

HEY, ARE YOU OK?

Too many alcohol overdoses aren't addressed because the difference between being really drunk and an overdose can sometimes be hard to identify.

ALCOHOL POISONING

KNOW THE SIGNS:

C.U.P.S.

COLD AND SWEATY SKIN

UNCONSCIOUS

PUKING

SLOW/IRREGULAR BREATHING OR HEART RATE



If your friend or someone around you is experiencing any of these symptoms, they may need immediate medical attention.

Remember: If you ask for help and you have other drugs on you, you can be protected by the Good Samaritan Law.



*recovery position

WHAT TO DO

1. **Check in** with the person by talking to them or gently shaking them.
2. If they are not responsive, **call for help** (campus services, security, 911).
3. Sit them down, or if they are unable to sit up, lay them on their side in the **recovery position*** to prevent choking.
4. **Do not leave them alone.**
5. Try to find out if they've taken **other substances** and how much.

