Coronavirus Disease 2019 (COVID-19)

DAILY EPIDEMIOLOGY UPDATE

Updated: March 30, 2020, 11:00 AM EST

Highlights

Canada

- 6,320 cases including 66 deaths have been reported in Canada (overall case fatality rate of 1.0%).
- 221,628 people have been tested for COVID-19 in Canada which corresponds to a test rate of 5,896 per million population. The percent positivity is 3.3%.
- Further information on real-time distribution of cases and deaths can be found in the <u>interactive map of</u> COVID-19 in Canada.
- The epidemiological summary is based on more detailed information that is available for 54% of the cases (n=3,430)*.
 - Age and gender:
 - The highest proportion of cases are being reported among people 40-59 years of age (37%), followed by those 20-39 years of age (29%) and 60-79 years of age (25%).
 - o Only a small proportion of cases (4%) have been reported among people ≤ 19 years of age.
 - o 51% of cases were reported among males.
 - **Hospitalizations**: Hospitalization data are only available for 2,060 (60%) of all cases. Among these, 283 have been hospitalized, including 89 in ICU.
 - o While 30% of the cases are 60 years of age and older, these cases represent the highest proportion of hospitalizations (62%) and ICU admissions (62%).
 - Five hospitalizations and one admission to ICU were reported in individuals ≤ 19 years of age.

Exposures:

- 86% of newly identified cases (within the last seven days) are related to community transmission.
- 62% of cases over the duration of the outbreak are related to community transmission.

International

- 197 countries/jurisdictions have reported cases of COVID-19.
- The United States is now reporting the highest number of cases, followed by Italy, China, Spain and Germany.

*Data Notes

As of March 30, 2020 10:00 AM EST, detailed data on cases have been received for 3,430 cases (54% of reported cases). Data on these cases are preliminary and may have missing values.

Provinces and territories may not routinely update detailed data. Data on hospitalization status is unknown for 40% of all cases. As well, PHAC does not receive routine updates on patient status.

Furthermore, testing practices vary by province/territory and have changed over time which can affect case counts.

Laboratory testing numbers may be an underestimate due to reporting delays and may not include additional sentinel surveillance or other testing performed.

Canadian epidemiology

Table 1. Summary of COVID-19 cases reported in Canada by location, March 30, 2020, 10:00 AM EST.

Location	Total Cases	Total Confirmed	Total Probable	Total Deaths	New cases	% change	People tested per 1,000,000	People Tested
BC	884	884	0	17	0	0%	6,601	33,476
AB	661	661	0	3	40	6%	10,088	44,097
SK	156	156	0	0	22	16%	7,980	9,372
MB	72	69	3	1	8	13%	5,751	7,876
ON	1,355	1,355	0	23	211	18%	3,715	54,112
QC	2,840	2,840	0	22	342	14%	7,038	59,715
NL	135	135	0	0	15	13%	6,013	3,136
NB	66	66	0	0	15	29%	3,002	2,332
NS	122	122	0	0	12	11%	5,654	5,492
PE	11	11	0	0	0	0%	3,039	477
YK	4	4	0	0	0	0%	16,596	678
NT	1	1	0	0	0	0%	16,508	740
NU	0	0	0	0	0	0%	3,223	125
Repatriated								
travellers	13	13	0	0	0	0%		
Total	6,320	6,317	3	66	665	12%	5,896	221,628

Notes: New cases are those reported since the previous report. Probable cases have tested positive at a provincial laboratory and are awaiting confirmatory testing results from the National Microbiology Laboratory. Laboratory testing numbers may represent an underestimation due to reporting delays and may not include additional sentinel surveillance or other testing conducted in the P/T. For QC, the significant increase in confirmed cases is explained by the fact that since March 22, 2020, cases tested positive by hospital laboratories are now considered confirmed. They no longer need validation by the Laboratorie de santé publique du Québec (LSPQ).

A total of 221,628 people have been tested for COVID-19 in Canada. This corresponds to a test rate of 5,896 per million population.

- Testing volumes vary across the country.
- o Percent positivity is 3.3%.

Real-time data on the distribution of cases and deaths in Canada can be found in the <u>interactive map of COVID-19</u>.

