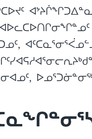

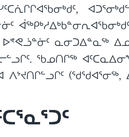

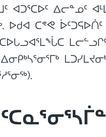

ᑕᐃᒪᖓᓕᒫᖅ:

canada.ca/le-coronavirus

ᑐᑭᓯᒋᐊᒃᑲᓐᓂᕈᒪᔪᖃᕈᓂ ᓄᓇᕙᓐᓇᐅᑉ, COVID-19 ᒥᒃᓵᓄᑦ:

1-833-784-4397

ᐅᑯᓂᖓ ᐊᑐᕐᑕᐃᓕᓂᖅ:

ᕿᒥᕐᕈᓂᖅ ᐊᑦᑕᓇᕐᑐᒦᑐᐃᓐᓇᕆᐊᖃᓂᕐᓂᒃ

ᑐᑭᓯᐊᓂᖅ ᐊᑦᑕᕐᓇᕈᑕᐅᔪᓂᒃ

ᐊᑦᑕᓇᖏᓐᓂᕐᓴᐃᑦ ᐊᑦᑕᕐᓇᕐᑐᑦ ᐊᑦᑕᓇᕐᓂᕐᓴᒦᓐᓂᖅ

ᖃᓂᒃᓴᓗᐊᕐᑕᐃᓕᓂᖅ

ᖃᓂᒪᒍᕕᑦ ᐊᖏᕐᕋᖅᓯᒪᓗᑎᑦ
ᐊᒻᒪ ᖃᓂᒃᓴᕐᑕᐃᓕᓗᑎᓪᓗ
ᐊᓯᓐᓂᒃ

ᒪᓕᓪᓗᑎᑦ ᓄᓇᓗᓐᓂ
ᖃᓄᐃᖏᑦᓯᐊᕋᓱᐊᕐᓂᓕᕆᔨ
ᒃᑯᑦ ᐊᑐᕐᑕᐅᖁᔭᖏᓐᓂᒃ

ᐅᓄᖏᑦᑐᓂ ᐊᒻᒪ
ᑖᒃᑯᓇᓂᑦᓴᐃᓐᓇᖅ
ᐃᓅᓯᓕᕆᓂᕐᒧᑦ ᐊᑐᕐᐸᓪᓗᑎᑦ

ᐊᓂᓂᐅᔭᖅᐱᑦ? ᐊᓂᒍᓐᓇᕐᐳᑎᑦ

ᐊᑦᑕᕐᓇᖏᑦᑐᒃᑰᕐᓗᑎᑦ.
ᖃᓄᐃᓘᕐᕋᔭᕐᓂᑎᑦ ᐊᑑᑎᖃᕐᐳᑦ.

ᐊᑦᑕᓇᕐᑐᒦᖁᓇᒃ ᐊᒻᒪ ᐊᓯᑎᑦ ᐊᑦᑕᓇᕐᑐᒦᖁᓇᒋᑦ ᐃᓱᒪᓕᐅᕈᑎᖃᑦᓯᐊᕐᓂᖅ:

