



Beshaa bwaa yaaang: Ezhi bejibijigaadeg sweshkaamigag owi COVID-19

Maamowi, gdaa nigaabidonaa owi sweshkaag COVID-19 mashkowendamang awii bwaa yaawing besha aanin bkaan bemaadizijig. Besha bwaa yaang debwemigad aawang bezhig memaanji nishing awii naazhinigaadeg owi sweshkaag aakoziwin epiichi swebideg. Newen nikaaziying zhiibendamowin miinwaa wiijiinakiindiwin, kina agwa ezhi bezhigowin gdaa naadmaagemi.

Wegnesh owi beshaa bwaa yaang yaawong

Maanda aawan aanjitowing ensa giizhgag ezhichigewing awii naazhinamang beshaa awii bwaa yawing bkaan bemaadizijig, maanda e'digosing:

- miiwishkan baatiinwaad bemaadizijig miinwaa maamowi yaang
- miiwishkan newen gagweji animkaagewinan, dibishko gonaa ziginjiindiwin
- naazhinamang beshaa awii bwaa yawing gewe woshme bemaadizijig e'niizaanzijig (dibishko gonaa gechi piitzijig miinwaa gewe e'aakozi aadizijig)
- ayaang niish anikan minik apii (megwaach agwa 2 nisiwe bimasewin dibagan) gewe aanin bemaadizijig, minik agwa ezhi gshkitowing





Maanda nikiiyaa ezhi zhichigewing beshaa bwaa yaang:

- nimkaage wewesiinijitawin awii naabshkaagemigag ziginjiindiwin, aabtojiingewin maage jiimiwin
- bekaa endaang yaang epiichi gshkitowing, owi edigosing wiisning miinwaa minwendaagoziwin
- bibaa giishpinaajigeng ngoding nigo namegiizhigag
- daapinan bemaadizijig maamowi daabaangowaad owi apii jaanimiiwisinag
- zhisidon waasamo biiwaabikons mazinaatesing nibwaachidiwin
- bamibidetong waasamo biiwaabikons mazinaatesijigan wiidokaaziwin gewe gdo binoojiinimag
- nikaazan waasamowin biwaabikonsan awii ginondwaa gwijikiwenig miinwaa gdo inodewizinag

Giishpin gshkitowin

- nikaazan miijim bijjigaadeg maage majidiwewin waasamo biiwaabkonsing
- endaawin onji nakiitan gwiiyaw maage gojiing
- Endaawin onji nakiin

Makwendan: Aaniin bemaadizijig adaa miigwewog COVID-19 aanowi gwaa bwaa naagodaning gego inamjiwinan. Zhiwe zhiwebak beshaa bwaa yaang zmagak awii zhichigeng, biiskigaadeg gaawii mashkikii gibiingwegwan maage gibiingwegan (dibishko gonaa zhichigan gnigen gwaa niishwegsing biimidaabiiginiganikaadeg gidagiigan, e-zhichigaadeg kina awii gibagaadeg jaansh miinwaa doon bwaa dwewaag, miinwaa dikobijigaadeg ndibaang maage



toganing e'waaye dikobideg) miigwemigad gibaakogan giin gdo nesewin bingigaak miinwaa gewe bemaadizijig miinwaa e'desaagin gaataawing etemigag. Gnimaage gdaa nigaabinigwon awii daanginaman gjaansh maage gdoon, yaawang nikiiyaa owi aakoziwin majzhoshens agezhi biindigemigagba gwiiwiying..

Makwendan: Gichi Gimaa maampii Gaanada agii maajitaaton Gichi Niizaanag Naaknigewin zhiwe owi Gibaakogowin owi onji *Aakoziwin Manijoshens Naaknigewin*. Maanda naaknigewin aawan kina bemaadizijig abi biindigewaad Gaanada mbaasjigining, jiimaaning maage akiing abdek bekaa awii yaawog endaawaad 14 giizhigag minik awii naazhinigaadeg swebideg owi COVID-19. Owi 14 giizhigag minik maajitaamigad owi apii abi biindigewin Gaanada.

- Giishpin agii bibaayaawin miinwaa yaanziwan gego inamjiwinan, aabdek gwii **gibaakogo owi onji aakoziwin manijoshens** (gibaakodiziyin).
- Giishpin agii bibaayaawin miinwaa yaaman inamjiwinan, aabdek gwii **gibaakodis**.

Woshme gego awii gikendaman: Canada.ca/coronavirus 1-833-784-4397