



# Increase in ST-11 serogroup W *Neisseria meningitidis* invasive meningococcal disease in Canada, 2016–2018

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## Abstract

**Background:** Many countries have experienced increases in invasive meningococcal disease (IMD) due to a serogroup W *Neisseria meningitidis* (MenW) strain of the multilocus sequence type (ST)-11 clonal complex (CC). MenW ST-11 was first reported in Ontario, Canada, in 2014. By 2016, this strain caused IMD in five provinces and was responsible for 18.8% of the IMD cases in Canada.

**Objective:** To provide an update on invasive MenW disease in Canada including the strain characteristics, specimen source of isolates, age, sex and geographic distribution of cases.

**Methods:** *N. meningitidis* from culture-positive IMD cases are routinely submitted to the National Microbiology Laboratory (NML) for serogroup, serotype, serosubtype and sequence type analysis. The data from January 1, 2016 to December 31, 2018 were analyzed by calculating the proportion of IMD cases caused by MenW compared with other serogroups. In addition, trends based on age, sex and geographic distribution of cases and specimen source of isolates were analyzed based on information on specimen requisition forms.

**Results:** Over the three year period, 292 individual IMD case isolates were analyzed. The percentage of IMD case isolates typed as MenW more than doubled from 19% (n=15) to 44% (n=51) in 2018 when MenW became the most common serogroup, exceeded the number of MenB, MenC or MenY. In total, 93 MenW case isolates were identified, 91% (n=85) belonged to the ST-11 CC. The increase in MenW affected all age groups (but was most common in those older than 60) and both sexes, and occurred across the country but most prevalent in western Canada. The most common specimen source was blood.

**Conclusion:** In 2018, MenW was the most common serogroup for isolates received by the NML from culture-positive IMD cases in Canada. Over 90% of the MenW serogroup isolates belonged to the ST-11 CC. The quadrivalent ACWY meningococcal conjugate vaccine protects against IMD caused by strains in the A, C, W or Y serogroups and therefore may protect against IMD caused by the new MenW ST-11 strain; however, more research is needed. The emergence of variant strains highlight the importance of strain characterization in IMD surveillance and research.

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## Introduction

Invasive meningococcal disease (IMD) caused by the bacterium *Neisseria meningitidis* is a notifiable disease in most countries including Canada as well as by World Health Organization (1). The most severe forms of IMD include meningitis and septicemia, but the bacterium is also capable of causing pneumonia, septic arthritis and localized infections like conjunctivitis and urethritis. Before routine vaccination against meningococcal serogroup C (MenC) was introduced in Canada, incidence rates of IMD were about 1.0 case per 100,000 population with rates increasing during outbreaks of MenC disease (2). From 1989 to 1993, for example, incidences of IMD were 1.4–1.6 cases per 100,000 (3). Since the introduction of MenC conjugate vaccines in the mid-2000s, the overall average incidence rate of IMD in Canada decreased to about 0.6 per 100,000 population, with most cases due to MenB and MenY. Historically, MenW has not been a major cause of IMD (4).

In Canada, most IMD cases are confirmed by culture and/or polymerase chain reaction (PCR) at local hospitals and provincial public health laboratories. Invasive *N. meningitidis* isolates are also routinely sent to the National Microbiology Laboratory (NML) for further typing including antigenic analysis and genetic clonal analysis.

### Classification of *Neisseria meningitidis* bacteria

Based on the antigenicity of their surface capsular polysaccharides, 12 *N. meningitidis* serogroups have been identified. Most invasive diseases are caused by the six serogroups of A (MenA), B (MenB), C (MenC), W (MenW), X (MenX) and Y (MenY) (5,6). The prevalence of different serogroups varies geographically (5) and may be further affected by the local vaccination programs (7).

Besides the capsular serogroup polysaccharide that contributes to virulence, most strains with the potential to cause IMD outbreaks or epidemics belong to a limited number of hypervirulent clones or lineages and are classified into sequence types (STs). Related sequence types are grouped into clonal complexes (CCs). Some of the well-established hypervirulent clones have been described as ST-11, ST-32 and other sequence types (5,8). Two outer membrane protein antigens, PorB and PorA, are used to further classify strains into serotypes and serosubtypes, respectively (9). When these outer membrane proteins are used together with the capsular antigen, strains can be classified by their antigenic formula such as, for example, serogroup B:serotype 4:serosubtype P1.7,4. This helps to track the multiple variants and epidemiology of this disease.

