



## CORONA-AAKOZIWI-MANIJOOSHENS AAKOZIWIN (COVID-19)

### Gnimaa gdaa agii danginaan owi manijooshens maagwemigag COVID-19

#### INAAKNIGAADEG GIBAAKWAADIZANG

Owa gichi Gimaa maampii Gaanada agii zhisidon agaa dinendijigaadesnag gichi niizaanziwin naaknigewinan awii zhiwebijigaadeg owi biijigaadeg miinwaa sweshkaag COVID-19 maampii Gaanada. **Aabdeg GWII GIBAAKODIS 14 giizhigak minik, miigwen agezhi debinigowin** miinwaa aga naagozowaabmidis newen inamjiwinan ezhibiigaadeg owi Naazhinigaadeg owi *Niizaanziwin owi COVID-19 zhinda Gaanada Naankigewin (Naaknigaadeg njikwe awii yaawin) Gindaasowin 4.*

Gdo naagidowin maanda Naaknigewin aabdeg awii gagwekwenjigaade miinwaa naabajikaazang. Gewe gaawii e'naagidosiwaad naaknigewin gnimaa adaa aanjisijigaaziwog odi enji gibaakogon gamig miinwaa age ada dibagegaaziwog miinwaa/maage gibaakodii gamgoong maajiingaziwog.

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| <ul style="list-style-type: none"> <li>✓ Gagwekwendan yaaman <b>maagsemigag endiniziing gibaakogowin owi onji aakosiwin manijoshens</b> temgak newen nendowendaagowog awii bimaadizing.</li> <li>✓ Gagwek age anizhaan zhiwe awii gibaakodizawin wewiib agwa miinwaa bekaa yaang zhiwe 14 giizhigak minik owi onji apii agaa digoshinan Gaanada.</li> <li>✓ <u>Aabdek</u> gwii gagwekwendaan <b>biiskaman maagsemigak gaawii mashkiki.</b></li> <li>✓ <b>Zhichigen beshaa bwaa yaawin</b> pane agwa.</li> <li>✓ <b>Nikaazan njike bamidaabaangong</b> dibishko gonaa debenimind daabaan awii ani zhaawin odi waanji gibaakogowin, giishpin gshkitoong.</li> </ul> | <ul style="list-style-type: none"> <li>× <b>Miiwishkan wiiji yaawin gewe aanin bemaadizijig</b> epiichi bami yaawin:           <ul style="list-style-type: none"> <li>✓ Bekaa biinji daabaan yaan owi minik ezhi gashkitowin.</li> <li>✓ Giishpin bimide mineziyin, dibagen zhiwe enji ziiginaman bimide;</li> <li>✓ Giishpin mineziyin miijim, nikaazan owi enji zhiibaabizang;</li> <li>✓ Giishpin awii nikaaziyin enji niwebing, biiskan gibiingwegan miinwaa makwendan beshaa awii bwaa yaawin miinwaa zhichigen weweni biinitwaawin zhichigewinan.</li> </ul> </li> </ul> |
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#### AANIN KIINSAN MIINWAA WAASA WEKAMIGON ADAA-AANAA-AAN AANKE BIBAAYANG NIGAASJIGEWINAN.

( Dibishko gonaa, gaawii nendowendaagsinag awii zhaang kiinsing, nigaasijigaadeg awii zhaang bkaan ngoji zhiwe kiinsing, miinwaa age aanin).





Gnowaabmdan owi zhibiigaadeg akiinsan miinwaa waasa wekamig waasamo-asabi mazina-iganan zhiwe etemgak maampii shkwe-aang maziniganing woshme gego awii gikendaman.

Makwendan gnimaa gdaa abi ginonigwog kiinsing/waasa wekamig nyaagdowenjigejig epiichi yaawin 14 giizhigak gibaakodizayin. Giishpin gichi kiing miinwaa kiinsing/waasa wekamig naagsowaabmijiganan bkaan aawang, gdaa naagidoon owi memaanji aangwaamag miinwaa meskowaakinigaadeg nendowendaakigin.

## **Aabdeg gwii naagzowaabmdan ezhiyaawin 14 giizhigad minik**

### **GAZHIZANG**

### **OSASDAMWIN**

### **ZNAGIZING AWII NESENG**

Giishpin maaji mozhitowin inamjiwinan owi COVID-19 (osasdaman, znagag awii nesewin, gzhiziyin naasaab maage woshme 38°Cmaage e'naagwag gzhiziyin dibishko gonaa, zazenejiwin, mishkogazhewin, maage gichi biweziyin):

- Gibaakodizan ngoji bkaan gewe yaawaad aanin.
- Giigidan odi gdo bemaadizjig mina yaawin nyaagdowendamajig (naabin maampii shkwe-aang awii waabmdaman ezhi giigidowin) miinwaa naagidon ezhi wiindamaagowin awii zhichigewin.

Owi 14 giizhigad yaawang aanji maajitaamigad miinwaa giishpin, epiichi gibaakogowin, maajitaamigag waabmijigewin maage inamjiwinan owi COVID-19, e'digosing newen ezhibiigaadegin ishpiming, maage giishpin inowediziyin gwaya bkaan bemaadizid naagidoong maanda inaaknigewin enaagodinag waabmijigewinan miinwaa inamjiwinan maage ndakenjigewin debwemigag owi temgak COVID-19.

Gnowaabmdan owi <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms.html#s> newen aanke inamjiwinan waajii-emigag owi COVID-19 maage gikendamowin newen neniizaanag debwewinan owi woshme iniwediziyin owi COVID-19 miinwaa/maage woshme gichi aakoziwinan maage age zhiwebikiba.

