



Gitiziimgejig apiichi temgag COVID-19

E'gitiziimgejig, nyaagdowendimigejig miinwaa binoojiinig kina miziwe kiing ginwaabmdaanaa shki maanenjigewinan owi COVID-19 madookdaagemigag ensa giizhigag enankiiwing miinwaa endaa-ing enankiiwing. Gikino amaadiiwiigwaaman, binoojiin naagdowenjige gamgoon miinwaa gwa gegaa kina nakii gamgoon agii gibaakogaadeg, miinwaa binoojiinig miinwaa gitiziimwaan gshkoniwe aabaji yaawaad endawaad.

Ninda inenimowinan miinwaa bagwenimaagewinan maampii niisawiing adaa naadamowan e'gitiziimgejig miinwaa nyaagdowendimigejig ngadendamowaad maanda shki miinwaa gashkoweji zhiwebak.

Aasgaabwitwo miinwaa wiikijinidwaa gdo binoojiinimag.

- **Zhiton diwesewinan owi bebezhiig mino wiiji yaawin binoojiin**, apii zhisemigag. Njike bebezhiig wiiji-yaawin mina nendamog miinwaa waankiiwendamawog binoojiinig, miinwaa waamdogaaziwog gichi piitendaagoziwaad.
- **Naadmo gniijaanis awii aabaji wiidokazad waasamo biiwaabikonsing** newen wiijikiwenin, wiiji-dazhiikemaagon miinwaa aanke inodewiziwinan owi nikiiyaa waasamo biiwaabkonsing zhibiiged, giigido waabikonsing nibwaached, mazinaatesijigan ginonding miinwaa wiijikiwendiwin waasamo biikwaabikonsing. Maanda adaa aawan aangwaaziwin nikii-aa agezhi ginonaa-aad newen e'zaagaawaad.
- **Zhiton age aanjichigaadegiba dash wiigwa naasaab ensa giizhigag enakiing**, miinwaa wiikjinadwaa gdo binoojiinimag awii digokaaziwaad! Gagwejimindwaa gewiinwaa enendamowaad miinwaa bagidinigaaziwaad awii zhitowaad giizhendmowinan naadmaagonaa-aa awii yaamiwaad debwewendiziwad. Zhisidon awaa naagodoweg e'digosin nanaa'ichigaadeg nankiiwin, wiikwiitong wiiyaw, miinwaa age wegwe agwa enendamowaad awii nankiiwaad. Maanda ada naadmaagemgag gewe binoojiinig woshme awii waankiiwendamowaad.
- **Wiidooko miinwaa wiikijiw gdo binoojiinimag**. Naadmaagemigad awii gikendaasowaad, dibaataamwaad ezhiyaawaad miinwaa awii binimowaad ado penimindiziwin. Apiichi yaawin gdo binoojiinimag wiijiyaawin newen beshigendamowaad nankiiwaad. Giishpin giin gaawii [gibaakodiziyin owi onji aakoziwin manijoshens \(gibaakodiziyin\)](#) maage [gibaakogowin](#), **debnan biini naamowin** epiichi yaawin gnigen gwa 2 nisiwe bimasewin dibagan gewe aanin bemaadizijig.

Gazhewaadizin, bekaadizin miinwaa zhiibendan newen gdo binoojiinimag eshchigewaad.

- **Bazindan gdo binoojiinim ado zngendamowinan**. Nisastan miinwaa zongiton ado inendamowiniwaa miinwaa e'zhiyaawaad. Nibkwaakaan, noondo miinwaa aasgaabwito.





Miigwen nisidwetaagog, debwemigag gikendamowin owi nikiiyaa aangwaasomad miinwaa owi epiitizid awii nisastamiwaad. Gagwejim ezhi yaawaad. Wiindamo pane yaawin wiiniwaa onji.