### Emergence of MenW disease

Data collected at the NML over the last five years have shown the emergence of a MenW ST-11 clone in Canada, characterized

by the antigens W:2a:P1.5,2. This clone was first detected in Ontario in 2014 (10). By 2016, four other provinces had reported IMD cases due to this MenW clone (11).

In this study, we report on the characterization of IMD isolates sent to the NML between 2016 and 2018. We analyzed the strains by antigenic and genetic typing and analyzed trends based on age, sex, geographic distribution of cases and specimen source.

## Methods

### Bacterial isolates

Invasive *N. meningitidis* cultured and identified at local hospitals and diagnostic laboratories are routinely submitted to their respective provincial public health laboratories for serogroup determination or confirmation. Provinces and territories submit such isolates to the NML for additional typing as part of the national surveillance of IMD.

This study made use of isolates of *N. meningitidis* obtained from individual IMD cases, and did not include cases diagnosed by PCR or antigen detection. Most of the isolates the NML receives are from culture-positive IMD cases. Previous studies have shown that 90% of IMD cases identified by provinces and territories could be matched to isolates received at the NML (12,13), suggesting that the NML has a robust and representative sample.

This study included all invasive *N. meningitidis* isolates obtained from culture-confirmed IMD cases submitted to the NML between January 1, 2016 and December 31, 2018. Duplicate isolates from the same patients were removed from the analysis.

### Typing of *Neisseria meningitidis*

At the NML, isolates were characterized by standard methods to determine their antigenic formula (serogroup:serotype:serosubtype). Multilocus sequence typing (MLST) was performed according to procedures described previously (14,15), and isolates were classified into sequence types and clonal complexes as per the procedures described by the *Neisseria* MLST website (16).

### Demographic data and specimen source

Information on the age and sex of each patient and geographic origin and source of each specimen was obtained from the requisition forms provided with specimens by the provincial public health laboratories. For geographic origin, we combined the data for Atlantic Canada (New Brunswick, Newfoundland and Labrador, Nova Scotia, Prince Edward Island) as well as for northern Canada (Northwest Territories, Nunavut, Yukon Territory).



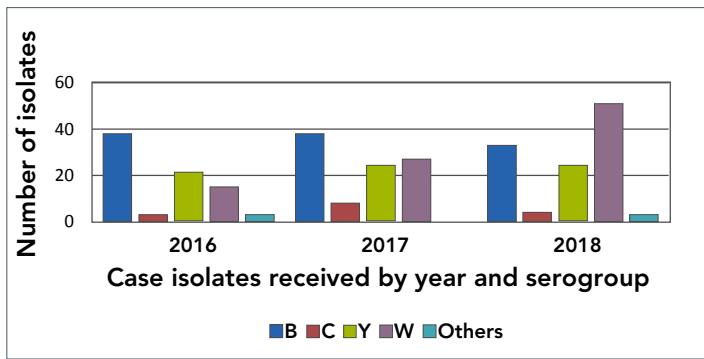
## Results

During the period January 1, 2016 to December 31, 2018, a total of 292 individual case isolates were sent to the NML: 80 in 2016, 97 in 2017 and 115 in 2018.

### Serogroup distribution

There was a change in the serogroup distribution of culture-confirmed IMD cases over the three-year period. The number of MenC case isolates remained low, fluctuating between three and eight isolates per year, and the proportion of IMD isolates that were typed as MenB and MenY showed a downward trend over the three-year period. The number of isolates that were typed as MenW increased from 15 in 2016 to 51 in 2018, and exceeded the number of MenB or MenY isolates in 2018 (Figure 1).