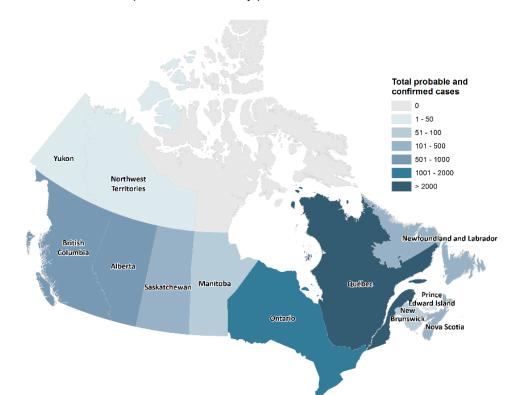


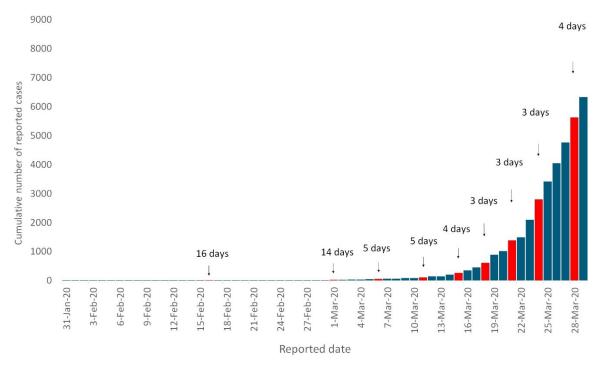
Figure 1. Map of COVID-19 cases reported in Canada by province, March 30, 2020, 10:00 AM EST.

Data source: Surveillance and Risk Assessment, Epidemiology Update. Map Created by NML, Geomatics

The distribution of cumulative number of cases by report date (using publicly available PT data) can be seen in **Figure 2.**

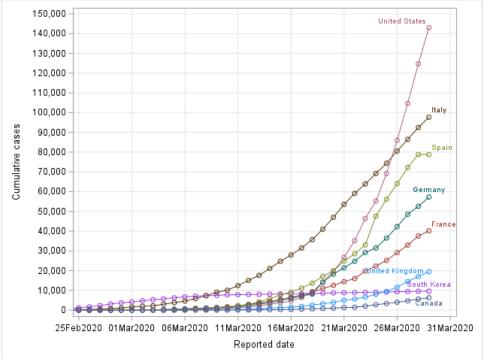
- The epidemic doubling period of COVID-19 cases in Canada, defined as the number of days between doubling of cumulative case counts is marked with red bars.
 - o Reported cases double at a rate of every three to five days since March 1.

Figure 2. Doubling time of cumulative number of reported COVID-19 cases in Canada by date of report, March 30, 2020, 10:00 AM EST (n=6,320)



A summary of the cumulative cases of COVID-19 in Canada compared to other countries by date of report can be seen in **Figure 3**.

Figure 3. Cumulative cases of COVID-19 in Canada compared to other countries by date of report, March 30, 2020, 10:00 AM EST.



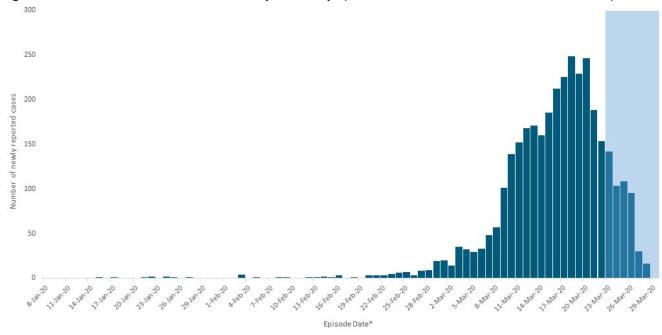
Note: At this time, results from international comparisons should be interpreted with caution. The number of tests conducted and indications for testing by country all have a large influence on total reported case counts. Therefore, the data displayed does necessarily represent the true size of outbreak within each country.

Please note that this section onwards of the epidemiology update is based on limited data (n=3,430).

Temporal Distribution

A summary of the distribution of cases by week of symptom onset can be found in Figure 4.

Figure 4. New COVID-19 cases in Canada by date of symptom onset, March 30, 2020, 10:00 AM EST (n=3,430)



^{*}Episode date corresponds to the earliest date reported according to the following order: Symptom Onset Date, Specimen Collection Date, Laboratory Testing Date, Date reported to the province/territory or Date reported to PHAC.

Note: The shaded area represents a period of time (lag time) where it is expected that cases have occurred but have not yet been reported nationally.

Demographic Distribution

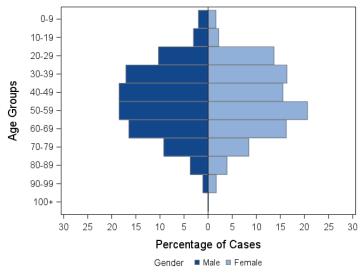
A summary of the demographics of reported cases can be found in Table 2 and Figure 5.

- The highest proportion of cases occurred in individuals 40-59 years of age (37%), followed by those 20-39 years of age (29%) and 60-79 years of age (25%).
- Only 4% of cases have occurred in individuals ≤ 19 years of age.
- 51% of cases were reported among males.