ᐃᓄᑖᓗᓂ
ᐊᖏᕐᕋᕐᓯᒪᓂᖅ
ᐅᕝᕙᓘᓐᓃᑦ
ᐃᓪᓗᒥᐅᑕᖃᑎᖃᓂᖅ

ᓯᓚᒥ ᐃᓪᓗᒥᐅᖃᑎᒥᓂᒃ
ᐅᕝᕙᓘᓐᓃᑦ
ᐅᓄᖏᑦᑐᓂᒃ
ᑲᑎᓐᖓᖃᑎᖃᓂᖅ

ᓯᓚᒥ
ᐅᖓᓯᑦᑕᕆᖃᑎᖃᓂᖅ

ᓯᓚᒥ/ᐃᓪᓗᒥ
ᐊᑯᓂᐅᖏᑦᑑᒐᓗᐊᖅ
ᑲᑎᓐᖓᓂᖅ

ᐃᓪᓘᑉ ᐃᓗᐊᓂ
ᐅᓄᕐᑐᑦ
ᑲᑎᓐᖓᓂᖏᑦ
ᐊᑯᓂ

ᐃᓪᓗᒥ/ᓯᓚᒥᓗ
ᐊᑯᓂᐅᓂᕐᓴᖅ
ᑲᑎᓐᖓᓂᖏᑦ

ᐊᐃᒃᓯᕐᓂᖅ ᑎᑎᖅᑲᓂᒃ
ᐴᕐᑐᕐᓯᒪᔪᓂᓪᓗ

ᓂᐅᕕᕆᐊᕈᓐᓇᕐᓂᖅ
ᓂᕿᓂᒃ ᐊᓯᖏᓐᓂᓪᓗ
ᓂᐅᕕᕆᐊᕐᓂᖅ ᒪᓕᓪᓗᓂ
ᖃᓄᐃᖏᑦᓯᐊᕋᓱᐊᕐᓂᓕᕆ
ᔨᓄᑦ ᒪᓕᑦᑕᐅᖁᔭᐅᔪᓂᒃ

ᑕᒻᒫᕐᓯᒪᓂᖅ

ᐊᖁᓐᓂᖅ ᓄᓇᒃᑰᕈᑎᒥᒃ
(ᐊᑕᐅᓯᐅᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ
ᐃᓪᓗᒥᐅᖃᑎᖏᑦ)

ᐱᓱᔪᓐᓂᖅ

ᐃᓗᖓᑕ ᓯᓚᖓᓂ
ᐃᒐᓂᖅ ‘ᐃᓚᑐᐊᒥᓂᒃ’
ᐃᓚᖃᓗᓂ

ᓂᕆᕕᓐᓂᑦ ᐊᐃᒃᓯᕐᓂᖅ
ᓂᕿᓂᒃ

ᓄᓇᓕᓐᓂ/ᓯᓚᒥ
ᒥᕐᖑᐃᕐᓯᕐᕕᑦ ᐊᒻᒪ ᓯᒡᔭᒥ
ᐃᖃᐃᓴᕐᕕᑦ

ᐅᓪᓚᓐᓂᖅ/ᐱᓱᔪᓐᓂᖅ/ᓯᓲ
ᑎᓂᒃ ᐊᑐᕐᓂᖅ ᐃᓄᑑᓗᓂ
ᐅᕝᕙᓘᓐᓃᑦ
ᐅᖓᓯᑦᑕᖃᓂᒃᑯᑦ ᐊᓯᒥᓂᒃ

ᐅᖓᓯᑦᑕᕇᓐᓂᒃᑯᑦ ᓯᓚᒥ
ᓂᕆᓂᖅ

ᐱᓐᖑᐊᕐᓂᖅ
“ᐅᖓᓯᑦᑕᕇᓪᓗᑎᒃ” ᓯᓚᒥ
(ᓱᕐᓗ ᑎᓂᔅ/ᑯᓪᕕᖏ)

