



Coronavirus Enn malaajhii (COVID-19)

Si nissisayr ka natawayihtakwahk poor li traveller aykwawniki kishchiitwayhk akwa ka soohk aashta ka peeyakohk ka takooshinit LAYRPLANE

Ooki Li Goovamimaan Canada soohk ashtaawak ooma kapimitishaahmihk akwa payhtuk ka mishowayitaymaka COVID-19 akwa peetoushi itouwuhk didawn Canada. **Kiya PIKO SEEMAK KA PEEYAKOHK poor katorz di zhoornii, si nissisayr meena aen geemiyikiyin ka kayshchinahoohk ouschi weehstamakaywin akwa pishkapimisho lii sing di malaajhii ka mooshihtaahk saprawn chikee ayawhk nahkatwayihtumowin ouschi Aen Atipoonipayin aen Risk ouschi ka Nakishkikateek COVID-19 aan daan lii Zord Canada (Piko seemak ka Peeyakohk, Peeyakw Aayaawin akwa Kootaka Pishkayimiwawn).**

Li piblik la saantii La zhawnsree ouschi Canada ka taypwaytikwak aen kawpeekishkwaytamihk toon test geepounihchikatayws akwa/keema kaw-kayshchinawhoo ki pimitishaheen avek ooma ka peeyakohk li sort. Si voo play kayshchinawhoo ooma weehstamakaywin geemiyikiyin aykwawnima kayschinawhoowin. Ka geemiyikiyin namou-kwaayesh weehstamakaywin aykwawnima aen mawyahkamikishoowin awnt soor ooma **Ka peeyakohk La lway.**

Kiya PIKO:

- **KA PEEYAKOHK** kiya noohpoo seemak itay noohpoo seemak itay ka nawashoonikawtayk ka peeyakohk paminikaywin keema aen plaas ka peeyakohk ishi geemiyikihk ouschi igzaminee l'oflsyee keema ka peeyakohk l'oflsyee
- **OUTINA** COVID-19 molecular aen test ishpee **NEEKAWN DI ZHOORNII** ka peehtikwayin Canada akwa ishpee **DI ZHOORNII 8** ouschi toon ka peeyakohk aen tawn geemiyikihk ouschi ka peeyakohk l'oflsyee
- **AYAWHK** didawn ka peeyakohk ishko li bout ouschi katorz-di zhoornii tawn aykwawnima kaw-mawchistahk ishpee di zhoornii ka takooshineeyin didawn Canada
 - **AYAWHK** kiyawpit nawut ka peeyakohk kishpin toon **8 DI ZHOORNII** aen test geepounihchikatayw akwa kayshchinawhoowin. **Kiya piko** kiyawpit nawut ka peeyakohk poor katorz di zhoornii ouschi ishpee toon **8 DI ZHOORNII** aen kaw-outinikawtaywn kishpin ooma **8 DI ZHOORNII** aen test geepounihchikatayw akwa kayshchinawhoowin.
- **SHAWPOO ITOOTA** pikou itouwuhk la sawntee igzaminee aykwawnima ka peeyakohk l'oflsyee saprawn chi-ayndawaytahk
- **TAYPWAAYKUN** ishi li piblik la saantii la zhawnsree (wawpasta lout bor) weestamakay ouschi igzaminee l'oflsyee keema ka peeyakohk l'oflsyee kishpin ayndawayhtamin kiyawpit nawut la sawntee pishkayimowin
- **WEESTAMAKAY** ka takooshineeyin itay l'adres ouschi ka peeyakohk ka geemiyikihk didawn 48 en hor apray ka peehtikwayin Canada





- Kishpin ki awpachistawn ArriveCAN ka peehtikwayin Canada, keeyapit ga awpachistawyin aen weestamakayin ka takooshineeyin
- Kishpin namoo wiya ki awpachistawn ArriveCAN ka peehtikwayin Canada, keema namoo wiya kashkistawn ka weestamakay shawpou ArriveCAN poor pikoukaykwuy rezoon, taypwaaykun 1-833-641-0343 aen weestamakay ka takooshineeyin
- **KENAWAYHTA** toon copy ouschi kahkiyuw ou wayaezh-ouschipayiwun COVID-19 molecular aen test geepounihchikatayw. Ka geekwaychimawin aen si nissisayr geemiyikiyin ooma weestamakaywin ishi Li Goovarnimaan Canada keema li goovarnimaan provaynsli keema li territwayr, keema toon local li piblik la saantii la zhawnsree maykwawt toon ka peeyakohk aen tawn.

