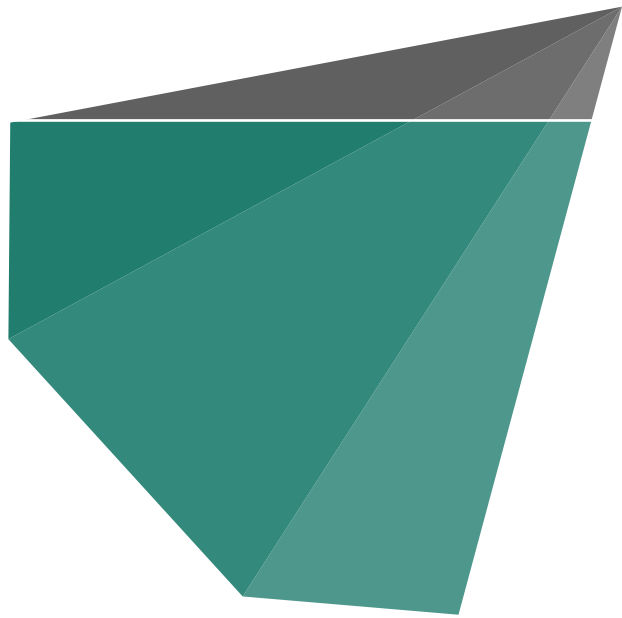




# HIGHLIGHTS FROM THE 2019 FEDERAL WORKPLACE MENTAL HEALTH CHECKLIST

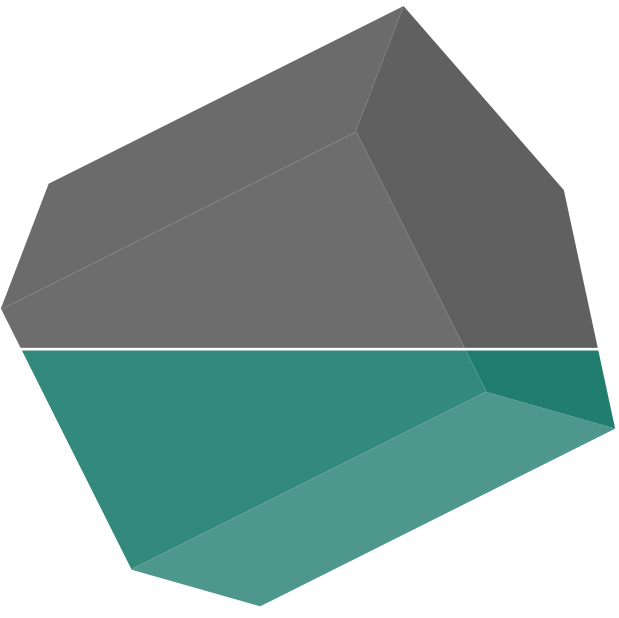
The 2019 Checklist survey was collected in summer 2019 to understand how organizations are implementing the Federal Public Service Workplace Mental Health Strategy and aligning to the National Standard of Canada for Psychological Health and Safety in the Workplace. The results are also used to inform the work of the Centre of Expertise for Mental Health in the Workplace. Sixty-seven organizations in the Federal Public Service participated.

