



REQUEST FOR MEDICAL EXAM

DETERMINE IF YOU NEED A MEDICAL EXAM

If you are visiting Canada for six months or less:

- You usually do not need a medical exam.
- You **do need one** if you plan to work in a job where public health must be protected. See a list of [Jobs for which you need a medical exam](#).

If you are visiting for more than six months:

You will need a medical exam if you:

- have lived or stayed for six or more months in a row in [one of these country or territory](#) in the one year before you come to Canada. This is true even if you are a citizen of a country where you do not need a visa to enter Canada.
- are coming to Canada to work in a job where public health must be protected. See a list of [jobs for which you need a medical exam](#).
- are applying for a [Parent and Grandparent Super Visa](#).

JOBS FOR WHICH YOU NEED A MEDICAL EXAM

Some temporary foreign workers will need to have a medical exam. This depends on the job you plan to do in Canada. Below are examples of such jobs. **This list does not include every possible job.**

1. Jobs that bring you into close contact with people at risk, such as:
 - workers in health sciences
 - clinical laboratory workers
 - people who attend to patients in nursing and geriatric homes
 - medical students going to university in Canada
 - medical electives and doctors doing short-term assignments
 - teachers
 - domestics
 - workers who give in-home care to children, the elderly and the disabled
 - daycare workers
2. Farm workers from [one of these countries or territories](#).

If you are not sure if you need a medical exam, please contact the [visa or immigration office](#) where you applied, or will apply.

PLAN YOUR MEDICAL EXAM

If you are still not sure if you need a medical exam, check with a [visa office](#) near you.

If you do need a medical exam, your [visa office](#) will give you instructions and a form with your file number **before** you see a panel physician.

Your own doctor cannot do the medical exam. You must see a doctor on Canada's list of [Panel Physicians](#).

Do you need a medical exam?

- Yes, I want to complete a medical exam
- No