**AWII NAADMAAGEWIN AWII NAAZHINIGAADeg SWESKAAMIGAG OWI COVID-19**

**Gagwek ani zhaan odi  
waanji gibaakodizayin,**  
miinwaa miwishkan  
ngoji nigaashkaawin  
epiichi bimi yaawin.

**Bozibiigen biinji 48  
dibagiiziwaan zhiwe owi  
ArriveCAN zhibiigan,  
waasamo asabi  
biiwaabikonsing odi  
[https://arrivecan.cbsa-  
asfc.cloud-  
nuage.canada.ca](https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca) maage  
giigidan 1-833-641-  
0343.**

**Wiindamaagen gdo  
inamjiwinan zhiwe  
ArriveCAN zhibiigan,  
waasamo  
biiwaabikonsing odi  
[https://arrivecan.cbsa-  
asfc.cloud-  
nuage.canada.ca](https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca) maage  
giigidan 1-833-641-0343  
ensa giizhigag apiinish  
shkwaasemigag gdo 14  
giizhigad gibaakodizayin.**



**OWI AGE ZHICHIGEMBA MIINWAA GAAWII AGE ZHICHIGEMBA  
EPIICHI 14 GIIZHIGAG GIBAAKOWIN.**

<b>Begidingaadesinag epiichi gibaakogowin.</b>	<b>Begidingaadeg epiichi gibaakogowin.</b>	
<ul style="list-style-type: none"> <li>• Gaawii maamdaa awii nigaadiman zhiwe enji gibaakogowin giishpin goweta awii dowaabmdaman mashkikii kewin.</li> <li>• Gaawii maamda awii yaawidwaa nebwaachejig aanowi gwaa agojiing yaaweg miinwaa nigodwaasizid yaaweg apii.</li> </ul>	<ul style="list-style-type: none"> <li>• Gdaa nikaazan bekaanzijig waaji nikaaziwaad, maage nikaaziyin agojiing etemigag e'maadookodaadiyeg zhiwe enji gibaakodizayin giishpin:             <ul style="list-style-type: none"> <li>• Miiwishkan beshaa bwaa yaawin gewe agaa bwaa wiijiwijig agii bibaayaawin;</li> <li>• Waabshkibiiginan endinakiwin shkwa nikaaziyin:</li> <li>• Biiskaman gaawii mashkiki gabiingwebichigan maage gabiingwegan giishpin nigodwaasizid gewe aanin endaa jig zhiwe enji gibaakodizayin bwaa gashkitoong besha awii yaang.</li> </ul> </li> </ul>	
<p><b>Gagiikimigewin epiichi gibaakowin.</b></p>		
<p>Giziibigininjiin minwe aapii nikaaziyin giziibiiginigan miinwaa e'baagimideg nibiish maage nikaazan ishkode waabo digosin giziibininjiwin e'digosin gnigen agwa 60% minik ishkode waabo.</p>	<p>Gajiton awii bwaa daanginaman gdengwaan.</p>	<p>Giba-an gdon miinwaa gajaansh ginik nikaaziyin apii osasdaman maage jaachaamiyin.</p>
<p><b>Aga abi ginoonigwo onji 1-888-336-7735 awii gagwekwendaagwog naagdowin nendowendaagwog epiichi gibaakodizayin 14 giizhigad.</b></p>		



## MINA BIMAADIZIWIN NYAAGDOWENDAMAJIG

KIINSAN MIINWAA WAASA WEKAMIG	GIIGIDO BIIWAABIKONG GINDAASOWIN	WAASAMO-ASABI MAZIN-IGAN
British Columbia	811	<a href="http://www.bccdc.ca/covid19">www.bccdc.ca/covid19</a>
Alberta	811	<a href="http://www.myhealth.alberta.ca">www.myhealth.alberta.ca</a>
Saskatchewan	811	<a href="http://www.saskhealthauthority.ca">www.saskhealthauthority.ca</a>
Manitoba	1-888-315-9257	<a href="http://www.manitoba.ca/covid19">www.manitoba.ca/covid19</a>
Ontario	1-866-797-0000	<a href="http://www.ontario.ca/coronavirus">www.ontario.ca/coronavirus</a>
Quebec	1-877-644-4545	<a href="http://www.quebec.ca/en/coronavirus">www.quebec.ca/en/coronavirus</a>
New Brunswick	811	<a href="http://www.gnb.ca/publichealth">www.gnb.ca/publichealth</a>
Nova Scotia	811	<a href="http://www.nshealth.ca/public-health">www.nshealth.ca/public-health</a>
Prince Edward Island	811	<a href="http://www.princeedwardisland.ca/covid19">www.princeedwardisland.ca/covid19</a>
Newfoundland miinwaa Labrador	811 maage 1-888-709-2929	<a href="http://www.gov.nl.ca/covid-19">www.gov.nl.ca/covid-19</a>
Nunavut	1-867-975-5772	<a href="http://www.gov.nu.ca/health">www.gov.nu.ca/health</a>
Northwest Territories	811	<a href="http://www.hss.gov.nt.ca">www.hss.gov.nt.ca</a>
Yukon	811	<a href="http://www.yukon.ca/covid-19">www.yukon.ca/covid-19</a>

**Woshme gego awii gikendaman:**

**1-833-784-4397**

**[canada.ca/coronavirus](http://canada.ca/coronavirus)**