## LEADERSHIP AND GOVERNANCE



81%

of organizations have appointed a project sponsor



43%

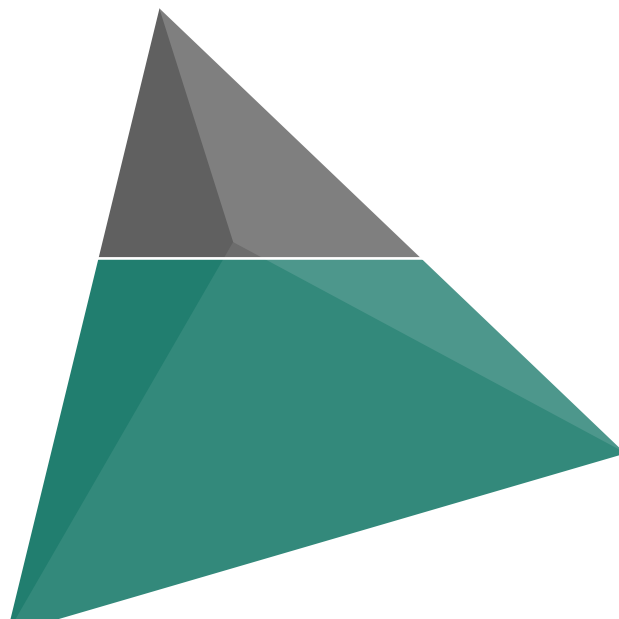
of organizations have considered union representation in appointing a champion



24%

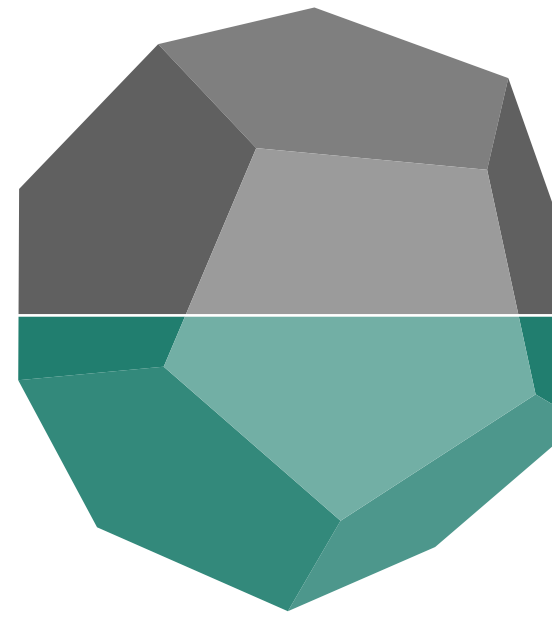
of organizations identified finances and/or a lack of resources as a barrier to success in addressing mental health in the workplace

## AWARENESS AND TRAINING



66%

of organizations have offered in-class mental health training sessions to employees, such as Mental Health First Aid or The Working Mind



49%

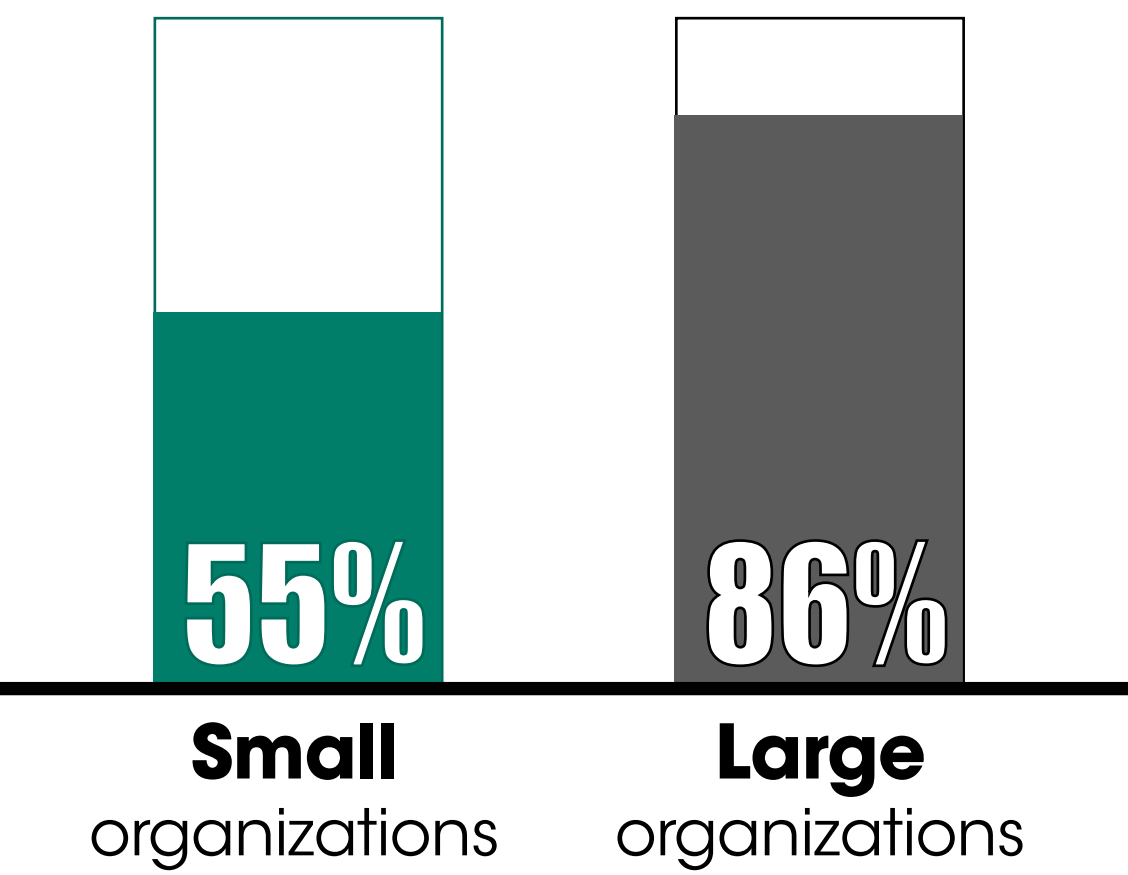
of organizations have made mental health training part of their mandatory training curriculum