**Figure 1: Distribution of *Neisseria meningitidis* serogroups from invasive meningococcal disease cases in Canada, 2016–2018**



### Strain characteristics

Of the 93 invasive MenW isolates, 85 (91%) were assigned to ST-11 CC, six (6%) to ST-22 CC and one to ST-60 CC (ST-11739); one was not assigned to any known clonal complex (ST-1308). The majority (n=83 or 98%) of the MenW ST-11 CC isolates were typed as ST-11, with only two identified as single locus variants of ST-11. Of these variants, one was typed as ST-12818 and the other as ST-13250. Most MenW of the ST-11 CC were found to have the serotype antigen 2a (n=76; 89%) and most were typed as either 2a:P1.5,2 (n=42; 49%) or 2a:P1.2 (n=31; 36%). All six MenW of the ST-22 CC were typed as NT (non-typeable):P1.6. The MenW that did not classify into any known CC was typed as 4:P1.16 and the MenW of the ST-60 CC was typed as 2a:P1.5,2.

Five sequence types were identified among the six MenW of ST-22 CC: there was one isolate of ST-22; two of ST-184 and one each of ST-1158; ST-1124; and ST-8974. The five non ST-22 isolates had sequence types with six of their seven housekeeping genes identical to that of ST-22 (single locus variants of ST-22).

### Demographic data and specimen source

Between 2016 and 2018, over half (n=55, 65%) of the MenW ST-11 CC cases were adults aged over 30 (including 34 cases, or 40%, aged over 60), while 19% (n=16) were aged 16–30 years (Table 1). In 2018, nine (19%) of 47 cases were under six years; five were under 12 months old (Table 1). In contrast, there were only two cases aged less than six years in 2016 and 2017 combined. Of the 85 cases during the study period, 46 were female.

**Table 1: Age and sex distribution of invasive meningococcal disease cases caused by serogroup W *Neisseria meningitidis* (MenW) ST-11 clonal complex, 2016–2018, Canada**

Age and sex of cases		Number of cases per year			Total number of cases
		2016	2017	2018	
Sex	Male	9	12	18	39
	Female	4	13	29	46
Age	Less than 12 months	0	1	5	6
	1–5 years	1	0	4	5
	6–15 years	1	2	0	3
	16–30 years	2	7	7	16
	31–60 years	3	5	13	21
	More than 60 years	6	10	18	34
	All ages	13	25	47	85

The increase in MenW was particularly significant in western Canada (Table 2). The proportion of MenW among all IMD isolates from 2016 to 2018 was 57% in British Columbia, 50% in Alberta, 43% in Saskatchewan and 46% in Manitoba. In contrast, overall percentages of IMD isolates typed as MenW were 25% in Ontario and 17% in Quebec. In Atlantic Canada, there was only one MenW case isolate in the same three-year period. Only one MenW out of a total of two IMD isolates was received at the NML from northern Canada.

The source of specimens for MenW of the ST-11 CC were mainly from blood cultures (n=79 or 93%); three were found in cerebrospinal fluid (including one in both blood and cerebrospinal fluid). In 2018, there were two cases with the MenW ST-11 CC in the joint fluid; in one case, the organism was isolated from a subarachnoid specimen.



**Table 2: Temporal and geographic distribution of culture-positive invasive meningococcal disease for all serogroups and serogroup W *Neisseria meningitidis* (MenW) isolates in Canada according to clonal complex<sup>a</sup>**

Region	2016			2017			2018			2016–2018 Total IMD isolates
	All IMD isolates	ST-11 MenW	Non ST-11 MenW	All IMD isolates	ST-11 MenW	Non ST-11 MenW	All IMD isolates	ST-11 MenW	Non ST-11 MenW	
BC	11	2	0	23	13	1	22	14	2	56
AB	7	1	1	8	4	0	19	11	0	34
MB, SK	6	2	1	8	2	0	6	3	1	20
ON	24	5	0	26	4	0	31	11	0	81
QC	25	3	0	24	2	1	26	6	1	75
NB, NL, NS, PE	6	0	0	8	0	0	10	1	0	24
NT, NU, YT	1	0	0	0	0	0	1	1	0	2
Total	80	13	2	97	25	2	115	47	4	292

Abbreviations: AB, Alberta; BC, British Columbia; IMD, invasive meningococcal disease; MB, Manitoba; MenW, *Neisseria meningitidis* serogroup W; NB, New Brunswick; NL, Newfoundland and Labrador; NS, Nova Scotia; NT, Northwest Territories; NU, Nunavut; ON, Ontario; PE, Prince Edward Island; QC, Quebec; SK, Saskatchewan; ST, sequence type; YT, Yukon Territory

<sup>a</sup>Either ST-11 clonal complex (ST-11) or non ST-11 clonal complex (non ST-11)

