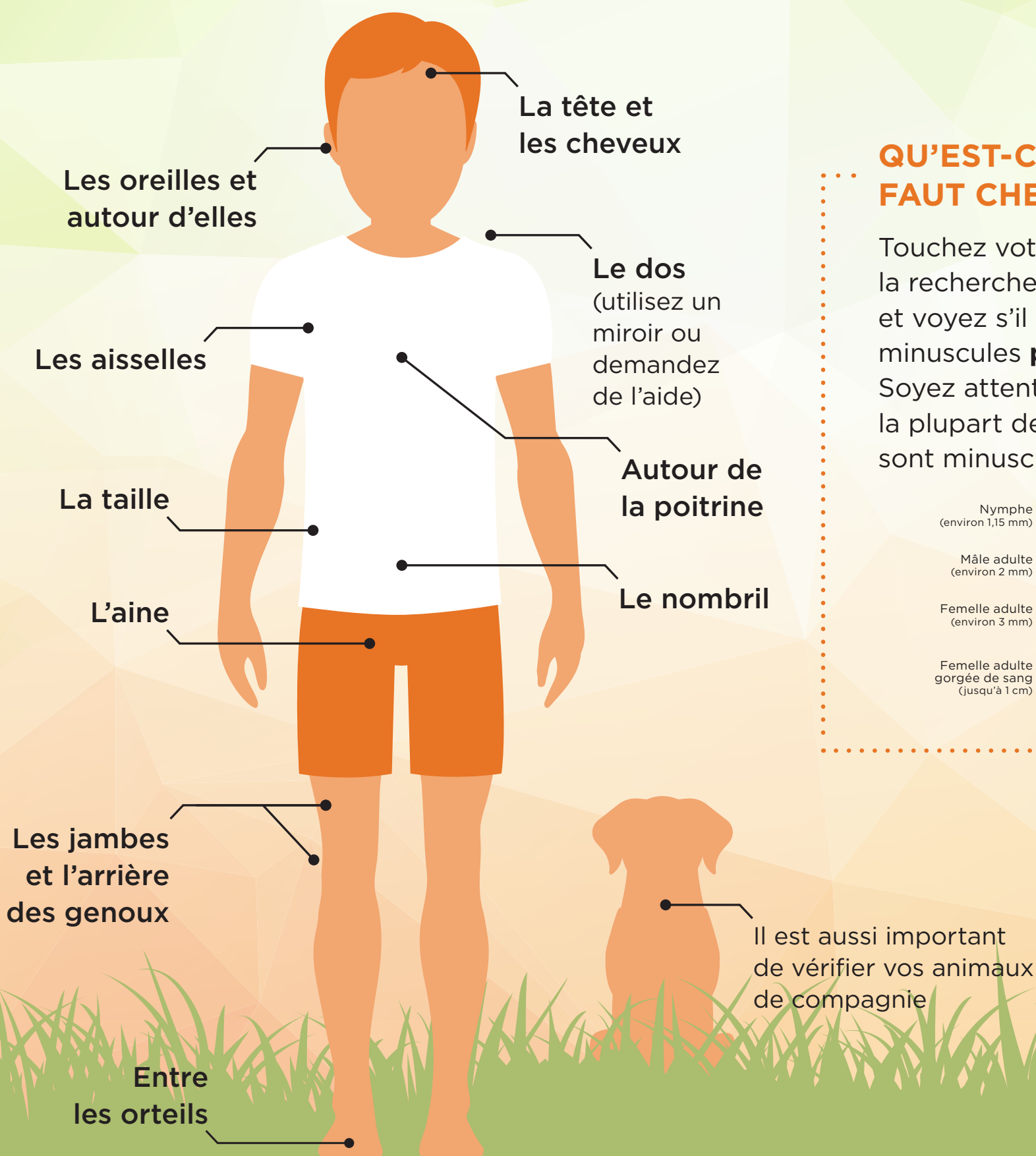


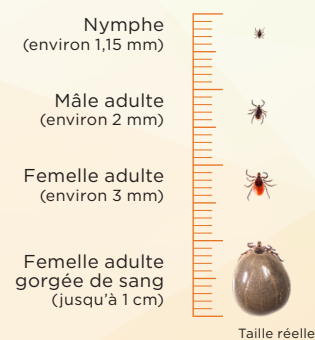
# LES 10 CACHETTES PRÉFÉRÉES DES TIQUES SUR VOTRE CORPS

Prévenez la maladie de Lyme et toutes autres infections transmises par les tiques en prenant soin d'**inspecter votre corps** au retour d'une activité extérieure, particulièrement :



## QU'EST-CE QU'IL FAUT CHERCHER?

Touchez votre peau à la recherche de **bosses** et voyez s'il y a de minuscules **points noirs**. Soyez attentif, car la plupart des tiques sont minuscules!



Photos URI TickEncounter Resource Center

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Vous avez trouvé une tique?  
Retirez-la immédiatement pour réduire le risque d'infection.