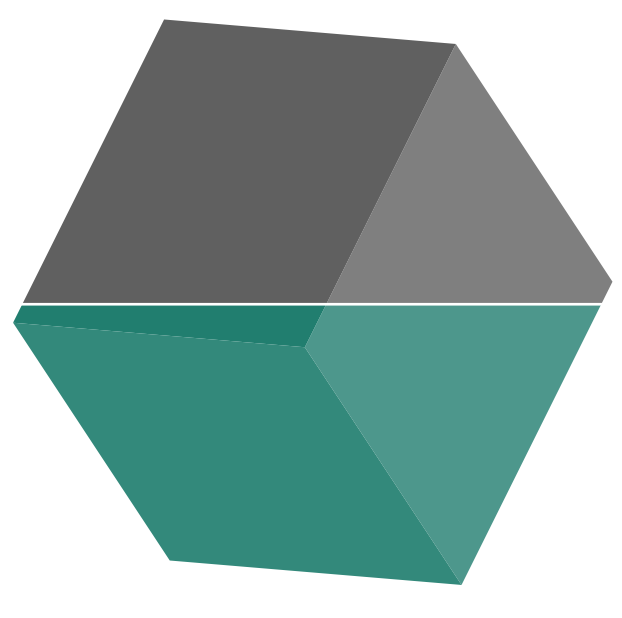
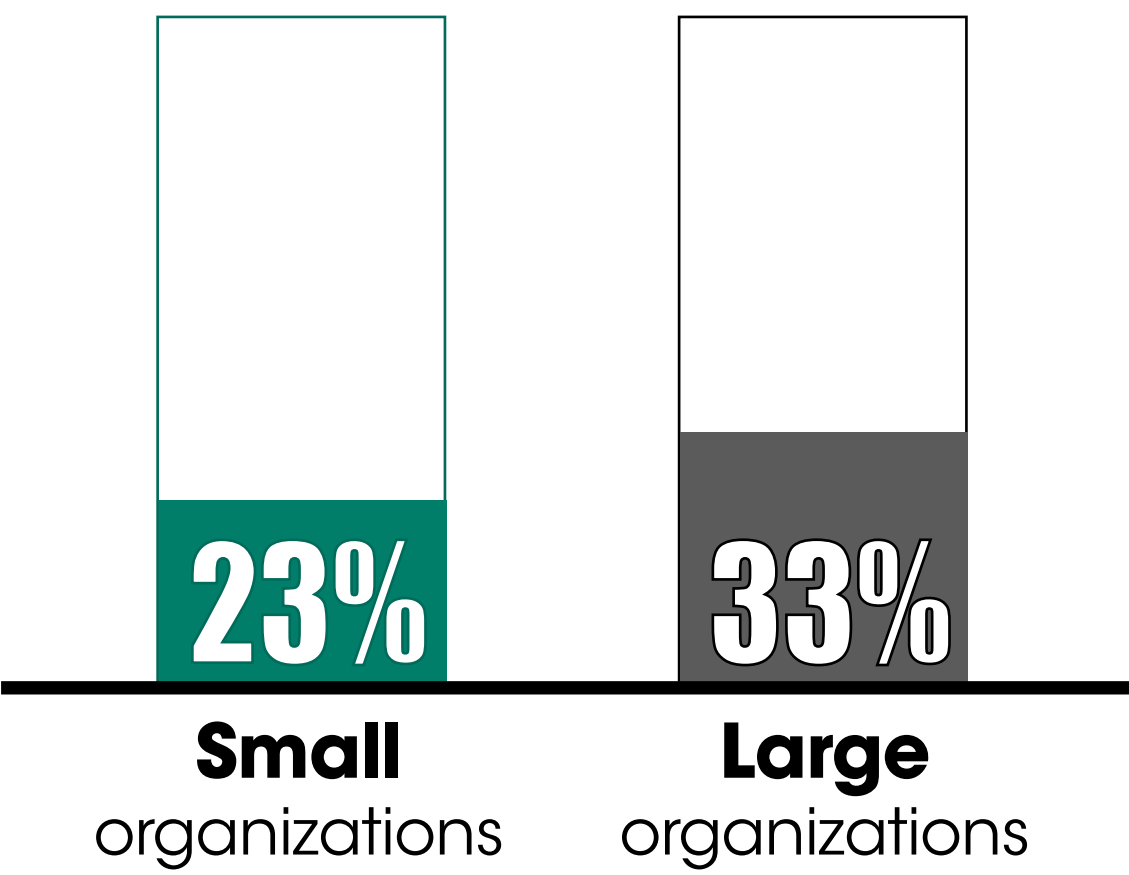
## MENTAL HEALTH SUPPORT SERVICES



