (video is available in English and French) or visit the settlement provider organization in your community.

You can gain work experience and new skills through short-term temporary or volunteer work.

MEETING NEW PEOPLE TO HELP FIND WORK
Meeting and developing relationships with new people can help you learn about job opportunities. This is called “networking”.

Volunteering your time in your community or professional sector can also be a way to network and build useful connections.

Look for professional networking websites and create a profile. They can provide you with networking, career development and job search opportunities. Search for people who work at organizations that interest you and introduce yourself to them.

Some organizations offer mentorship programs that match you with someone who works in your profession. Mentors can help you learn about the skills and experience you need for the job you want.

Find the settlement services you need in your community (available in English and French):