

Wiichihiinaan ooma mooya ooma ka shoopahaymakahk aan COVID-19 malaajhii

Ooma COVID-19 ka shoopahaymakahk paahkaan pikwiita, oohi aenportaan:



si neu ooma COVID-19 la michin avik aen nijhwii



natohtamook oohi publik anoonseur oushchi la saantii kiikiwaahk



paansii oohi enn shaans akwa ooshtaa kwayask disidii publik la saantii miseurii



piikishwaash awiiyak ouschi voyaazh, kakayishkimowin akwa la saantii novel avaan voyaazh

ka aakihtamihk oohi la piblik saantii ka kanawayimikon akwa kotakaak miina oushchi ooma COVID-19.



Ta mayzoon kiishpin ki aahkoshin ahpoo komoshaytaan apisiis COVID-enn malaajhii, kiiyaam mina apishiish.

Li rapid testii kaakii apachihtaan ka mishkaman enn malaajhii, wiipach akoota kaakii payyakoon kiishpin ka-ashoohiwayhk.



Pootishka kwayash enn mask enn publik ahpoo publik didaan la mayzoon.



Kwayaash oshiitaa didaan la mayzoon layr dahor ahpoo moon naazaasyii.

Yoohtayna aen saasii akwa enn port tapitow, kiishpin mina, aashow.

Kwayash ooshiitaa la shaleur, layr dahor akwa kahkayowaypaykeesh (HVAC), chikanawayhtamihk akwa atoshkaymakun.



Kaa ohtstotamihk akwa chashchaamoohk aapachitaa li paapyii ahpoo aen braa (mooya kichichii) kiishpin mooya aen mask kipohtashkeen.

Wiipina li paapyii aen paanyii'd paapyii akwa shamaak kiishiipaykishchay.



Taapitow kiishiipayishchay:

Kishiipayishchay oushchi li savoon awka di loo 20 chipahikanisha ahpoo washing with soap and water for at least 20 seconds or

Apachihtaa la kwasoon kishiipayishchaychikun 60% kaa ashteeek kwasoon



Payhkihta akwa kwayash payhkihta disseu akwa kaakiyaw kaykway kaa shaminamihk. .

Kiishpin ayiwaak ki nootay kikishkayhtayn ooma ouschi COVID-19, itohtay Canada.ca/coronavirus ahpoo taypwaash 1-833-784-4397.