## Discussion

In the last three years, the number of invasive *N. meningitidis* isolates received at the NML has increased by 44%, from 80 isolates in 2016 to 115 isolates in 2018. The increase was mainly due to MenW, with number of case isolates more than tripling, from 15 in 2016 to 51 in 2018. This increase in MenW shifted the serogroup distribution of IMD in Canada, which since the introduction of MenC conjugate vaccines, has been predominantly MenB. The increase in MenW in Canada is due to the continuing expansion and spread of the hypervirulent ST-11 CC. This increase was particularly evident in the western provinces where MenW accounted for 43–57% of their IMD isolates.

The MenW ST-11 CC isolates in Canada are similar to the strains currently circulating globally (17). Parallel findings have been reported in Australia (18), parts of the United States (US) (19,20) and the Central African Republic (21). In Australia, 44% of IMD cases in 2016 were due to MenW, an almost three-fold increase from 2015 (18). In the Central African Republic, 65% of culture-positive IMD cases were due to MenW, with the median age of MenW patients 60 years in 2015 and 66 years in 2016 (21).

The predominance of the ST-11 CC strain is relatively new, but changes are starting to be seen in its serotype antigen. Prior to 2014, the predominant strain was ST-22 CC (10,11). From 2009 to 2016, 100% of the ST-11 CC MenW were found to express the serotype antigen 2a. From 2017 to 2018, however, nine of 72 isolates (13%) did not express the serotype antigen 2a. Previously, we had observed a hot-spot mutation in the serotype 2a antigen of MenC strains (22).

Our finding of one invasive ST-60 CC (W:2a:P1.5,2 isolate of ST-11739) in MenW was unusual because most meningococci of the ST-60 CC in Canada belong to MenB (23,24) and previous studies of MenC or MenW that expressed serotype 2a antigen

had been typed mostly as ST-11 CC (11,25). Further studies are required to understand the origin of this unusual W:2a:P1.5,2 ST-11739 strain.

## Limitations

There are some limitations to our study that should be considered when interpreting the findings. First, we only examined culture-confirmed cases, and did not include cases diagnosed by molecular means alone (i.e. PCR). Although this might affect the proportion of IMD cases caused by MenW, since PCR-diagnosed cases only constitute approximately 10% of all IMD cases identified in Canada (4), the overall effect on the results would probably not alter the current trend of increase in MenW IMD cases.

Second, we did not collect clinical data or disease outcomes of the MenW cases, and therefore we do not know if fatality rates were as high as those reported in other countries or regions (24% in Georgia, US; 20% in England, United Kingdom; and 21% in Australia) (19,26,27). Similarly, we do not know if the Canadian cases had unusual clinical presentations such as gastrointestinal symptoms or epiglottitis (26,28).

## Clinical and public health implications

The quadrivalent ACWY meningococcal conjugate vaccine protects against IMD caused by strains expressing the serogroup antigens of A, C, W or Y. In theory, they should protect against IMD caused by the MenW ST-11 strain. In 2017, an outbreak in British Columbia prompted immunization with the meningococcal quadrivalent ACWY-conjugate vaccine of 15–19 years old in the affected region (29). This immunization was provided in addition to routine meningococcal quadrivalent conjugate vaccine booster given to Grade nine students, which had been implemented in September 2016 (30). Although most provinces and territories now have quadrivalent ACWY



meningococcal conjugate vaccine programs for primary or high school students (31), some populations are not covered, including adults over 30 years of age, the age group most affected in the past three years of data collection.

## Conclusion

Between 2016 and 2018, there has been an increase in invasive MenW disease that has altered the serogroup distribution of culture-confirmed IMD cases in Canada. The quadrivalent ACWY meningococcal conjugate vaccine protects against IMD caused by strains in the A, C, W or Y serogroups. The vaccine may also protect against IMD caused by the new MenW ST-11 strain, but additional research is needed. The emergence of newer clonal types and unusual strains highlight the importance of strain characterization in IMD surveillance and research.

## Authors' statement

All authors (RST, LH, GJT, JM, PVC, JVK, BL, DH, RG, GG, GZ and BH) are involved in the surveillance of IMD in Canada. RST prepared the first draft and all authors contributed to the final version with comments and suggestions.

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