COVID-19 is a disease caused by the COVID-19 virus. The disease is mainly transmitted from person to person through respiratory droplets or direct contact.

The virus is spread when an infected person coughs or sneezes and the virus-laden droplets are inhaled by another person. The virus can also be spread by contact with surfaces that have been contaminated with the virus.

The disease can cause a range of symptoms, from mild to severe. The most common symptoms are:

- Fever
- Cough
- Difficulty breathing
- Muscle pain

In some cases, the disease can lead to serious complications, such as pneumonia, sepsis, or cardiovascular disease.

Canada has implemented a number of measures to control the spread of the virus, including:

- Social distancing
- Wearing masks
- Regular handwashing

For more information, please visit the following websites:

- [1-833-784-4397](https://www.canada.ca/le-coronavirus)
- [canada.ca/le-coronavirus](https://www.canada.ca/le-coronavirus)