ᓱᔭᓕᕈᕕᑦ/ᕿᐅᕐᑕᐃᕕᑦ

ᓗᑦᑕᓕᐊᕐᕕᑦ/ᓗᑦᑕᓄᑦ
ᑕᑯᔭᐅᕕᒃᓴᓂᒃ
ᐊᖅᑭᒃᓱᐃᓂᖅ/ᑭᒍᓯᕆᔨᓄ
ᓪᓗ

ᓯᓂᑦᑕᕐᕕᒃ/ᓂᕆᕕᕋᓛᑦ
ᓯᓂᑦᑕᕐᕕᐅᓪᓗᑎᒃ

ᑖᒃᓰᑦ/ᐃᑭᒪᖃᑎᖃᓂᖅ
ᑕᕝᕙᓂᑦᓴᐃᓐᓇᖅ

ᐃᖅᑲᓇᐃᔭᕐᓂᖅ ᐊᓪᓚᕕᒻᒥ

ᐱᓐᖑᐊᕐᕕᑦ

ᑕᕐᕆᔭᕐᕕᑦ

ᓯᓚᒥ ᓂᕆᕕᑦ/ᐃᓪᓗᑉ
ᓯᓚᑕᓂᓗ

ᐃᓕᓐᓂᐊᕐᕕᒃ/ᑕᒻᒪᕐᕕᒃ/ᐸ
ᐃᕆᕕᒃ

ᑭᒃᑯᑐᐃᓐᓇᕐᓄᑦ ᐳᐃᔾᔪᕐᕕᑦ

ᓂᐅᕕᕐᕕᑦ/ᑕᑯᔭᒐᖃᕐᕕᑦ
ᐊᑯᓂᓂᑕᓂᒃ/ᑕᑯᔭᒐᖃᕐᕕᑦ
ᐊᓯᖏᓐᓂᒃ

ᑲᑎᑎᑕᐅᓃᑦ ᐊᒻᒪ
ᐃᓗᕕᕐᓯᓃᑦ

ᐳᓚᕋᕐᓂᖅ
ᐃᓄᑐᖃᕐᓂᒃ/ᐃᓚᓐᓇᒥᓂᒃ
ᐊᖏᕐᕋᖏᓐᓂ

ᐃᒥᕋᓚᕝᕕᑦ ᐊᒻᒪ
ᐅᓐᓄᒃᑯᑦ ᐃᒥᕐᕕᑦ

ᐃᖃᐃᓴᕐᕕᑦ ᐊᒻᒪ ᐃᖃᐃᓴᕐᑎᓄᑦ
ᐅᐸᑦᑕᐅᕙᑦᑐᑦ

ᐅᒥᐊᕐᔪᐊᑦ ᐊᒻᒪ
ᑕᖃᐃᕐᓯᕕᐅᕙᑦᑐᑦ

ᐃᕿᖃᑎᒌᓐᓂᖅ, ᑯᓂᓐᓂᖅ
ᐅᕝᕙᓘᓐᓂᑦ ᓴᐃᒨᕐᓂᖅ

ᐊᖏᔪᑦ
ᐅᒃᐱᕐᓂᕐᒧᑦ/ᐃᓕᖅᑯᓯᑎᒍᓪᓗ
ᑲᑎᒍᑎᓖᑦ

ᑕᑯᓐᓇᐅᔭᕐᓂᖅ ᐱᓐᖑᐊᕐᑐᓂᒃ
ᖁᐊᓴᕐᕕᒻᒥ ᐊᒻᒪ ᐱᓐᖑᐊᕐᕕᒻᒥ
ᑐᓐᖓᕕᖏᓐᓂ

ᑲᓰᓄᐃᑦ

ᐃᓄᒋᐊᑦᑐᑦᑐᓄᑦ ᐃᖏᕐᕋᐅᑏᑦ
(ᐸᔅ, ᓄᓇᒃᑰᕈᑎᑯᑖᑦ)

ᐃᓄᒋᐊᑦᑐᓄᑦ ᓂᕆᕕᑦ ᐃᓪᓗᑉ
ᐃᓗᐊᓂ/ᓂᕆᕕᑦ
ᑎᒍᓚᒋᐊᓕᓐᓂᒃ

ᐱᓐᖑᐊᕐᕕᑦ ᓯᓚᒥ

ᐱᓐᖑᐊᕐᓂᖅ
ᐊᑦᑐᖃᑦᑐᐅᑎᒍᑎᒋᓗᒍ
ᐊᑐᕐᓂᒃᑯᑦ ᑖᒃᑯᓂᖓᑦᓴᐃᓐᓇᖅ
ᐱᓐᖑᐊᕈᑎᓂᒃ

(ᐊᕿᓂᖅ/ᐹᔅᑲᐳᓪ)

ᑲᑎᒪᕐᔪᐊᕐᓃᑦ

ᐃᓄᒋᐊᑦᑐᓂ ᐃᓐᖏᕐᑎᑦᓯᓂᖅ,
ᐅᕝᕙᓘᓐᓃᑦ ᐃᖕᖏᕐᓂᖅ
ᐅᕝᕙᓘᓐᓃᑦ ᖃᐃᒐᓛᕐᓂᖅ

ᑯᔭᓐᓂᖅ ᐊᑕᐅᓯᐅᖏᑦᑐᒥᒃ

ᐃᓪᓘᑉ ᐃᓗᐊᓂ
ᖁᕕᐊᓱᖃᑎᒌᓐᓂᖅ ᐹᕐᑎ

ᖃᕆᑕᐅᔭᒃᑯᑦ ᑎᒍᓗᒋᑦ ᓄᓇᕙᓐᓇᕐᒧᑦ, COVID,ᒧᑦ
ᑕᑯᒋᐊᖃᓪᓚᕆᑦᑐᑦ.