Table 2. Demographic characteristics of COVID-19 cases reported in Canada, March 30, 2020, 10:00 AM EST (n=3,430)

Characteristics					
Demographics					
Age (in years)					
Median	49				
Range	0-100				
Age groups	n=3,228				
≤ 19	143	(4%)			
20-39	926	(29%)			
40-59	1,180	(37%)			
60-79	811	(25%)			
80+	168	(5%)			
Gender	n=3,397				
Female	1,653	(49%)			
Male	1,744	(51%)			

Figure 5. Age and sex distribution of COVID-19 cases reported in Canada, March 30, 2020, 10:00 AM EST (n=3,207)



Clinical Presentations and outcome

A summary of the clinical presentations of cases can be found in (**Table 3**). The date of symptom onset for cases ranged from January 15, 2020 to March 25, 2020.

- Cough, headache and chills are the most common symptoms reported.
- 138 cases have been clinically or radiologically diagnosed with pneumonia. Of those, 57% are individuals 60 years of age and over, with individuals 60-79 representing 44%.
- The most commonly reported pre-existing health conditions amongst cases were respiratory disease, cardiac disease, and diabetes.
- Eighten cases have occurred in pregnant women.

Table 3. Clinical presentation summary of COVID-19 cases reported in Canada, March 30, 2020, 10:00 AM EST (n=1,855)

Clinical Presentations				
Symptoms				
Cough	1,459	(79%)		
Headache	1,043	(56%)		
Chills	1,019	(55%)		
Pre-Existing Conditions	n=1,806			
Respiratory disease	213	(12%)		
Cardiac	177	(10%)		
Diabetes	143	(8%)		
Other	349	(19%)		
Complications	n=1,225			
Pneumonia	138	(11%)		
Abnormal lung auscultation	69	(6%)		
Dyspenea	76	(6%)		
Other	183	(15%)		

Hospitalization Status (based on data available for 2,060 (60%) of all cases)

A total of 283 cases have been hospitalized including 89 in ICU (Table 4 and Figure 6).

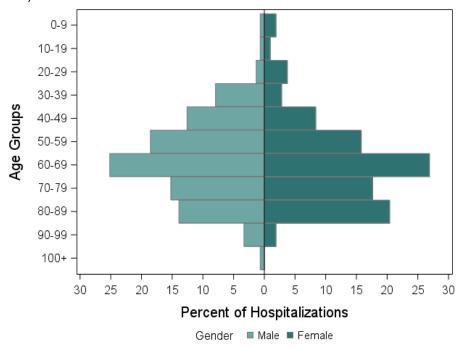
- 62% of hospitalizations and of ICU admissions occurred among individuals ≥ 60 years of age.
 - The highest proportion of hospitalizations (42%) and ICU admissions (52%) being reported among individuals 60-79 years of age.
- Five hospitalizations and one ICU admission were reported in individuals ≤ 19 years of age
- A higher proportion of hospitalizations are being reported among males (59%).
- 64% of the hospitalized cases had pre-existing conditions.

Table 4. Summary of hospitalized cases of COVID-19 reported in Canada with a submitted case report form, March 30, 2020, 10:00 AM EST (n=283)

	Severe	Cases				
Overall Summary Hospitalizations						
Hospitalizations*			283			
Hospitalizations in ICU			89/283	(31%)		
Hospitalizations requiring mecha	nical ve	ntilation	43/283	(15%)		
Breakdown by:	Hospitalizations		Admitted to ICU			
Age groups	n=260		n=81			
≤ 19	5	(2%)	1	(1%)		
20-39	21	(8%)	7	(9%)		
40-59	74	(28%)	23	(28%)		
60-79	109	(42%)	42	(52%)		
80+	51	(20%)	8	(10%)		
Gender	n=282		n=89			
Female	117	(41%)	39	(44%)		
Male	165	(59%)	50	(56%)		

Note: PHAC does not receive routine updates on patient status.

Figure 6. Age and sex distribution of hospitalized COVID-19 cases reported in Canada, March 30, 2020, 10:00 AM EST (n=259)



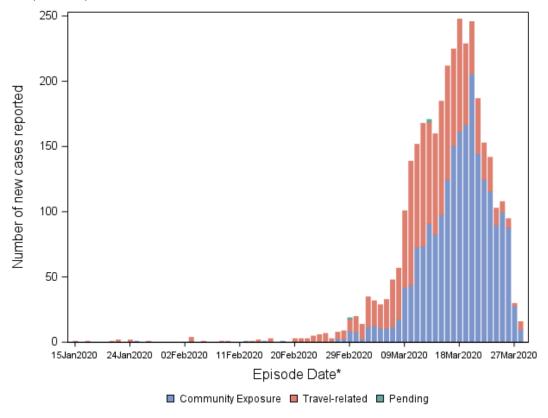
^{*} Hospitalizations include admission to hospital and emergency room

Exposure History

A summary of the exposure history of cases can be found in Figure 7 and Table 5.