Organizations that reported having a return to work program



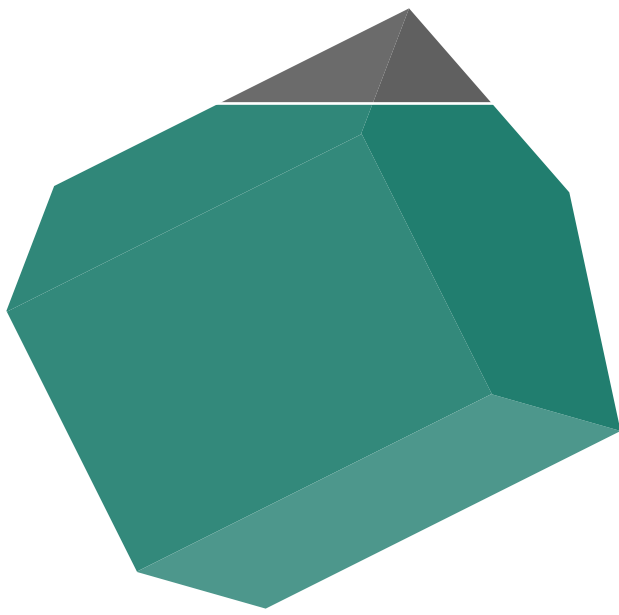
Organizations that indicated having a Peer Support Initiative