ᐃᑲᔪᕐᓂᖅ ᐃᑯᓪᓚᐅᒥᑎᑦᓯᕗᖅ

ᓯᐊᒻᒪᑎᑦᓯᖏᓐᓂᑯᑦ ᖃᓂᒪᓇᕐᒥᒃ.

ᐊᓐᓂᑭᑦᑐᓂ, ᐱᕕᒃᓴᑭᑦᑐᓂ ᐊᒥᓱᓂᖃᑦᑕᐅᑎᑦᑕᐃᓕᓂᖅ

ᐊᑦᑕᓇᕈᑕᐅᔪᑦ ᐊᔾᔨᒌᖏᑐᐃᓐᓇᕆᐊᖃᒪᑕ ᖃᓄᖅ ᐅᖓᓯᑦᑕᕇᒋᒋᐊᖃᓂᒃᑯᑦ, ᐊᑐᕐᓂᒃᑯᓪᓗ ᒪᑐᓂᒃ ᖃᓂᕐᒧᑦ ᐊᑐᕐᑕᐅᑦ ᐃᓕᓐᓄᑦ ᐊᒻᒪ ᐊᓯᓐᓄᑦ, ᐊᒻᒪ ᖃᓄᖅ ᐊᐅᓚᑕᐅᑎᒋᓂᖏᓐᓄᑦ ᐱᓕᕆᕕᐅᔪᒧᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐋᖅᑭᒃᓱᐃᒃᑲᓐᓂᕆᐊᖃᓂᒃᑯᑦ ᐊᑦᑕᓇᐃᒃᑯᑎᓂᒃ. ᐅᑯᐊ ᑕᕝᕙ ᐆᑦᑐᕋᐅᑏᑦ ᐊᑦᑕᓇᓗᐊᖏᑦᑐᒥ, ᐊᑦᑕᓇᕐᑐᓄᑦ, ᐊᑦᑕᓇᕐᓂᕐᐹᓄᓪᓗ ᐊᑐᕐᑕᐅᔪᒃᓴᑦ ᑭᓯᐊᓂ ᐅᕝᕙᓘᓐᓃᑦ ᓇᓂᑐᐃᓐᓇᖅ ᐃᓄᒋᐊᑦᑐᔪᓂ ᒪᓕᑦᑕᐅᒐᓗᐊᕐᒪᖔᑕ ᒪᓕᓪᓗᒋᑦ ᓇᓂᑐᐃᓐᓇᖅ ᖃᓄᐃᖏᑦᓯᐊᕋᓱᐊᕐᓂᓕᕆᔨᒃᑯᓐᓄᑦ ᐃᓕᐅᕈᑕᐅᓯᒪᔪᑦ ᒪᓕᓪᓗᒋᑦ. ᖃᓄᑎᒋᖅ ᐊᑦᑕᓇᐃᓂᖏᑦ ᐱᔾᔪᑎᖃᒪᑕ ᐃᓂᑭᒃᓴᕐᓂᕐᒥᒃ ᒪᑐᓯᒪᔪᓂᒃ, ᐊᑯᓂ ᐊᑐᕐᑕᐅᓂᐊᓄᑦ, ᐅᓄᕐᑐᓃᓐᓂᖅ, ᐊᓂᕐᓵᕐᑐᑲᑕᓐᓂᖅ ᐅᑯᐊ ᐱᔾᔪᑎᒋᓪᓗᒋᑦ (ᖁᖁᐊᕐᓂᖅ, ᐃᓐᖏᕐᓂᖅ, ᖁᐃᕐᓱᕐᓂᖅ).

INUKTITUT / INUKTITUT