Si boon plaas pour ka peeyakohk aywawnima ooma PIKO aen plaas ekota kiya:

- **KAWYA** chikee outinanim li piblik pooshiwin (tapishkoot layrplane, aen bus, lee shawr, subway, aen taxi keema aan paar pooshiwin) ou wayaezh ishi aen plaas ka peeyakohk
- **KA GEEAYAWN** poor katorz di zhoornii keema si posib kinwaysheesh
- **NAMOO WIYA GEEAYAWN** nakishkamowin avek li moond aykwawniki:
 - toon lawzh swasaant saenk keema kiyawpit nawut
 - ki ayawn la michinn ouschi ishayawin
 - ki ayawn li dawnzhee compromised immune aen system
 - ki atoushkan keema weechihwaan didawn paminikaywin, weekouwawhk keema atoushkaywin aykwawnima avek en-risk ikouhk li mood, akwa meena:
 - La nurse, lee doktor, kootakak la sawntee li profisyoon, wiya ikou kapamihiwayw atoushkaywak, weechihayw poor lee poovr
 - Neekawnay atoushkaywak, tapishkoot li paramedic
 - Payhkitaw akwa chickenawayhtamihk atoushkaywak, i'ofis akwa kawpaminuhk atoushkaywak, li mawnzhee weechihwaywin atoushkaywak, li voluntee, kischee keewkaywak ishi aykwawniki ka kawweekichik didawn kinwaysheesh-kenawaymih paminikaywin
- **KA GEEAYAWN** aen sipawree en shawmbr ouschi aykwawniki namoo wiya ou wayaezh avek kiya
- **KA KI KAWSHOUSHTAW** nakishkamowin avek kootakak namoo wiya ou wayaezh avek kiya
- **GEEAYAWN CHI-OUHCHIEHTIKWAYHK** ka pishkapimisho sapraan chi ayaahk ka ishi pimatishi, tapishkoot diloo, li mawnzhee, la michin akwa kishitaywin nohpoo shinakatawmin ka peeyakohk
- **NAMOO WIYA GEEAYAWN didawn la bonch ita kawayawhk.** Awtist ka kochiwahpatahiwayhk tapishkoot:
 - aen shelter, la bonch weekiwin, la bonch itay kawweekihk, hostels, industrial kapayshiwin, construction aen trailer keem kootak la bonch ka-ayahk
 - lee zhawn'd ikol weekiwin (kishpin piko gee-outistikouyin avawn kawmiyiht)
 - aen pchi apartment sa pawr avek kootakak
 - sa pawr kawweekiyen avek groo famee keema li famee keema mischayt li moond
 - sa pawr ka weekihik la plas avek weechikaymitouwuk aykwawniki namoo wiya ou wayaezh avek kiya akwa namoo wiya aen ki kawshoushtaw



Li piblik la saantii la sort aen pimitishahamin maykwawt pooshiwin

- **TOON** automobil pooshiwin piko ka awpachistawn ka itouhtayin itay toon la plaas ka peeyakohk
- **POSHTISHKA** nahiyokohk ouschikawtayk, nahiyokohk aen kishkamin, namooya-la michinn ouschi en mask maykwawt ka pooshihk, kishpin piko ka peeyakohk didawn toon automobil.
- **KAKWAY** taapitaw pooshi aen automobil si posib
- **KAWSHOUSHTAW** nakeewin akwa manaa nakishkawik kootakak li moond maykwawt ka pooshihk
- **KAWSHOUSHTAW** nakishkamowin avek disseu wawweepat ka shawmmikawtayk ouschi kootakak
- **AEN SIPAARII** tapitow ka kanawayimshook nanduw deu m tapitowi maykwawt ka pooshihk
- **TIPAHA** enn pomp kiishpin li gaz dawayihtum akwa shaapoo paaminikay apachihtaa kiishpin li maanzhii kindawayihtayn
- **PAYHKAWPAWATAW** tee maen wawweepat