- o 86% of newly identified cases (within the last seven days) are related to community transmission.
- o 62% of cases over the duration of the outbreak are related to community transmission.
- The number of cases related to community transmission overtook travel-related cases on March 15, 2020.

Figure 7. Number of newly reported COVID-19 cases in Canada by possible exposure category, March 30, 2020, 10:00 AM EST (n=3,430)



^{*}Episode date corresponds to the earliest date reported according to the following order: Symptom Onset Date, Specimen Collection Date, Laboratory Testing Date, Date reported to the province/territory or Date reported to PHAC.

Table 5. Possible exposure setting of COVID-19 cases reported in Canada, March 30, 2020, 10:00 AM EST (n=3,430)

Possible Exposure Setting			
Travel-Related	n=	1,297	38%
History of international travel	1	,143	88%
Close contact of an international traveller		154	12%
Community	n=	2,130	62%
Case works in a healthcare facility		275	13%
Case lives in a long-term care facility		21	1%
Case attends/works at a school or daycare		32	2%
Close contact with case in a household		109	5%
Close contact with case in a workplace		26	1%
Case has no known exposures	1	,667	78%
Pending		n=3	0%

*Includes healthcare workers and exposure in health care setting

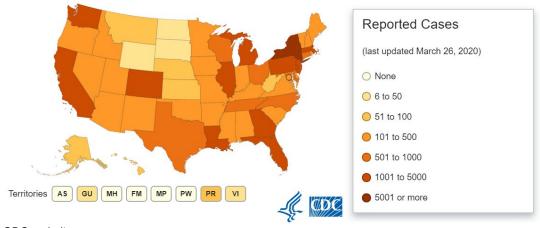
United States

There are 143,532 cases and 2,572 (overall case fatality rate of 1.8%) deaths reported in the United States as of March 30, 2020 at 11:00 AM*.

The <u>US CDC</u> has information on 122,653 cases (2,112 deaths) reported from 55 jurisdictions (50 states, District of Columbia, Puerto Rico, Guam, Northern Marianas, and US Virgin Islands).

- Exposure details are known for 2,038 cases:
 - o Travel-related: 712
 - Close contact: 1,326
- New York State accounts for 45% of case in the US.
- 85% of jurisdictions reporting cases are reporting community transmission.
- As of March 29, 2020, the <u>US CDC and US public health labs</u> have tested 130,403 specimens.

Figure 8. States reporting cases of COVID-19, March 30, 2020 at 10:00 AM EST



Source: US CDC website.

^{*} Information source: Johns Hopkins Coronavirus Resource Center.

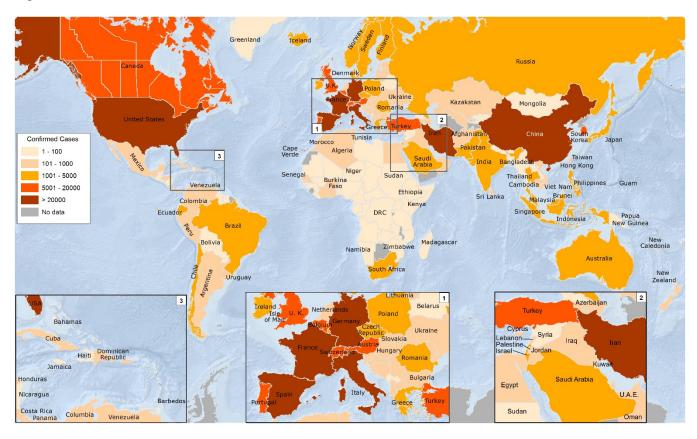
International

- The United States is now the epicentre of the global pandemic (Table 6).
- 197 countries/jurisdictions outside mainland China have reported cases of COVID-19 (Figure 9).
 - Five countries (United States, Italy, Spain, Germany and Iran) make up the majority of international cases outside of mainland China.
 - Iran is reporting the majority of cases in Asia (excluding mainland China), followed by South Korea and Malaysia.

Table 6. Global number of reported COVID-19 cases, March 30, 2020, 10:00 AM EST.

Location	Total cases	New cases	Total deaths	New deaths
Globally	716,150	48,862	34,096	2,681
USA	143,653	18,967	2,572	381
Europe	378,166	23,174	23,800	1,675
China	82,198	78	3,308	4

Figure 9. Global distribution of confirmed cases of COVID-19, March 30, 2020, 10:00 AM EST.



Information Sources: Johns Hopkins Coronavirus Resource Center, Hong Kong Centre for Health Protection, Chinese Center for Disease Control and Prevention, Health Commission of Hubei Province, Iran MOH, Spain MOH, Germany MOH, France MOH, Norway MOH, Netherland MOH, Italy MOH, US CDC, and ECDC Situation update.

Up-to-date country-specific risk levels may be found on travel health notices.