

# COLORECTAL CANCER<sup>IN</sup> CANADA

**COLORECTAL CANCER** develops in the cell lining of the colon and rectum. Cells may form benign (non-cancerous) growths called polyps. Over a period of years, a series of DNA mutations can occur, leading polyps to become malignant (cancerous).

## THE DATA

COLORECTAL CANCER IS THE  
**2<sup>nd</sup>** MOST COMMON  
CANCER IN CANADA

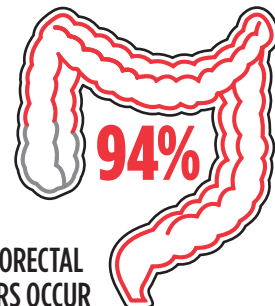
1 in 13 MEN | 1 in 16 WOMEN



WILL BE DIAGNOSED WITH  
COLORECTAL CANCER  
IN THEIR LIFETIME

ABOUT  
**26,800**  
CANADIANS

WILL BE DIAGNOSED  
WITH COLORECTAL  
CANCER IN 2017



OF COLORECTAL  
CANCERS OCCUR  
IN ADULTS **AGED 50+**

## RISK FACTORS



AGE



PHYSICAL  
INACTIVITY



SMOKING



HEAVY DRINKING



OVERWEIGHT  
OR OBESITY



DIET HIGH IN  
PROCESSED MEAT,  
OR RED MEAT



FAMILY HISTORY



COLORECTAL POLYPS  
OR INFLAMMATORY  
BOWEL DISEASE (IBD)

## SCREENING AND DETECTION

**39%**

of colorectal cancer cases  
are diagnosed early in their  
development, **AT STAGE I AND II\***

**64%**

of Canadians diagnosed  
with colorectal cancer  
**SURVIVE 5 OR MORE YEARS**

If you are between ages 50 and 74, speak to your doctor about screening or contact your provincial colorectal cancer screening program. Regular screening for colorectal cancer is recommended for average-risk adults aged 50 to 74. Screening guidelines are available from the **Canadian Task Force on Preventive Health Care**.



For more facts about colorectal cancer visit:  
our **Data Blog** or [www.Canada.ca](http://www.Canada.ca) and Search: colorectal cancer

Data Sources: Canadian Cancer Statistics 2017; Statistics Canada, Canadian Cancer Registry CANSIM Table 103-0554; Canadian Partnership Against Cancer [Cancerview.ca](http://Cancerview.ca) - 2017 Cancer System Performance Report.

\* Cancer stage distribution is based on eight provinces and does not include Quebec or Ontario.

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CANADIAN PARTNERSHIP  
AGAINST CANCER



PARTENARIAT CANADIEN  
CONTRE LE CANCER