- **Gagaandanan gagwek inaadiziwin.** Binoojiinig gagwech ada zhichigewog ezhi gagwejimindwaa giishpin miingaaziwaad gagwek wiindamaagewin miinwaa maamiikwenjigaaziwaad ezhi gashkitowaad.
- **Aawiyin gagwek bemaadizid awaa gikinwaamjigaazad.** Waabmdewen mina bimaadiziwin miinwaa gagwek inaadiziwin zaam binoojiinig gikendaanaa-aa gegaa agwa kina gego gnowaabmdamwaad owi bkaan bemaadizijig eshchigewaad.
- **Kwe ngaashkaan awii bizaanendaman jibwaa zhichigewin gego.** Binoojiinig gnimaa adaa azhi nkwehkaanaa owi gotaagotowendamowaad miinwaa znagendamowaad owi nikiiyaa nishkaaji zhayaawaad. Memdage gdo nandowenimigog owi apii nishkaaji zhayaawaad.
 - Jibwaa nakwetaman, nising kwe gichi akwanaaman maage biinish midaaswi apiinish gindaasan. Bekaa aji zhayaawin aga naadmaagowin awii naagdowendaman ezhi webak.
 - Giishpin gshkitowin waankiiwendaagwog awii niganad gdo binoojiinim, kwe oshkwe gaabiwin owi ezhiwebak awii bizaanendaman, miinwaa aanji gagwekam gdo binoojiinim awii abi biskaabiwin.
 - Nakwetan bizaanendaman miinwaa nokaadiziwin nikiiyaa, miinwaa aanjisidon gdo binoojiinim aangwaamwendan owi mina izhiwebiziwin.

Naagdowendizan

- **Naagdowendiziwin gichi piitendaagwod** E'gitziingejig miinwaa nyaagdowendimigejig woshme weweni naagdownimaa-aan ado binoojiinmiwaan owi apii [naagdowendiziwaad gewiinwaa](#). Weweni wiisinin, deminik nwebin, kowe boontaan enakiiwin, miinwaa nankiin gego menwendaagwog maage azhesewang. Gizhewi dodaadizan. Aanin bemaadizijig ado nikaazinaa-aan nibewinan, dibishko gonaa ishkodewaabo maage giwashkwenoozowin, aawang owi nikiiyaa awii naagdowendamowaad znagendamowin miinwaa aanimendamowin epiichi znagendaagwog. Dash wiigwa, nibewinan nikaazang abi njibaamgad niizaanag mina bimaadiziwin miinwaa age daa maanaaji madookdaagemigad gdo inendamowin miinwaa mina yaawin. Giishpin nikaaziwin nibewewina, gagweji gshkiton awii naazhinaman minik miinwaa owi minik apii e'nikaaziwin, miinwaa gajitooon wiiibwaa nikaaziwin nibewewinan gaataawiing binoojiinig yaawaad.
- **Dagoyaan waasamo biiwaabikonsing mazinaatesing gewe bekaanzijig.** Gaawi njike gdo yaasii. Dowaabmdan aasgaabwitaagewin miinwaa bagidinan godagitowendamowin dibaatanan newen gdo inendamowinan miinwaa znagendamowinan gewe gwijikiwenig miinwaa inodewiziwinag.



- **Aanji bekaadendan.** Izhichigen ningo dibagaans naanaagdowendaman nankiiwin. Babaamendan gdo inendamowinan. Babaamendan ezhayaawin gdo inendamowining. Babaamendan giishpin ezhayawin gichi nendaman maage gaawii. Babaamendan ezhi yaamigag gwiiyaw. Babaamendan gego gaagiidiziin maage maawidaagendaman. Aga naadmaagon maanda awii zhesewin miinwaa awii naangendiman.

Gagwech agwa aawan giin miinwaa gdo binoojiinimag awii nishinaadendamowaad, znagendamowaad, gwiiwinendamowaad zegiziwaad, maage nishkaadiziwaad maanda apii. Woshme gego aasgaabwitamaagewin, maage gwayaa awii ginonad newen enendaman miinwaa znagendamowinan, gdaa giigid odi:

- [Binoojiinig Naadmaagewin Giigido Biiwaabikons](#)
- [Canadian Binoojiing Wijiindiwin – Endanakiing Temgag Aasgaabwitaagewin gewe E'gitziimgejjig](#)
- [Inodewiziwinan Gaanada – Inodewiziwinan Aasgaabwitaagewin Wiigwaaman](#)
- [Gichi Niizaanag Zhichigewin Gaanada – Nikaaziwinan miinwaa Aasgaabwitaagewinan](#)
- [Mina Yaawin Maamowi Gaanada: Inendamowin MinaYaawin miinwaa Nibewinan Nikaazang Aasgaabwitaagewin](#)
- [Aasgaabwitaagewin gewe bemaadizijig](#)
- [Akiinsing miinwaa waasa wekamig nikaaziwinan owi COVID-19](#)