

# PROSTATE CANCER IN CANADA

**PROSTATE CANCER** develops in the cells of the prostate. Changes in these cells can lead to benign (non-cancerous) or precancerous conditions. In some cases, these tumours could become malignant (or cancerous).

## THE DATA

PROSTATE CANCER IS THE

**4<sup>th</sup>** MOST COMMON

CANCER IN CANADA

1 in 9 MEN



WILL BE DIAGNOSED WITH PROSTATE CANCER IN THEIR LIFETIME

ABOUT 22,900 MEN

WILL BE DIAGNOSED WITH PROSTATE CANCER IN 2019

PROSTATE CANCER IS THE #1 CANCER IN MEN

99% OF PROSTATE CANCERS OCCUR IN MEN AGED 50+

## RISK FACTORS



AGE



FAMILY HISTORY



ETHNICITY (AFRICAN ANCESTRY)



DIET HIGH IN FAT, RED MEAT AND DAIRY



INHERITED GENE MUTATIONS

## SCREENING AND DETECTION

70%

of prostate cancers are diagnosed early **AT STAGE I AND II\***

93%

of Canadian men diagnosed with prostate cancer **SURVIVE 5 OR MORE YEARS**



Prostate cancer usually progresses slowly and can be successfully managed. Screening for prostate cancer using the Prostate-Specific Antigen (PSA) test is not recommended for average risk Canadian men with no history of prostate cancer. Screening guidelines are available from the **Canadian Task Force on Preventive Health Care**.



For more facts about prostate cancer visit: [www.Canada.ca](http://www.Canada.ca) and Search: prostate cancer

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Data Sources: Canadian Cancer Statistics 2019; Statistics Canada, Canadian Cancer Registry CANSIM Table 103-0554; Canadian Partnership Against Cancer Cancerview.ca - 2017 Cancer System Performance Report.

\* Cancer stage distribution is based on eight provinces and does not include Quebec or Ontario.



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CANADIAN PARTNERSHIP  
AGAINST CANCER



PARTENARIAT CANADIEN  
CONTRE LE CANCER