

## Release notice

# Knowledge products related to symptoms of PTSD, anxiety and depression from the Survey on COVID-19 and Mental Health, Cycle 1

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The Public Health Agency of Canada has produced two infographics and a data blog using data from Cycle 1 of the Survey on COVID-19 and Mental Health. All of these may be viewed on the Canada.ca website: (1) an [infographic on symptoms of posttraumatic stress disorder \(PTSD\)](#); (2) an [infographic on symptoms of generalized anxiety disorder \(GAD\) and of major depressive disorder \(MDD\)](#); and (3) a [data blog](#) to supplement these infographics. These products focus on the prevalence of screening positive (i.e. meeting a threshold score for “moderate to severe symptoms” on validated screening tools) for PTSD, GAD and MDD among Canadian adults aged 18 years and over. Prevalence of screening positive is examined in the context of age group, gender and other demographic factors, as well as factors related to mental health and substance use.