48%

of organizations reported being served by an ombudsman or an ombuds-type resource

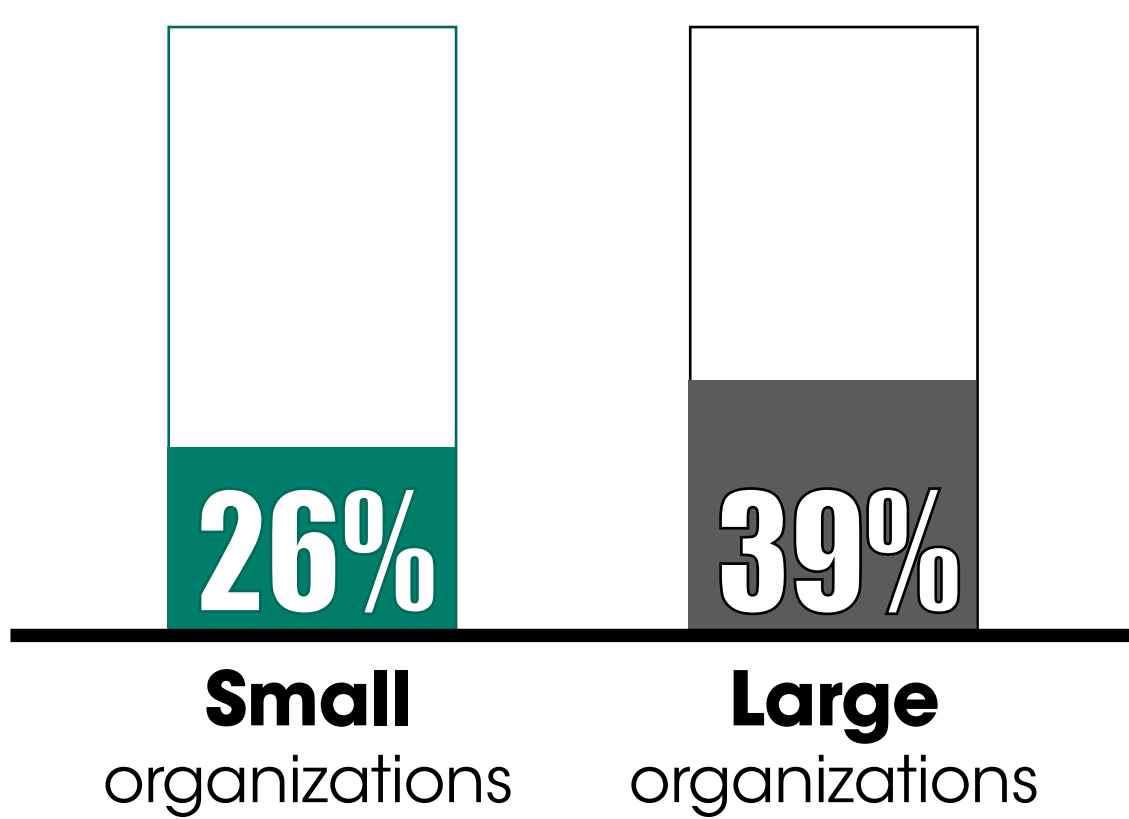
## DATA, REPORTING AND CONTINUOUS IMPROVEMENT



87%

of organizations cited a need for better data or better access to data

Organizations that have used Guarding Minds at Work to identify and assess possible psychological hazards in the workplace



## AREAS REQUIRING FURTHER SUPPORT



Organizations cited the following as the top three areas requiring further support:

Conducting a psychological hazard analysis and aligning with the Standard

17 x's

Resourcing to implement the Strategy and align to the Standard

16 x's

Enhancing data and business intelligence

15 x's

Centre of Expertise on  
**MENTAL HEALTH**  
in the Workplace



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To access the full report, please go to:  
[Canada.ca/GCMentalHealth](https://Canada.ca/GCMentalHealth)