

76%

2019



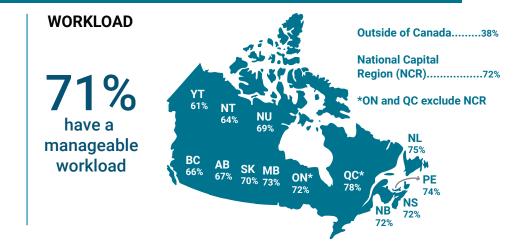
68% of supervisors feel that they are equipped to support employees in their work unit who are experiencing mental health issues.

OTHER ASPECTS OF MENTAL HEALTH AND WELLNESS

WORK-LIFE BALANCE

77% have support to balance their work and personal life

BY AGE	
24 years and under	.84%
25 to 29 years	80%
30 to 34 years	77%
35 to 59 years	76%
60 years and over	77%



Canada