[Canada.ca/MaladieDeLyme](https://Canada.ca/MaladieDeLyme)

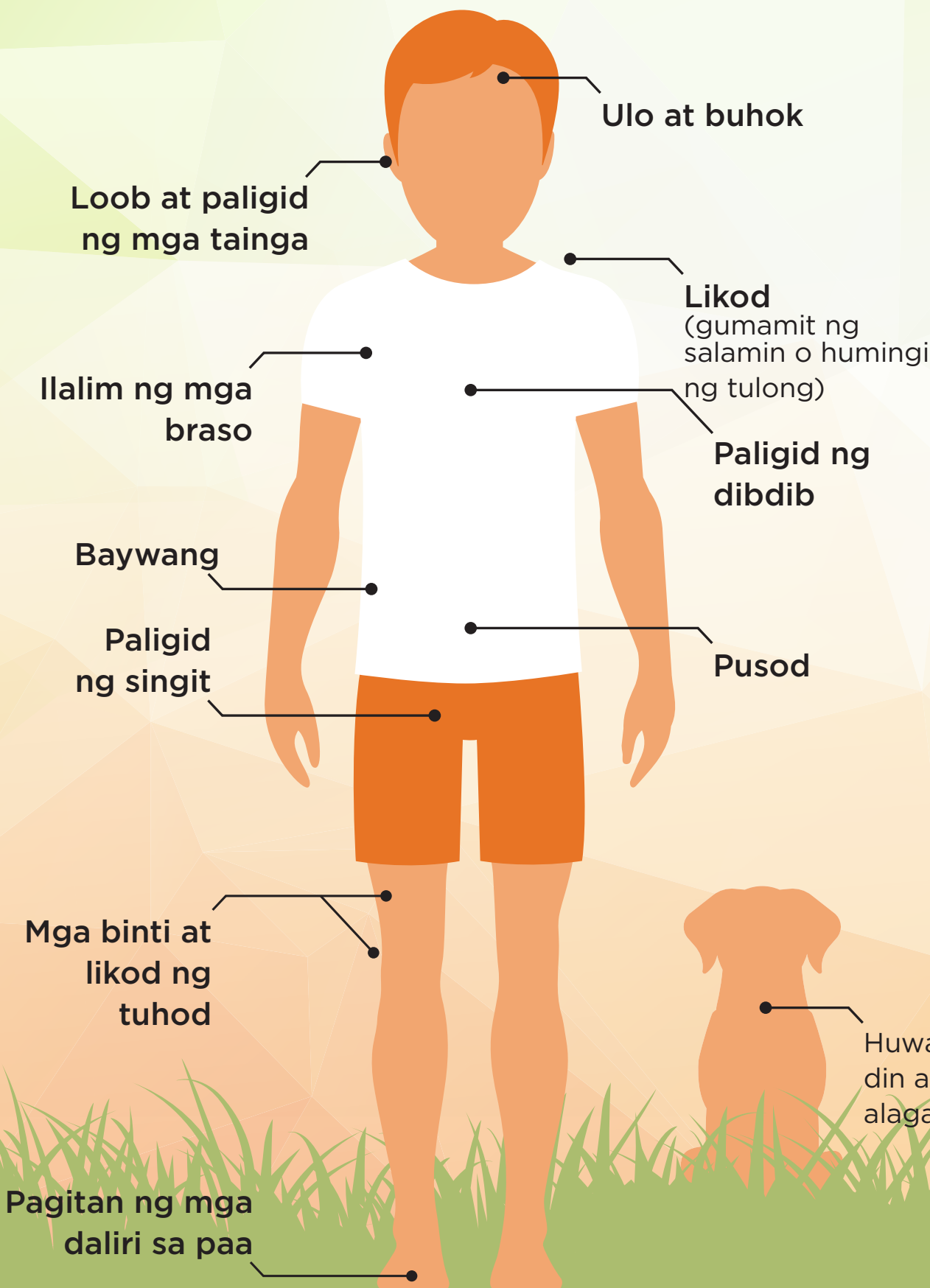


# NANGUN-10 GUNANG



## LUGAR NA TAGUAN NG GARAPATA SA IYONG KATAWAN

Ang mga pagsusuri para sa garapata ay isa sa mga paraan kung paano mo maiiwasan ang Lyme disease at iba pang impeksyong ikinakalat ng mga garapata. **Suriin ang iyong buong katawan**, lalo na ang:



### ANO ANG DAPAT HANAPIN?

Hipuin kung may **mga bukol** at maghanap ng maliliit at **maiitim na batik**. Maghanap nang mabuti, napakaliit ng karamihan sa mga garapata!!

Nymph (humigit-kumulang 1.15 mm)



Adult Male (humigit-kumulang 2 mm)



Adult Female (humigit-kumulang 3 mm)



Fed Adult Female (hanggang 1 cm)



Tunay na laki

Mula sa URI TickEncounter Resource Center ang mga larawan

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Huwag kalimutang suriin din ang iyong mga alagang hayop!

Nakakita ng garapata?

Alisin ito kaagad upang mabawasan ang panganib ng impeksyon.

[Canada.ca/LymeDisease](https://Canada.ca/LymeDisease)



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