Maykwawt ka peeyakohk

- **RIPOOND** ka paypeekishkwayt keema ka paykeewkayt igzaminee l'oflsyees keema li awnfors la lway. Paypeekishkwayin ka nawkwun didawn toon peekishkwayin nawkwun ishi GOV-GOUV CANADA keema 1-888-336-7735. Igzaminee l'oflsyees akwa li awnfors la lway piko nishtawaynikashoochik kaw-weehowkashoot akwa wawpastahiwayw ka nishtawiniwayhk, akwa chikwaychihkaymou toon noo.
- **KAWYA** shipwayhtay ouschi ekota toon plaas ka peeyakohk kishpin piko la pitaal piko en tohtayani, si nissisayr la michinn ouschi weechihiwaywin keema aen tretmaan, kaw-ootinamin COVID-19 molecular aen test, keema aen ki- paarmisyoon kawmiyiht ouschi ka peeyakohk l'oflsyee
- **AY-ITOTAMIN** piko-ishi la sawntee ka kochiwahpatahiwayhk aykwawni ni ka peeyakohk offisyii ka natawayihta.
- **PIKO** touhtay dahor didawn kiimoochi li taanboor keema la yard avek aykwawni ni ou wayaezh avek kiya
- **KAWYA** ka keewkaywak li famee, too namee keeta kootakak li vizitoer. Li mawnzhee, magazaen'd mawzhee, keema kootaka si nissisayr kaykwuy, akouta ane la port chikee nakachikawtayk poor mana nakishkatoowin
- **KAWYA** awpachistaw en pawr li shawmbr tapishkooch ita kaw-ouhchipeehtikwayhk, en vaerzh, li resterawn, en grawn hall keemaa ita kaw-pakaashimoohk kishpin eweekihk didawn condo keema aen pchi apartment la bawchees keema daen nootel

Kiya PIKO aen pishkapimisho lii sing di malaajhii poor katorz li zhoorni

Kiishpin ki mooshihiwin lii sing di malaajhii ouschi il i peer keemaa ishpayin neu mayamahcihowin, pimitishaaha ooma COVID-19 kaw-itikawiyen ouschi li piblik la zhawnsree(waapahta li bout poor ka aachimoshtakawyk). **Oohin ikouhk mayamahcihowina ekwanihi ki ooshchipayin avek COVID-19:**

- neu keemaa il i peer ohtstotayn
- kipatamoon/si jeur mawyipukitatawmouhk
- ki mooshihtan la fyayvr, nanihkachiw, ahpoo la fyayvr peeyakwan keemaa ayiwaak 38°C
- la poo mayshkouchipayin ahpoo aen mooshkipayihk (aan daan li zawnfawn)
- li nayr keema toot kor weeshakaytamihk, nayshtoushiwin, noo mushkowsheewin, keema mawyimaschihouwin
- neu wunihtawin ouschi miyawshtamin keemaa koochishpitamihk
- li mal di tet
- li vawntr mayamahcihowin tapishkooch li vawntr li pwaen, li diboor, ahpoo pwawkamoowin



Ooma ka natawayihtakwahk lii zord piko kaa naakatookatayk osaam ouschi kishchiitwayhk akwa li awnfors

Ka taypwaytikawin ouschi 1-888-336-7735 akwa aen ki paykeewkayw igzaminee l’oflsyee keema li awnfors la lway aen kayshchinahookh toon ki pimitishaheen maykwawt toon katorz-di zhoornii ka peeyakohk. Chikee meena outistikoun li automated taypwaywin akwa email kishkishoumowin ouschi toon pishkayimiwawn.

Aykwawniki kiishpin kii piikoonum ka natawayihtakwahk la lway kaa kii ashwayikashoo ka peeyako kanawayyimisho pitaal, meena aen chiket akwa/keema daan la prayzoon.

- Pishishkeyihta ka taypwaatikawin ouschi enn provaynsli ahpoo li territwayr tipayhchikewak shawpoo toon katorz-di zhoornii ka peeyakohk aen tawn.

Kishpin aen federal akwa enn provayns wiitamakaywin paahkaan, aen pimitishaaha si nissisayr strik.

Li public la zhawnsree

Enn provayns akwa li territwayr	La phone noombr	Website
British Columbia	811	www.bccdc.ca/covid19
Alberta	811	www.myhealth.alberta.ca
Saskatchewan	811	www.saskhealthauthority.ca
Manitoba	1-866-626-4862	https://manitoba.ca/covid19/restartmb/prs/orders/index.html#current www.youtube.com/user/ManitobaGovernment
Ontario	1-866-797-0000	www.ontario.ca/coronavirus
Quebec	1-877-644-4545	www.quebec.ca/en/coronavirus
New Brunswick	811	www.gnb.ca/publichealth
Nova Scotia	811	www.novascotia.ca/coronavirus
Prince Edward Island	811	www.princeedwardisland.ca/covid19
Newfoundland and Labrador	811 ahpoo 1-888-709-2929	www.gov.nl.ca/covid-19
Nunavut	1-867-975-5772	www.gov.nu.ca/health
Northwest Territories	811	www.gov.nt.ca/covid-19
Yukon	811	www.yukon.ca/covid-19